

Catholic Archdiocesan Annual Appeal

The Annual Appeal is ongoing. Hurricane Dorian and the Covid 19 pandemic has impacted our finances greatly. We are asking for your assistance. Please contact our parish representative: Mrs. Sharon Noville or the parish office to make a contribution today. No amount is too big or small. Thank you for your continued support!

Reflections of "I am the living bread that came down from heaven"

In today's passage the focus is on eating the flesh of Jesus. The Eucharist has throughout the ages been a source of controversy and misunderstanding. Many people have echoed the question of the Jews in this passage: 'How can this man give us his flesh to eat?'

In speaking of his flesh and blood which he gives to us, Jesus is employing a metaphor for his very self. Just as he gave himself in bread and wine to the disciples as a sign of his coming gift of his life on the Cross, so whenever we celebrate the Eucharist we receive the real Jesus, his 'body, blood, soul and divinity', his full self, but in such a way that the real gift is hidden beneath the physical appearances of bread and wine. Sharing in the Eucharist brings intimacy with Jesus: 'he lives in me and I live in him'. This intimacy is the pledge of eternal life. The ultimate focus is on the gift of life. As Jesus draws life from the Father, so we draw life from Jesus in the Eucharist.

- ◆ *Am I prepared to accept the mystery of the Eucharist and by frequent reception to deepen my intimacy with the Lord?*
- ◆ *Am I faithful to the commitment to attend/watch Mass each Sunday and on the major feasts?*
- ◆ *We pray that we will allow the Sacraments to lead us further into the things of God.*

Prayer for the Week

Almighty ever-living God, whom, taught by the Holy Spirit, we dare to call our Father, bring, we pray, to perfection in our hearts the spirit of adoption as your sons and daughters, that we may merit to enter into the inheritance which you have promised. Amen.

E I H Q F G R W J D L O C H A
 V V T O H D I E T I I P U M J
 E V J J C E T O F E Q G A U N
 R Y Y I K H A B N D L O T O O
 L Z B O D U I V Z T O Q E O J
 A B E L I E V E E F R I T E Y
 S D V Z D Y C A F N Z U A S D
 T M F J T E G A O L K D T E S
 I M L E P O S X R L A A L H E
 N S I H E J F E F E N T Z K U
 G A V F S J V C R N N P R I R
 A D I Z T E Q B A T W J K S X
 R L N D R S Q M W O R L D U E
 P T G O M U H U W F A X P A V
 C O F L E S H W J P Z X T H N

FOREVER	ATE	WORLD	DIED	BREAD
LIFE	FLESH	DESERT	LIVING	JESUS
EVERLASTING	HEAVEN	TRUTH	BELIEVE	MANNA

ST. ANSELM'S PARISH

BERNARD ROAD, FOX HILL / P.O. Box FH 14389, Nassau, Bahamas. / TEL/FAX (242) 324-1325



St. Anselm is a Catholic faith community centered in the Eucharist, seeking to live the love of God through worship, word and service.

"I am the Living Bread that came down from Heaven."

"Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you." (Cf. Psalm 74 [73]:20, 19, 22, 23)

