

St. Mary of the Rosary, Chewelah
Mass: Saturday 4:00 PM and Sunday 10:00 AM
Reconciliation: Sat. 2:30—3:30 PM and by appt.

Holy Ghost, Valley
St. Joseph, Jump Off Joe
Mass: Sunday 8:00 AM
Reconciliation: Tuesday 6:00—7:00 PM

Sacred Heart, Springdale
Mass: Saturday 6:00 PM
Reconciliation: 1st Fridays, 5:00—5:30 PM

Mass Intentions

Tuesday, March 17 H.G. Altar Society members
Wed., March 18 Poor Souls in Purgatory +
Thurs., March 19 Jack & Margaret Murphy 21st anniv.
Friday, March 20 Edna Timberlake +
Sat., Mar. 21, 4 PM Vocations to the Priesthood

Weekday Mass Schedule

Tuesday 5:30 PM at Holy Ghost in Valley, followed by Adoration & Benediction from 6—7 PM.
Wednesday 1:00 PM at Prov. St. Joseph Hospital Chapel
Thursday 12:15 PM at St. Mary of the Rosary
Friday 9:00 AM at St. Mary of the Rosary followed by Adoration & Benediction from 9:30-10:30

Day of Prayer at IHRC

March 25 will be a Marian Day of Prayer called “Mary, Model of Perfect Discipleship”, and it will be led by Fr. Jeff. The event will begin at 9 AM and conclude at 3 PM. Cost is \$35. Call IHRC at (509) 448-1224 or visit their website at: www.ihrc.net.

Lent Reconciliation Service

Our Lent Reconciliation Service will be on Wednesday, March 18, at 7 PM at St. Mary of the Rosary. Fr. Jeff and guest priests will be available to hear private confessions following a brief Liturgy of the Word and sermon. For those families with children preparing for Confirmation and first Communion this year, this Reconciliation Service is when they will be making their first confession. Anyone in RCIA who is already baptized should make their first confession this day as well.

Welcome, Bishop Thomas Daly!

At Roman noon on Thursday, March 12, Pope Francis announced that Bishop Thomas Daly will be the next bishop of Spokane. He was ordained priest for the Archdiocese of San Francisco, where he served as vocations director almost ten years. He was then ordained bishop and served as auxiliary bishop of the Diocese of San Joe for four years and soon becomes the seventh bishop of the Diocese of Spokane. The installation Mass will be at 2:00 PM on Wednesday, May 20, at the Cathedral of Our Lady of Lourdes, and everyone is invited to attend. For more information on who our next bishop is, please visit our parish website.

Annual Catholic Appeal

The Annual Catholic Appeal is well underway. If you have not yet sent in your pledge, please do so soon. Thank you for supporting the work of the diocese.

St. Patrick's Day Dinner at Holy Ghost Church

The annual St. Patrick's Day Dinner at Holy Ghost Church in Valley will be held on Sunday, March 15, from Noon to 2:30 PM. The menu will include fried chicken, ham, mashed potatoes & gravy, green beans, salad, bread, pie, and a beverage. The cost is \$8.00 for adults, \$5.00 for children ages 6—10, \$3.00 for children 3-5, and free for children age 2 and younger. Please join us!

Lenten Soup Suppers at St. Mary of the Rosary

There will be a Soup Supper following 5:30 PM Stations of the Cross on the Fridays during Lent. Most of the Soup Suppers will be followed by a talk. Everyone is welcome to come to the Soup Suppers. No need to bring food unless you are assigned. The soup and bread will be provided by members of our various ministries, with the exception of a “Tri-Parish Sign Up” for the last Soup Supper. The schedule is listed here, with contact name in parentheses:

March 20: Liturgical Ministers (Susanne Blackwell)
March 27: Tri-Parish Sign Up (Susanne Blackwell)

Stations of the Cross:

The Stations of the Cross are a meditation on the Passion of Jesus Christ, a devotion particularly embraced during Lent. Stations at Holy Ghost are each Tuesday at 5:00 PM (followed by Mass and Holy

