

# THE SACRAMENT OF CONFIRMATION

## St. Elizabeth Ann Seton Students

*CCC 1285: "Baptism, the Eucharist, and the sacrament of Confirmation together constitute the "sacraments of Christian initiation," whose unity must be safeguarded. It must be explained to the faithful that the reception of the sacrament of Confirmation is necessary for the completion of baptismal grace. For "by the sacrament of Confirmation, [the baptized] are more perfectly bound to the Church and are enriched with a special strength of the Holy Spirit. Hence they are, as true witnesses of Christ, more strictly obliged to spread and defend the faith by word and deed."*

*CCC 1319: "A candidate for Confirmation who has attained the age of reason must profess the faith, be in the state of grace, have the intention of receiving the sacrament, and be prepared to assume the role of disciple and witness to Christ, both within the ecclesial community and in temporal affairs."*

Students who are enrolled at St. Elizabeth Ann Seton and parishioners at St. Joseph will attend once a month Youth Nights at St. Joseph. Along with attending Youth Nights, candidates are to complete parish and diocese requirements. This includes Mass Attendance, completion of a Saint Project, Service hours, Parent and Teen session Attendance, and Involvement in the Parish Community. It is our hope that the combination of all these will form a person ready to be a disciple of Christ and ready to continue the purpose of the Church: to Evangelize!

### **Program Info**

All information and documents pertaining to the Confirmation Program are available on the parish website [www.stjoseph-elkgrove.net](http://www.stjoseph-elkgrove.net). Please click on Sacraments and Worship → Confirmation. All documents needed during the year will be posted under DOCUMENTS. All sign ups to service opportunities can also be found on this page.

Announcements for the program will also be in the weekly bulletin, available on the parish website and after mass.

### **Mass Attendance**

Our Liturgy is the source and summit of our faith. Per Canon 1247, the faithful are obligated to participate in Mass on Sundays and Holy Days of Obligation. As Such, candidates in the preparation process for the Sacrament of Confirmation are to attend Mass on a weekly basis.

### **Session Attendance**

Youth Nights occur on Monday nights from 6:30- 8:00pm in the social hall or church.

A parent/guardian must sign out the student after every session. This is for the safety of all people attending the sessions.

### **Saint Projects**

Saint project completed at St. Elizabeth Ann Seton satisfy this requirement.

## **Service Hours**

You may sign up through the website or contact Leah in the office. This ensures enough people are signing up, and not too many people sign up for one event. Service hours completed with St. Elizabeth Ann Seton fulfills this requirement.

## **Parent and Teen Sessions**

In alignment with Diocesan requirements, parents/sponsors are to attend continued catechesis sessions. Parents/sponsors and youth in preparation are to attend 3 parent and teen session during the year. These nights are offered on Wednesday nights from 6:30-8:00pm.

Parents can also choose to attend weekly Bible Study sessions that is offered by St. Joseph Parish.

## **Involvement in the Parish Community**

Involvement in the Parish Community is not to be confused with the Service opportunities.

Involvement in the Parish Community is designed to prepare students for being an active member of the parish community following their Confirmation.

- ✠ Students are to serve during one youth mass during the year. Youth masses are on the third Sunday of the month at the 11am mass. Please sign up for a youth mass with Leah or online on the parish website.
- ✠ Students will also attend one Stations of the Cross during the Lent Season at St. Joseph Parish.
- ✠ Also in preparation for the students to become active members of the parish, students will choose 3 activities from the “Jesus footsteps” worksheet.
- ✠ We are also asking parents to become or continue to be involved in the parish community. We are asking for parents to donate **2 hours of service to the church**, with youth ministry or another parish ministry.

## **Additional Year 2 requirements:**

- Attendance to Fired UP, the Sacramento Diocese Confirmation Conference
- Attendance to once a month youth ministry meeting: See calendar (noted in pink)
- Retreat attendance
- Sponsor Form and Worksheets
- Confirmation Letter of Intent to the Pastor of the Church
- Exit Interview (week before Confirmation Mass)
- Program Penance service
- Mass rehearsal and Confirmation Mass