

**SUNDAY - October 19**

8:30 am - DONNA BRESKE†  
by Stan & Kevin Breske  
ROLAND SIGLER, Jr.†  
by Helen Sigler & Family  
ALL Deceased Members of  
The Ho Family† by Vicky Ho

11:00 am - INTENTIONS OF THE PARISH

**MONDAY - October 20**

8:00am - BERNARD LAUER† by M/M John Horn  
ROLAND SIGLER, Sr.†  
by Deacon & Mrs. Jim Bindel  
FRANKLIN TOLENTINO† by Joe Przybylski

**TUESDAY - October 21**

8:00 am - Liturgy of the Hours

**WEDNESDAY - October 22**

10:00am - ND School Mass

6:15pm - CODY ATCHLEY†  
by The Atchley Families  
LORENE GOFORTH† and  
Sr. JOSEPHINE STEWART†  
by M/M John Horn

**THURSDAY - October 23**

8:00am - DOMINIC and MARY† by Jimmy Ho  
THE WIGGINS FAMILY (INT) by Jan Wiggins†  
THE CARSON FAMILY (INT)  
by Nancy Prigmore

**FRIDAY - October 24**

8:00 am - IRENEO BUCAG†  
by M/M Feliciano Bucag  
ROLAND SIGLER, Sr. †  
by Royce & Bertha Mae Schank  
Deacon JIM BINDEL (INT) by Sue Bindel

**SATURDAY - October 25**

6:00 pm - JOHN MARK WILSON (INT)  
by Gina Snowden  
IRENE BINDEL† by M/M John Kapraun  
WAYNE WIGGINS† by Jan Wiggins†

**SUNDAY - October 26**

8:30 am - SHIRLEY SHORT† and  
LAWRENCE HOLUB†  
by M/M John Horn  
PAUL MORATH, Jr.† by Pattie Redder  
11:00 am - INTENTIONS OF THE PARISH

**DAILY READINGS**

Mon. - Eph 2:1-10 \* Lk 12:13-21  
Tue. - Eph 2:12-22 \* Lk 12:35-38  
Wed. - Eph 3:2-12 \* Lk 12:39-48  
Thu. - Eph 3:14-21 \* Lk 12:49-53

Fri. - Eph 4:1-6 \* Lk 12:54-59  
Sat. - Eph 4:7-16 \* Lk 13:1-9  
Sun. - 30th Sunday in Ordinary Time - Ex 22:20-26 \*  
Thes 1:5c-10 8 8 Mt 22:34-40

