

**A prayer booklet for
Kindergarten and First Grades**



Kindergarten

Holy Water Etiquette: Worshippers dip their right fingertips into the Holy Water font as they enter church and make the Sign of the Cross; Do the same before exiting the church.

The Sign of the Cross: Said before and after saying other prayers. “In the name of the Father, and of the Son, and of the Holy Spirit. Amen.” We use our right hand, touching the forehead, the heart or stomach, the left shoulder and then the right shoulder.

Proper Genuflecting: Everyone should genuflect toward the tabernacle on the right knee so that it touches the ground, just before entering or after leaving a pew (except when getting into line for Holy Communion).

We genuflect, or bend the knee, to show honor and servitude to Jesus Christ, who is truly present in the Blessed Sacrament (whether in the tabernacle, when receiving Holy Communion, or exposed in the monstrance during Eucharistic Adoration).

During Eucharistic Adoration, adorers genuflect on both knees when Jesus is present in the monstrance.

Grace Before Meals: Bless us O Lord, and these thy gifts, which we are about to receive from thy bounty, through Christ, our Lord. Amen

Hail Mary: Hail Mary, full of grace; the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen.

First Grade

Our Father: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Glory Be: Glory be to the Father, to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Morning Offering: O Jesus, through the Immaculate heart of Mary, I offer you my prayers, works, joys, and sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of your Sacred Heart: the salvation of souls, the reparation for sin, and the reunion of all Christians. I offer them for the intentions of our bishops and of all Apostles of Prayer, and in particular for those recommended by the Pope, our Holy Father, this month.

Guardian Angel: Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen

First Graders should know how to say/do what the Kindergarten class knows.