Holy Week Schedule

Monday: Chrism Mass at Cathedral of Our Lady of Lourdes in Spokane, 11 AM
Tuesday/Wednesday: Night of Adoration at Holy Ghost (from 6:00 PM Tuesday to 6 AM Wednesday)
Holy Thursday: Mass of the Lord's Supper at St. Mary of the Rosary at 7:00 PM
Good Friday: Stations of the Cross at Holy Ghost at Noon; Stations of the Cross at St. Mary of the Rosary at 5:30 PM; Veneration of the Cross at St. Mary of the Rosary at 6:30 PM (*Remember: Good Friday is a day of fasting and abstinence.)
Easter Vigil: see normal Saturday confession schedule; Easter Vigil Mass at 8:30 PM at St. Mary of the Rosary.
Easter Sunday:
♦ 8:00 AM Holy Ghost (Fr. Jeff)
♦ 10:00 AM Sacred Heart (Fr. Patrick Hartin)
♦ 10:00 AM St. Mary of the Rosary (Fr. Jeff)
♦ Noon Hospital Chapel (Fr. Jeff)

Family Faith Formation:

Meaning of the Sacrament of Matrimony

Our Family Faith Formation home lesson topic this week is “Meaning of the Sacrament of Matrimony” covered in Questions 230-232 of *The Apostolate's Family Catechism*. Your packet is available on the parish website. Contact Tanya Parrott by phone at 936-2594 or by email to stgkparrott@gmail.com with any questions.

Family Faith Formation:

By Heart Catechism

Selected questions from the *By Heart Catechism*:

230. **What do Christian spouses commit themselves to do in the Sacrament of Matrimony?** Uphold the dignity of marriage and fulfill its duties.
231. **Why did God institute marriage?** God instituted marriage in order for spouses to bring children into this world and educate them in the truths of God's kingdom, and promote and deepen their love for

Lent Second Time of Prayer, Fasting, and Almsgiving!

Our reflections on the three traditional hallmarks of Lent continue this week with fasting.

Fasting is simply the abstinence from food or drink. In our Catholic tradition, as we know, there are set times and days for fasting: at least one hour before receiving Holy Communion; Ash Wednesday; Good Friday. Health permitting, on these days and at these times, all Catholics, ages 18 to 59, are expected to fast from food and drink (excepting water).

The “Catholic rule” for fasting on Ash Wednesday and Good Friday is: one normal-sized meal plus two smaller meals that, together, do not exceed the normal-sized meal in quantity.

In addition to these obligatory days and times of fasting for all Catholics, anyone of course can choose to fast at any time. For example, though the obligation for abstinence from meat on Fridays all year long has been relaxed, many Catholics still look at Friday all year long as a day for penance and often choose to fast. Fasting from *all* food and drink *all* day could be extreme, even dangerous, for some folks; these folks, therefore, may want to try making an effort to fast from a particular meal one day a week.

The reasons why Catholics fast begin with Sacred Scripture. The forty days of Lent, as we know, commemorate many things: the Lord's own forty days of trial and temptation in the desert; Moses' forty days of fasting on Mount Sinai; the forty years that the Israelites spent wandering in the desert with Moses. Fasting serves to heighten the spiritual experience of drawing closer to the fasting and penance of the Lord and His people by the self-imposed self-denial of physical hunger.

Fasting can also be an act of prayer. Some people fast as a means of being mindful of and prayerful for those who are less fortunate; fasting even from just one meal and quietly suffering the hunger that results readily allows one to be in greater solidarity with those who never know where their next meal is coming from.

The desert fathers of the first centuries of the Church teach us that fasting is a remedy for controlling all of our base physical desires, including lust. Those struggling with temptations of lust were encouraged to fast from food, and lust would be eradicated.

Sacrament of Baptism: Parents contact Rev. Jeffrey Lewis for information.

Sacrament of Holy Matrimony: Couples contact Rev. Jeffrey Lewis at least four months prior to marriage.

Tri-Parish Office
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Parish Office Hours: Mondays & Fridays: 9:30—11:30 AM, 1:30—4:30 PM; Tuesday & Thursday, 10 AM-4 PM