*Those For Whom We Pray*

**Parishioners, Family & Friends**

Nicholas Allison, Vic Allison, Dennis Anderson, Wanda Baltine, Elizabeth "Beth" Bater, Joan & Robert Baumann, Al Belgrado, Dick Belgrado, Shirley Bennet, Tommy & Sheryl Berend, Jeanette Bilbay, Anna Bogart, Cyndi Boone, Glen Borgman, Ed Boulware, Erica Bowers, Rocky Bray, George Brosche, Jo Bybee, Ivy Cadotte, Sonja Calliste, Shirley Chancellor, Marge Conklin, Joan Cook, Jeff Conrady, Grace Ann Crocke, Mike Crumpton, Joe Cuba, Johnnie & Nellie Deal, Brandi Dickey, Faye Dominy, Mark Dreher, Carol Faustina, Jathan Fields, Johnnie Fields, Kay Findley, Jerry Fletcher, Mary George, Lola Clyde Greaves, Jeff Gregg\*, Courtney Shook Gysell, Dustin Hall, Adell Hanvey, Jarrod Harper, Jean Hoing, Don & Jean Isbell, Ray Jackson, Nelda Jansen, Eve Johnson, Jeremy Johnson, Jonathan Kegley, Angela Kemper, Bonnie Kocher, Anita Kortbawi, Casey Lane, Jeff Langen, Marion Lauer, Brandi Lawson, Marife Lee, Fred Lentz, Art Litteken, Shirley Litteken, Abel Mahesh, Eloise Majewski, Rusty Maley, Ryan Maley, Clara Mathe, Kristi Melsteade, Mike & Virginia Michonski, Dale Minniear, Kaden Moisant, Carolyn Morath, Clyde Morbitzer, David Musil, Stephen Musil, Dorothy "Dot" Myers, Irene Myers, Justin Parks, The Parker Family, Geneva Pennartz, Joe Petz, Joe Petz, Jr., Nina Peysen, Karen Poirot, Betty Pond, Trinity Rayne, Aubrey Reaves, Eddie Richardson, Lori Ross, Chuck Ryan, Nelda Schreiber, Charles Simons, Bette Skurkey, Jeff Smith, Kathy Spyra, Patricia Ste. Marie, Danny Steed, Audrey Stephens, Greg Stevens, Stacey Stowe, Sister Devota Sweeney, Johanna Sweeney, Yvonne Talbot, Ida Toth, Dorothy Ward, Renea Ward, Josie Wheeler, Kinzey Wilson, Mary Wilson, Dorothy Wolf, David Lloyd Wright, Sr., Diane Wright, Signe Yelland, Adam York, Dan York, Lucy York, & Nina Pham\*.

\*New this week

Because of space limitations, names will be taken of the prayer list after 3 months.

Please call the church office if you would like the name returned to the list. Thank you for your understanding.

**PRAY FOR PRIESTS THIS WEEK**

10/20 - Rev. Thomas J. Craig	10/23 - Rev. Raphael Eagle, TOR	10/25 - Rev. Assaad El-Basha, MLM
10/21 - Rev. Thomas D'Souza, SAC	10/24 - Rev. R. Dale Edwards	10/26 - Rev. Richard Eldredge, TOR
10/22 - Rev. Don Donahugh		

*Eternal Father, we lift up to You these and all the priests of the world.  
Sanctify them. Heal and guide them. Mold them into the likeness of Your Son, Jesus, the Eternal High Priest.  
May their lives be pleasing to You. In Jesus' name we pray. Amen.*

**INTENTIONS OF THE HOLY FATHER - for October**

**Universal:** That the Lord may grant peace to those parts of the world most battered by war and violence.

**For Evangelization:** That World Mission Day may rekindle in every believer zeal for carrying the Gospel into all the world.

The Sympathy and Prayers of our Parish  
Are with the Family and Friends of

**Gary Roessler+**

(brother of Ethel George and Rosemary Brooks)

**Frannie Johnson+** (sister of Helen West)

Eternal Rest grant unto them, O Lord.

And let perpetual light shine upon them. Amen.

**WEEKLY CONTRIBUTIONS**

October 12: .....\$8,501.25

**Faith Direct**

October 4: .....\$18,297.01

September 15: .....\$15,252.61

Catholic University of America Fund: .....\$1,414.00

Cemetery Fund: .....\$620.00

World Missions: .....\$685.00

**www.faithdirect.net (church code: TX420)**

*Thank you for all the generous gifts that you provide for our parish. Please consider using our secure electronic giving program Faith Direct. Faith Direct will automatically process any offertory or second collection donations of your choosing. It is the most convenient way to make sure that the parish receives your gift regularly. No more checks to write or envelopes to worry about. You can sign up online at www.faithdirect.net using our church code: TX420, or by mailing a paper enrollment form available in the parish office.*

**SUNDAY - October 19**

World Youth Day/Six Flags  
9:30am - (K-6th grades) Religious Education/  
NDE School

