Taste and see the goodness of the Lord. Psalm 34
God’s Word Our World

The Church teaches that when the Eucharist is consecrated during Mass, the bread and wine are “transubstantiated” into the Body and Blood of Christ. But the change is only to its “substance”—the “form” of bread and wine remain the same. Think about an ice cube melting; it still has the same substance, but the form changes from ice to water. The Eucharist is the opposite of that. Its form as bread and wine never changes, yet its substance does—by the power of the sacrament, it becomes Christ. And so by consuming the Eucharist, we also become the Body of Christ. For me, that always brings up one question: How are you changed by your participation in this sacrament?

When we think about the sort of transformation discussed in the Eucharist, we don’t often relate it to our own lives. But we all grow throughout our lives—our cells are constantly dying and reproducing. Our very forms change throughout our lives (sometimes pretty rapidly when we are in middle school and high school). So, thinking about your own physical and mental growth, ask yourself: Is your substance ever changing? We know that our bodies change, but do we ever let ourselves change? Have you ever had an experience that changed you, that transformed you in some way? Are you open to that, or are you convinced about who you are or want to be, and do you resist anything that might interfere with that?

By embracing faith, by engaging with our spirituality, we open ourselves up to being transformed.

We Believe

Bread for One Another

Today’s Gospel reading is an invitation to take a conscious stand to building relationships with all our brothers and sisters. When speaking with many of my friends about the political climate of today, I often end the conversations by saying, “Why can’t everybody just think like us???” Regardless of the many divisions that exist in our world, there seems to be an increased tendency to surround ourselves with like-minded folks. While that may keep one’s blood pressure down, human unity is found in the ability to respectfully communicate with one another. As Fr. Timothy Radcliffe says, ”Our human vocation is to go on searching for new and deeper ways of belonging together, new ways of speaking, which realize our capacity for communion more profoundly.” We are all called to speak a language that seeks to carry no contempt for others. As followers of Christ we are challenged to build solidarity throughout the world. Sometimes this can be a tall order!

This call to human solidarity is really a living out of the Eucharist, which goes far beyond receiving the Body and Blood of Christ. As Christians we are called to be “ambassadors of reconciliation,” (see 2 Cor. 5:20), to strive for an attitude of willingness to resolve our conflicts with other people. Fr. Robin Ryan, CP, describes Eucharist as both a gift and a task. Christ comes to us as a gift, a faithful companion that empowers us to practice real communion in all our relationships. Bread has been described as the “staff of life.” The gift of Eucharist can become our “source of life,” enabling us to be “bread” for one another.

Dede Waters-Masters

Mass Intentions

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<th>Our Lady Of The Wayside</th>
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<td>Sat. Aug. 18 4:30pm Popes intentions</td>
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St. Denis

Sat. Aug. 18 5:30 pm Jack Goebel (+)
Sun. Aug. 19 7:30 am Martin Donohoe (living)
Sun. Aug. 19 9:30 am Pauline Diaz (+)
Mon. Aug. 20 11:30 am St. Denis Parishioners
Mon. Aug. 20 8:00 am James Shaughnessy (+)
Tue. Aug. 21 8:00 am For students
Wed. Aug 22 8:00 am In thanksgiving
Thurs. Aug 23 8:00 am For gardeners & florists
Fri. Aug 24 8:00 am For teachers

Our Lady Of The Wayside

Sat. Aug. 18 4:30 pm Popes intentions
Sun. Aug. 19 9:30 am Our Lady of the Wayside parishioners

In your charity, please pray for...

Holly Hermansen, Pier Iglesias, Sandy Rock, Mila Wright, Rosa Sharif, Barbara Ham, John Hunter, Janice Varell, Peter Fulchiron

The List has been updated. Names will be removed monthly unless you let the office know. Thank you.
**Liturgy of the Word for Children**
All summer long, during the 9:30am mass, we will be offering our Liturgy of Word program for children. At the beginning of Mass, the children are blessed and sent to hear the Gospel and share with each other about its message. Then we return to the Mass during the collection. All children are welcome to join us anytime!

**Faith Formation: Registration is Open!**
Registration information and forms are now available on our parish website.
You’ll find a calendar for next school year, details about our programs, sacrament requirements and more! Just go to www.stdenisparish.org and click on the Faith Formation tab.
All classes and programs begin September 23.

**Faith Formation Day**
**Faith Formation Day for Catechists and Parents**
Saturday, August 25 at 9:00am to 4:00pm HERE at St. Denis Parish. Meet other catechists and parents! Share ideas! Free lunch! Workshops include: parents as catechists, praying with children at home, lectionary based catechesis, and a report about the National Study of Youth and Religion results. All interested adults are invited to join us. RSVP to Lucy at lsoltau@stdenisparish.org

**Preparing for the Sacrament of Confirmation**
If you will be in the 7th grade or older this coming school year and are interested in preparing for Confirmation, please go to our parish website www.stdenisparish.org and register! Classes are a couple of Sundays a month, beginning Sunday, September 23, and include Mass and dinner together. You would be confirmed at the end of 8th grade, or older. There will be a Parent/Teen information meeting, with Mass and dinner, on Sunday, September 9 at 5:30pm. If you cannot come to the information meeting, I would be happy to meet with you before. Just contact Lucy at lsoltau@stdenisparish.org and schedule an appointment.

**Called and Gifted Workshop**
Did you know God gives you spiritual gifts to help you to be effective at your work and a more effective witness to your faith in the workplace? If you wonder how you are called to be a channel of His love and provision at work or in your community and begin to discern your unique mission in life. Come join us on Friday Sept 14th from 7-9 pm and Saturday, September 15th from 9-5 for the Called and Gifted Workshop lead by Fr. Xavier Lavagetto, OP. Everyone is invited to participate. To register or for more information, go to www.straymondmp.org or call the church office at (650) 323-1755 for more information.

**Friendly Reminders**
The Deadline for bulletin inserts is (The Tuesday Before Noon,) before the weekend of publication. All mass announcements are to be scripted & okayed by Dede prior to masses. Contact her at dedem@pacbell.net NOTE: Announcements may not appear until the next bulletin due to space limitations.
Thank You!

**Stewardship**
**Sunday Collection August 11th & 12th** $5,436.00 (excluding Egiving)

**Online Giving with WeShare**
New to online Egiving? Follow the link in our parish website to create a new account. If you gave online through ParishPay, the work of transferring your account to WeShare is done. Go to the parish website and click on the WeShare online giving link. Follow the instructions to verify your existing account.
Parish Events Held at St Denis Church

Saturday August 25th– Faith Formation Day, all day
Tuesday August 28th– Senior Lunch, at 12 noon in the hall
Sunday September 9th– Catechist Gathering at 10:30am
Sunday September 16th– Catechetical Sunday, Outdoor 9:30am mass and pancake breakfast
Sunday September 23rd– ALL Faith Formation classes begin!!
Monday September 24th– Knit & Pray at 5:30pm in the library

Parish Events Held at Our Lady of Wayside Church

Saturday August 18th– Wine & Little Bites after 4:30pm mass
Sunday October 14th– Liturgical Minister Training after 9:30am mass
Saturday October 20th– Song Birds at 4:30pm mass with reception to follow
Every Sunday after 9:30am mass donuts & refreshments