August 8th, 2021

19th Sunday in Ordinary Time

1st Reading: 1 Kings 19:4-8

2nd Ephesians 4:30—5:2

Gospel: John 6:41-51

August 15th, 2021

20th Sunday in Ordinary Time

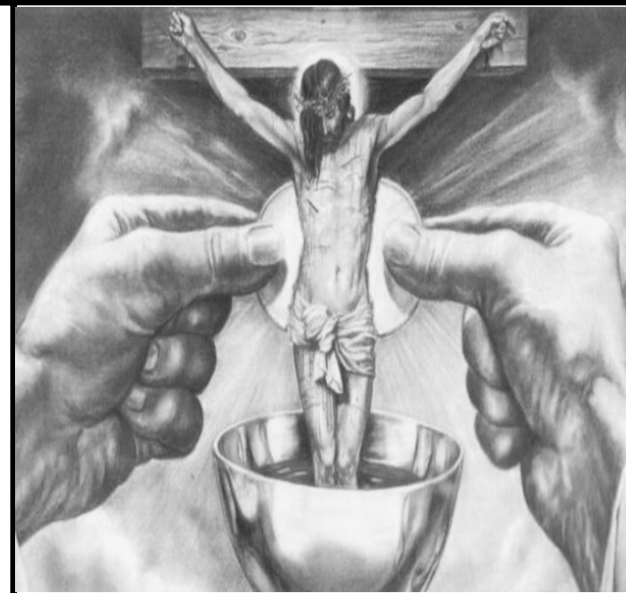
1st Reading: Revelation

11:19a; 12:1-6a, 10ab

2nd Reading: 1 Corinthians

15:20-27

Gospel: Luke 1:39-56



Most Rev. Patrick C. Pinder, S.T.D., C.M.G. Archbishop of Nassau.

Fr. Noël Clarke, Pastor
Rev. Mr. Ricardo Demeritte, Deacon

MASS SCHEDULE:
SUNDAYS: 7.00 & 9.00am
WEEKDAYS: 6:15 am
 Wednesdays - Adoration at 5.30pm & Mass
HOLIDAYS: 8:00 a.m.
 Bible Study Monday 6:15pm—Virtual
(CONFESSIONS: SUNDAY: by appointment)

BAPTISMS: Call Parish Office to arrange

A WARM AND LOVING WELCOME TO ALL OUR VISITORS !

Please come again and if you would like to become a member, our contacts are listed above.

To our members, We always thank God for all of you and continually mention you in our prayers!



Let us Pray

Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for our sick brothers and sisters. May all who suffer pain, illness or disease, realize that they are chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. Amen.

Alice Anthony, Paul Barnett Sr, Rosemary Black, Pauline Christie, Donnalee Colebrooke, Tommy Demeritte, Jacqueline Dyce, Carol & Sylvia Edgcombe, Michael Farrington, Hartman Johnson, Edward Kerr, Marjorie Knowles, Ruth Knowles, Paula Lundy, Barbara Morley, Hosea Moss, Carmel Mortimer, Shirley Pinder, Mackey Rolle, Martha Roberts, Terry Rodgers, Kyandre Sands, Giovani Small, Mable Smith, Dorothy Symonette, Lucinda Symonette, Jacinta White, and Monique Young, the imprisoned, the home-bound, the hospitalized and persons in the Geriatrics Hospital. (If you, or a member of your family is ill, or if you know of a parishioner that is ill, please notify the parish office).

Daily Scripture Reading

Monday 9th St. Teresa Benedicta of the Cross
Deuteronomy 10:12-22
Resp. Ps. 147:12-13, 14-15, 19-20
Gospel: Matthew 17:22-27

Tuesday 10th St. Lawrence, Deacon & Martyr
2 Corinthians 9:6-10
Resp. Ps. 112:1-2, 5-6, 7-8, 9
Gospel: John 12:24-26

Wednesday 11th St. Clare, Virgin
Phil. 3:8-14 or Deut. 34:1-12
Resp. Ps. 16 or Ps. 66:1-3a, 5 & 8, 16-17
Gospel: Matt. 19:27-29 or Matt. 18:15-20

Thursday 12th St. Jane Frances de Chantal
Joshua 3:7-10a, 11, 13-17
Resp. Ps. 114:1-2, 3-4, 5-6
Gospel: Matthew 18:21-19:1

Friday 13th St. Pontian, Pope & Martyr, & St. Hippolytus, Priest & Martyr
Joshua 24:1-13
Resp. Ps. 136:1-3, 16-18, 21-22 & 24
Gospel: Matthew 19:3-12

Saturday 14th St. Maximilian Mary Kolbe, Priest & Martyr
1 John 3:14-18 or Wisdom 3:1-9 or Joshua 24:14-29
Resp. Ps. 116 or Ps. 16:1-2a and 5, 7-8, 11
Gospel: Mark 8:1-10

Happy Birthday Greetings to all celebrating this week. ~

Happy Wedding Anniversary

- ◆ Hubert & Roxanne Chipman celebrating their 42nd on Wednesday, August 11th.
- ◆ Larry & Rosemarie Higgs celebrating their 21st on Thursday, August 12th.