3:00pm - First Reconciliation Mtg/SJR

6:00pm - CRHP (M)/PH

**MONDAY - October 20**

3:00pm - Chaplet of Divine Mercy/HFC

6:45pm - Season's of Hope/CR

**TUESDAY - October 21**

Intercessory Prayer Group after Liturgy of the Hours/  
HFC

9:30am - Prayer Shawl Ministry/SJR

3:00pm - Chaplet of Divine Mercy/HFC

7:00pm - Bible Study/PH

**WEDNESDAY - October 22**

3:00pm - Chaplet of Divine Mercy/HFC

4:00pm - Adoration/HFC

5:30pm - Rosary/HFC

(SJR-St. Joseph Room; HFC-Holy Family Chapel; PH-Parish Hall; NDE Cafe-Notre Dame Elementary Cafeteria; NDHS - NDHigh School; CR-Conference Room; WR-Workroom; BR-Brides Room; MR-Music Room)

7:00pm - Verso L'Alto/PH

CRHP (W)/NDE Cafeteria

**THURSDAY - October 23**

3:00pm - Chaplet of Divine Mercy/HFC

7:00pm - R.C.I.A. /NDE Cafeteria

**FRIDAY - October 24**

3:00pm - Chaplet of Divine Mercy/HFC

**SATURDAY - October 25**

3:00pm - Installation of Acolytes/Church

4:00pm - Reconciliation/HFC

**SUNDAY - October 26**

9:30am - (K-6th grades) Religious Education/NDE  
School  
(7th & 8th grades)Discovery/PH  
Bible Study/CR

6:00pm - Heritage Group/SJR

**PARISH ACTIVITIES**

**The Family Life Center is taking shape!** Please continue to pray for the safety and success for this wonderful project that will help to grow the needs of our parish family. If you have not made a pledge, we ask that you prayerfully consider making a commitment. We hope that everyone will participate in this endeavor to build a space that help to increase the needs of our parish and community. To increase or extend your pledge, please use the blue Pledge Increase-Extension cards located in the Narthex. Thank you to those who have given additional above their pledged amount. If you are pledging for the first time, please use the white Pledge cards also located in the Narthex.

**PLEDGE UPDATE as of: September 10, 2014**

**GOAL: \$3,000,000**

**AMOUNT PLEDGED: \$2,819,896.68** (Includes \$825,000 received in Grants)

**AMOUNT COLLECTED: \$2,190,911.46**

**# of Families Pledged: 448**

All E-Giving will be done through 'Faith Direct' our online giving program. Online enrollment forms are available in the Narthex. Or go directly to [www.faithdirect.net](http://www.faithdirect.net) to enroll. For the Capital Campaign online enrollment, use Church Code: **TX508**. To afford the greatest tax benefits for our parish, Campaign gifts are processed through the Diocese of Ft. Worth Advancement Corporation.

**Pilgrimage to TURKEY and GREECE  
(visiting the seven churches)  
April 18-28, 2015 (\$2,799)**

Led by Fr. Sojan

Visiting Istanbul, Troy, 7 Churches of Revelation (Pergamum, Thyatira, Smyrna (Izmir), Sardis, Laodicea, Philadelphia, Ephesus) Pamukkale, Corinth, Athens plus an Aegean Sea Cruise (Ports: Patmos, Crete, Santorini, Piraeus)

Registration forms available in the Narthex, Chapel entrance and at the church office.

**Prayer Shawl Ministry**

**Changes for November — ALL Meetings will be in the Parish Hall.**

**Nov. 4** - Yarn Trip to Oklahoma City. RSVP to JoAnn by Sunday, Nov. 2. Bus will leave at 8:15am from the church parking lot.

**Nov. 6** - Regular meeting at 7pm.

**Nov. 18** - Regular meeting at 9:30am.

**Nov. 20** - PSM will be wrapping shawls and lap robes at 7pm.

**PSM will NOT meet in December —**

**See you in 2015!!!**

If you or someone you know is in need of a prayer shawl or lap robe, please call the church office.

