

GOOD SHEPHERD FOOD PANTRY ST. MARY'S CHURCH NEWPORT

Good Shepherd Food Pantry is always open to food donations to help re-stock our shelves.

We ask that food items are canned, bagged, or boxed foods, in trying to avoid glass and large containers of foods. When donating coffee, hot chocolate, tea, oatmeal: small cans and individual packets are referred, as we separate them.

Below is a list of items regularly stocked and needed in the food pantry:

Hamburger Helper	Instant Potatoes
Manwich	Mixed Vegetables
Beef Stew	Peas
Peanut Butter	Tuna Fish
Jelly	Vienna Sausage
Carrots	Gravy
Corn	Spam
Canned Tomatoes	Fruit Cocktail
Tomato Sauce	Peaches
Tomato Paste	Applesauce
Black Beans	Pears
Kidney Beans	Crackers
Pork & Beans	Canned Chicken
Green Beans	Canned Ham
Spaghetti Sauce	Stuffing
Soups	Cereal Boxes
Chili	Pancake Mix
Ravioli	Oatmeal
Pasta	Hot Chocolate
Rice	Tea
Ramen Noodles	Coffee
Mac-N-Cheese	

GOD BLESS YOU AND THANK YOU FOR YOUR SUPPORT
Matthew 25:35 "For I was hungry and you gave me something to eat..."

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