

First Sunday of Lent February 21st, 2021



MASS INTENTIONS

Sunday February 21st
11:00 am For the Parish Community

REVISED RETURN TO CHURCH GUIDELINES

Wednesday Mass 9:15 am

Thursday Mass 5:00 pm

Friday Mass 9:15 am

Saturday Mass 5:00 pm

Sunday Mass 11:00 am

Way of the cross Friday 7:00 pm

Confessions available call Fr. Eslin
at 819-5576-6255

Masks must be worn in the church. Records of
attendance is also mandatory.

Pastor's Message

"Few guidelines to go through the Lent for this
year »

Dear parishioner, may you and every member of your family and loved ones be blessed in this special season of lent; bring joy, peace and harmony among you all. I'd like to share a schema or an outline to contain ourselves in the practice of LENT, for the good result of becoming worthy of celebrating EASTER meaningfully.

A Thought Align with God's Thought

God has given us the ability to think and it has a big role in making decisions on how we look at other people and circumstances. But our thoughts are not always right. It is always right to ask God because He is perfect in all His ways and His thoughts are greater than ours (Isaiah 55:8-9).

Stay: The Course Because God Is Faithful to His Promises

Sometimes God seems to work so slowly. We wish things could be the way we envision them RIGHT NOW; yet we must trust that God is building a bigger vision, weaving our stories together into His rich tapestry. We need to remain stable, having a heart free from anxiety and full of confidence that God will get you to exactly where you need to be on time.

Trusting God's Process

Life often presents unforeseen bends in the road that can throw us off course. It's important in the trials and seasons of difficulty that we hold to the course God has placed us on. Learning to trust God's process will renew and strengthen you to face the journey ahead.

Activating: The Power of God's Word

Daily liturgical readings will inspire readers to discover the power of God's Word in the midst of experiencing insecurity, uncertainty, and spiritual warfare.

God bless you all!
Fr. Eslin Pereira cmf.

CHURCH ENVELOPES 2021 are at the back of the church to be picked up now that the church has reopened.

The tax receipts for 2020 have all been mailed.

If you contributed through Canada Helps, they email the donors to remind them they can download their tax receipt by using the "Receipt Download Tool"

Thank you for your generosity and support
Parishioners have been contributing by dropping envelopes at the church, by mail and through Canada Helps.

Remember in your prayers all who are in need of our prayers that God's healing and comforting presence may be with them, especially:



Mary Dawn Johnston, Andy Quan, Chris McEvoy, Joyce Lefebvre, Lisa Paquette, Deslyn Agard, Jacques & Isobel Arcand, Nicky LeBlanc, Yasmin Shivji, Anna Gaigg, Omar Ladouceur, Peter & Janet Perry, Sylvia LaFrance, Dennis McGrath, Jane & Bob Cameron, Patricia & Charles Jolley, Eddy Proulx, Terry Jolicoeur, Joseph Ritchie and Ken Trudel.

Please contact the parish office to inform us of those who are ill and in need of God's healing and comfort. Renewal of prayers for the sick is available by contacting Pat Gagne (613-523-0769)

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CONFIRMATION 2021

Information and registration information was sent to the schools in December. Registrations (with supporting documents) have been received from interested participants. When further information is received concerning the actual event, all those who have registered will be advised by email

COMMUNION 2021

Information about First Communion 2021 will be forwarded to the schools early this week. Registration for participants should be received by March 25th. When further information is received concerning the actual dates, all those who have registered will be advised by email.

MARRIAGE PREPARATION COURSES

If you are seeking a weekend format to prepare for marriage in the Catholic Church, please register with the *Catholic Engaged Encounter-Eastern Canada District*.

- Friday April 16th, Saturday April 17th and Sunday April 18th
- Friday June 11th, Saturday June 12th & Sunday June 13th

If you have any questions prior to registration, please email the team at ceecanada@gmail.com or call Ginette at 1-613-932-1360

Other online Marriage Preparation courses

Pre-Cana Marriage Prep Class (7 hours \$195 USD)
Catholicmarriageprepclass.com

Catholic Marriage Pret (3 to 6 weeks, 20 hours of active work, \$194 USD) (available in English, French and Spanish)
Catholicmarriageprep.com

Living our Faith in Love (8 hours, \$195 USD) (8 hours)
Livingourfaithinlove.com

FAITH FORMATION

Alpha Course Online from St. Isidore, Kanata
Experience Alpha online for men, women and youth on weekdays and weekends starting February 19th. To join us please register online at www.stisidoreKanata.com

Night of Worship and Ministry:

At St. Mary's Parish Ottawa YouTube Channel. An evening of praise, prophecy, teaching and healing on **February 26, 7:00 - 9:00 pm**. Speaker: Fr. Rob Arsenaault, CC, Pastor of Annunciation of the Lord Parish. Info: Natalia Lacar 613-728-9811 ext 720; night.worship.ministry@stmarysottawa.ca

Heart of Worship - Holy Redeemer Parish:

Everyone is invited to spend time with Jesus in Adoration of the Blessed Sacrament, praise & worship music and a short spiritual talk. Guest speaker Sr. John Paul Marie of the Trinity, from the Queenship of Mary Community will give a spiritual reflection on "Lent: Back to Basics". **Tuesday February 23rd, 7:00 pm** via livestream. Due to current restrictions this event will be offered virtually only. Please tune in live at 7:00 pm.

<https://www.youtube.com/channel/UCLBAuHnbnfinAFjPb3jmA>



DONATIONS BY CREDIT CARD OR INTERAC to make weekly, monthly, or one time donations: Visit, saintbernardparish.com, click on Canada Helps to give. Canada

Helps will instantly issue you a tax receipt and will forward your donation into our parish account.

CRA CHARITY NUMBER - Our parish is registered with CRA as: PAROISSE ST BERNARD 128967353RR0020. This number is needed to setup payroll charity giving

Direct Your United Way Contributions to St.



United Way

Bernard Parish: Did you know that you are able to direct your United Way contribution to St. Bernard Parish? Simply mark the appropriate section on the reverse of your form to direct your monies to **PAROISSE**

ST BERNARD, 1720 St. Bernard Street, Gloucester, Ontario. K1T 1K8. You not only give to United Way but you help your church as well.

Charity Name: PAROISSE ST BERNARD

BN/Registration Number: 12896 7353 RR0020

*Lent comes providentially
To reawaken us, to shake us
From our lethagy*

. Pope Francis