**A Charismatic Prayer Meeting**

Sunday afternoons at 4:00

Youth Ministry chapel at Sacred Heart Church (upstairs in the Pastoral Annex)

call Jack at 696-0741 or Manuel at 322-5958

**OLQP Men's Club**

ALL Men of our Parish ages 18 and older are members and are highly encouraged to attend monthly meetings.

(First Monday of the month @ 7pm in the Parish Hall). NO Membership Fees.

Call Mike Carlton, President for more info: 696-9162 e month) at 7:30am. Call Jack at 696-0741.

**St. Mary's Bar-B-Que**

(St. Mary's Parish Hall in Henrietta, Texas)

105 S. Barrett Street

Sunday – October 26, 2014

From: 11am to 1pm

Meal Cost - \$10 Adult and \$5 Children 8 and under

Menu: Brisket & Ham, Beans, Potato Salad, Coleslaw, Tea and Dessert

Take-Out & Drive-Thru available

**Safe Environment Sessions for 2014**

**Wednesday, Nov. 5 at 7pm - Update**

**Saturday, Nov. 8 at 9am - First Time**

All sessions will be held in the Church office conference at 4040 York St.

Contact the parish office at 940-696-1253 for more information or to sign-up.

All parish volunteers MUST maintain current status to continue in their ministries.

**Midwesetern Awakening #5**

November 21-23

Start your Thanksgiving off right!

Retreat is open to any college student (Veron, MSU, etc) and will include skits, talks, prayer, food, music and fun activities. Contact Debbie Neely to register: [neelydeb@yahoo.com](mailto:neelydeb@yahoo.com), [msucatholics.com](http://msucatholics.com) (click Retreats Tab then click Awaken Me) or 940-692-9778. Cost is \$50 and scholarships are available! Only the first 24 students who sign up can attend! So call soon.



**PRAYER for OUR TROOPS**

Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. We ask this in the name of Jesus. Amen.

**SAVE THE DATES!!!**

**Thu., Fri. & Sat., Oct. 23-25:**

**“Walking Together in Faith”**

8th Annual University of Dallas Ministry Conference  
Info - [www.udallas.edu/udmc](http://www.udallas.edu/udmc)

**Fri. Oct. 31: “Trunk or Treat”**

Fun for the Everyone!!! (See bulletin insert)

**Sat., Nov. 1: Families: Where Saints are Made**

Location: St. Francis of Assisi Church

(861 Wildwood Lane in Grapevine)

In the Family Life Center

Doors Open: 8:00 a.m. - Mass: 5:00 p.m.

Walk-up Registration: \$20 per person; \$30 per couple (Lunch will be included).

Info: Chris Vaughan, Dir. of Marriage and Family Life  
817-560-2452 ext. 269 [cvaughan@fwdioc.org](mailto:cvaughan@fwdioc.org)

**Sat. & Sun., Nov. 14/15:**

**THRIVE - Young Adult Conference**

St. Ann's Catholic Church in Coppell, Texas

(evening Mass on Saturday)

2-day event; Cost is \$40 early bird rate

until Nov. 11 or \$60 at the door

For more info visit: [www.fwdioc.org](http://www.fwdioc.org)



LQP has been using another communication tool to better serve you as parishioners. Flocknote is a Catholic-based and will allow us to send emails and or text messages to you as a whole and within the various ministries we have here at OLQP. If you have not yet signed up, use the following steps to begin receiving OLQP flocknotes.

**Step 1:** Text the word peace to the number 84576, you will receive a reply asking for you to provide your email.

**Step 2:** Reply to the text with your email, you will receive another text saying to check your inbox (or spam folder) for an invitation/confirmation email from [mail@flocknote.com](mailto:mail@flocknote.com).

**Step 3:** Check your email and follow the link to flocknote and the directions assisting you in creating a password for your flocknote account.

**Step 4: (Optional)** You will now be enrolled in the OLQP Flock. If you navigate around the flocknote website you will notice you can subscribe to other lists that you may want to receive updates from and you can also choose your preference in receiving emails or texts.

