

### **Confirmation Sponsor**

Important requirements for being a Confirmation sponsor:

- I am at least 16 years of age.
- I am a fully initiated Catholic and have received the sacraments of Baptism, Confirmation and Eucharist.
- I participate in the Mass on Sundays and am in good standing with my Church.
- I actively strive to live out my commitment to Christ and to the community life of the Church. I will support this candidate with my prayers, love, and by the Christian example of my daily life.
- If married, I have been validly married according to the laws of the Catholic Church.
- I am neither the father nor mother of the candidate.
- I can be the godfather or godmother of this candidate.

### **Confirmation Name**

There are two main practices:

- A candidate may use her/his baptismal name (John, Elizabeth, etc.). In this way the close connection between Baptism and Confirmation is highlighted.
- A candidate may select a new name. A good approach is to choose the name of a saint or holy person whose life inspires you to live faithfully.

**Your choice!!**