Commentators & Lectors

19th Sunday in Ordinary Time — August 8th, 2021
7:00am Verdell Ferguson—1st Reader
Philandra Wood —Commentator/2nd Reader
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7:00am Mya Demeritte —1st Reader  
Marissa Demeritte —Commentator/2nd Reader

**20th Sunday in Ordinary Time — August 15th, 2021**  
7.00am Brianne Gibson-1st Reader  
Deline Gittens-Commentator/2nd Reader  
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9:00am Rebecca Bingham — 1st Reader
Julie Bingham — Commentator/2nd Reader

Prayerful Sympathy

The parish community extends prayerful sympathy to Vincent & Genevive Paul and family on the death of their daughter, Delores Paul who died on Tuesday, August 3rd. Funeral service to be announced. May her soul rest in peace.

St. Thomas More Parish is having an online Auction until August 27th. Make your selections and bids at: <https://auction.bahamaslocal.com/>

Reflecting on the Word

Paul tells the Ephesians to be “imitators of God.” This seems to be an odd instruction. Aside from the question of whether anyone can imitate God, we might also ask, do we want to imitate anyone? No one admits to wanting to be a copycat. Yet a certain impulse to imitate seems to be built into our human nature. Some have even argued that imitation is at the heart of human desire; a major factor in the desirability is our perception of its desirability to others. When I see another desiring something, desire is awakened in me. My desire has less to do with the intrinsic worth of the thing I desire and more to do with my imitation of the desire of another. This would explain everything from fads to romantic triangles to professional rivalries.

If my desire is awakened by another person’s desire, this might explain the conflict that arises so often in human relationships. If you and I both want the same object—whether it is a person, or a position or a product—and we can’t both have it, then my gain is your loss, or vice versa. And because of such rivalry, we come to view life as a competition and others as a threat, which leads to the evils of which the Letter to the Ephesians speaks: bitterness, fury, anger, shouting, and rivaling.

If this is true, why does Paul call on us to imitate God? Because imitating God is not like imitating another person. My gain is not God’s loss; God is not a rival. In fact, God is the source of all things. God is pure generosity without boundaries and God desires nothing but that we should share in God’s goodness. This is what Paul means when he tells us to imitate God. We are to claim our share of God’s infinite goodness by being “kind to one another, compassionate, forgiving one another as God has forgiven you in Christ.”

Memory Verse

“Even though I walk through the valley of the shadow of death, Thou art with me, Thy rod and staff, they comfort me.” ~Psalm 23:4~

CCD News

Catechetical Sunday will be celebrated on Sunday, September 19th at the 9.00am Mass. There will be a meeting for all Catechists on Thursday, August 12th from 6.00pm to 7.00pm via zoom. Persons interested in becoming Catechists can contact the CCD Coordinators: Mrs. Insa Frith, Mrs. Deline Gittens or Mr. Arnold Ferguson or the parish office.

Prayer to Avert Storms

Our Father in Heaven through the intercession of Our Lady of Prompt Succor, spare us during this Hurricane season from all harm. Protect us and our homes from all disasters of nature. Our Lady of Prompt Succor, hasten to help us. We ask this through Christ our Lord. Amen.

“When life becomes a problem much too great for us to bear, instead of trying to escape, let us withdraw in prayer—For withdrawal means renewal if we withdraw to pray and listen in the quietness to hear what God will say.” ~Helen Steiner Rice~