**If in the future your email or number changes, simply logon to flocknote and edit your email and or number.**



## Parish Announcements

### INTERFAITH MINISTRIES

**Hunger and Food Insecurity is a Serious Fact. The Need is dire and year round. Please be generous with your donation of food.**

**September Food Donations: 973 pounds**

**Current Needs:** Soup (10 ¾ oz. size), Crackers, Oatmeal, Canned Vegetables (except green beans), Dried Beans, Jelly, Peanut Butter, Pasta (dry), Rice (small bags), Canned Spaghetti Sauce, Mac & Cheese.

**Toiletries:** Body Soap, Laundry detergent, deodorant & toothpaste.

**Paper Products:** Toilet Tissue, Paper Towels, Kleenex, brown paper sacks

**Eyeglasses:** prescription or reading glass that you don't need. These items go fast. Place items in the basket located in the Narthex. Every bit helps families with real needs in Wichita County and Holliday.

### Catholic Charities CC101 (Information Sessions)

Wed., Oct. 22, Nov. 5 & 19 and Dec. 10

Come and Hear about the many services Catholic Charities is providing for the Northwest Deanery.

Sacred Heart Catholic Church Parish Hall (upstairs in the Parlor)

FREE Lunch

To RSVP call Susan at 940-249-4748 (schronin@ccdofw.org)



**The Joyful Mysteries**  
(Monday and Saturday)

**The Sorrowful Mysteries**  
(Tuesday and Friday)

**The Glorious Mysteries**  
(Wednesday and Sunday)

**The Luminous Mysteries**  
(Thursday)

#### How to Pray the Rosary



1. Make the Sign of the Cross and pray the Apostles' Creed.
2. Pray the Our Father.
3. Pray three Hail Marys.
4. Pray Glory Be to the Father.
5. Announce the mystery for reflection and pray the Our Father.
6. Pray the 10 Hail Marys.
7. Finish the decade with the Glory Be to the Father.

If you wish to convert anyone to the fullness of the knowledge of Our Lord and of His Mystical Body, then teach him the Rosary. One of two things will happen. Either he will stop saying the Rosary — or he will get the gift of faith.

~Venerable Archbishop Fulton Sheen



### Thank you to All who helped to make this year's OLQP Parish Picnic another beautiful time to celebrate "ONE FAMILY OF FAITH"

Thank you to our Youth, Knights of Columbus Council 1473, OLQP Men's Club, Ladies of the Altar Society, and to our wonderful OLQP parishioners. More pictures can be found on Facebook: OLQP Catholic Church, Wichita Falls, TX



Our  
Lady  
Queen  
of Peace,  
Pray  
for Us.

#### All Souls Day is on Sunday, November 2nd this year.

NO Mass at Sacred Heart Cemetery since it falls on a Sunday. There will be a collection for Sacred Heart Cemetery on October 25/26. This collection provides continued maintenance of our cemetery.

*Please be generous.*

#### Men in Christ

Men of the Parish: Do you have a desire to grow as a Christian man? Come join the MEN in CHRIST as we pray, explore Scripture together and support one another in our Christian walk. Meet us in the Conference Room each Saturday (except 2nd Saturday of the month) at 7:30am. Call Jack at 696-0741.

#### Rachel's Corner

Hope is the light at the end of the tunnel, beckoning you to accept the invitation, to say "yes" to the urge to believe in a loving God who wants you to be healed and whole again. Come on a Rachel's Vineyard Retreat for healing after abortion and find healing and wholeness.

Rachel Ministries • 817-923-4757

Next retreat November 14

**The Catholic Medical-Dental  
Guild of Wichita Falls**

**An Evening with Bishop Michael Olson**

Saturday, October 25 at Sacred Heart Church  
5:00 PM Mass with Special Intention for Healthcare  
Workers  
followed by Dinner, Music and Keynote Address  
on Healthcare Ethics by Bishop Olson  
(One hour of Continuing Education credit in Ethics for  
healthcare providers will be available)

Net proceeds to benefit Fort Worth Catholic Charities -  
Northwest Deanery  
Tickets \$40 each or Table of 8 for \$400  
Ticket Reservations available at Sacred Heart Catholic  
Church Parish Office: 1504 10th Street, Wichita Falls  
TX 76301 or by contacting catholicmedwf@gmail.  
com. You do not have to be a healthcare provider to  
attend.

**St. Vincent de Paul Thrift Store**

1516 Beverly Drive (723-4971)  
**Special Sale: ALL Toys ½ price off!!!**  
Games, Tapes, Puzzles, Hard Toys, Stuffed Animals,  
Baby Dolls, Barbie Dolls, Porcelain Dolls, Large and  
Small Toys.  
Come see the great selection of items that are  
available.  
Like us on Facebook: Wichita Falls St. Vincent De Paul  
Thrift Store.

**A Centering Prayer Group** is forming at Sacred Heart,  
beginning Saturday, November 1, 2014 at 9:00. The first  
few meetings will last approximately three hours so that  
beginners can learn about Centering Prayer. Eventually,  
the prayer group will meet for about 1 ½ hours on  
Saturday mornings. If you are curious and would like  
to learn more, you can obtain information by visiting  
the office and asking for a Centering Prayer brochure.  
If you prefer, you can obtain the same information by  
emailing sheart@sacredheartwf.org and requesting  
the brochure. Suggested reading is Fr. Keating's book,  
Open Mind, Open Heart. We ask that you register by  
phone or email if you plan to attend the first session.

## ADULT FORMATION

**R.C.I.A Inquirer Classes meet on Thursdays at 7pm** in the NDES Cafeteria  
All are Welcome (even if you are already Catholic) to the Inquiry Sessions to  
learn more about the Catholic Faith. Call Deacon Jim at 696-1253 if you are  
interested.

**Worldwide Marriage Encounter**

"Render unto Caesar what is Caesar's, and to God what is God's." Have we  
worked to make our marriage of God, or is it of the worldly things? Come  
and learn how to bring God into your marriage. The next Worldwide Marriage  
Encounter Weekend is on November 7-9, 2014. Dates fill fast. To apply visit  
our website at: <http://www.dfwme.org/apply>. For more information e-mail  
[apply@dfwme.org](mailto:apply@dfwme.org) or call 469-444-0904. Para mas informacion de Encuentro  
Matrimonial en Espanol, escriba a [emmdfw@gmail.com](mailto:emmdfw@gmail.com) o visite <http://www.seccion15.org/>

# Youth Ministry

**PRAY • LOVE • SERVE**

For more information

Call Greg Brown • 696-1253 • [greg@olqpwf.org](mailto:greg@olqpwf.org)

Registration forms and calendar available online  
at [www.olqpwf.org](http://www.olqpwf.org) (Please note that a Form A for  
14/15 must be completed for this school year if not  
yet completed through our summer activities since  
June of 2014. Form A will be kept on file until it  
expires in May of 2015 so that you only have to fill  
it out once per year per child. Form B must be filled  
out additionally for each event youth participate in  
through the year.)

**Discovery (Middle School Ministry, 7-8th)**  
**Sunday's 9:30-10:45am in the Parish Hall**  
(unless otherwise noted)

**Verso L'alto (High School Ministry, 9th-12th)**  
**Wednesday's 7pm-9pm**

**\*we still need help with meals for Verso L'alto  
this year.** If you are interested in preparing and/  
or providing a meal for our high school program  
please contact Greg in the office.

**\*\* We are in need of 5 more adults to serve  
Verso L'alto as Faith Coaches (small group  
leaders).** For more information please see [www.  
olqpwf.org/how-to-help](http://www.olqpwf.org/how-to-help) or contact Greg

**Keep up with what's going on at [www.olqpwf.org/youth](http://www.olqpwf.org/youth)**

"The proof of love is in the works. Where love exists,  
it works great things. But when it ceases to act, it  
ceases to exist."

— Saint Gregory the Great

## Kid's CORNER

**First Reconciliation is Monday, November 25  
at 7:00 p.m. in the church**

**Religious Education has started.**

**Come and register if you haven't yet! And send  
your child!**

Religious Education (K-6th Grade)  
Sunday's 9:30-10:45am at ND elementary school  
Registration Form and calendar online at [www.  
olqpwf.org](http://www.olqpwf.org)

**Today, October 19 is World Mission Sunday!**

Everyone has a mission, even kids. It might be your  
mission to make someone happy this week by  
giving them a smile or helping them in some way.  
Could you do some- thing special for your parents?  
Could you clean your room without being asked?  
Woweeeee! Would that be hard! But you can do it  
and you can make it easy if you: "**just offer it to  
the Lord!**"

**In celebration of All Saints and All Soul's Day**

During the month of November, we want to  
remember your loved ones. You are invited to bring  
a picture of a loved one who has died (size: 5x7 or  
smaller; please put their name on the front of the  
picture). Pictures will be displayed on tables in the  
Narthex during the month of November.  
Bring pictures on the weekend of October 25/26.  
Framed or copies of pictures are welcomed. Be  
sure to put your name and phone number on the  
back of the picture/s you bring. You may collect your  
pictures after Mass on the weekend of November  
29/30

## ADULT FORMATION

**Beginning Experience**

Our second reading calls us to "complete my joy by being of the same mind,  
with the same love, united in heart, thinking one thing.." Bring your marriage  
to a unity of heart. Restore, renew and rekindle your marriage at an upcoming  
Worldwide Marriage Encounter Weekend. The next Worldwide Marriage  
Encounter Weekend is on November 7-9, 2014. Dates fill fast. To apply visit  
our website at: <http://www.dfwme.org/apply>. For more information e-mail  
[apply@dfwme.org](mailto:apply@dfwme.org) or call 469-444-0904. Para mas informacion de Encuentro  
Matrimonial en Espanol, escriba a [emmdfw@gmail.com](mailto:emmdfw@gmail.com) o visite <http://www.seccion15.org/>

**Natural Family Planning Classes**

*Did you know that... many couples using Natural Family Planning feel that it  
makes their marriage stronger?*

The Couple to Couple League is offering NFP classes at Sacred Heart Catholic  
Church in Wichita Falls, Texas. This is a 3-part class, and the next class series  
will take place on Sundays from 1:30- 4:30pm in the Berend Room. If you would  
like to sign up for this class or any other upcoming classes, please go to [www.  
ccli.org](http://www.ccli.org) and fill out the online registration form. If you have any questions, you  
may contact Lauren Morath at (940)544-2515 or [lmorath@srcaccess.net](mailto:lmorath@srcaccess.net).

## FEAST and CELEBRATIONS

### October 19 - Saint John de Brebeuf and Saint Isaac Jogues and their companions

Six Jesuits and two laymen were unwelcome missionaries to Native North America tribes and suffered harassment and torture. St. John de Brebeuf won the Iroquois' respect with his courageous death. St. Isaac Jogues escaped but was murdered when he returned to ministry.

### October 20 - Optional Memorial of St. Paul of the Cross, priest (Patron Saint of Passionist order)

St. Paul of the Cross devoted himself to the service of the poor and the sick. He is best known for his apostolic zeal and his great penances. He founded the congregation of the Passionists.

May the Priest Saint Paul, whose only love was the Cross, obtain for us your grace, O Lord, so that, urged on more strongly by his example, we may each embrace our own cross with courage. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

### October 22 - Optional Memorial of St. John Paul II

The Vatican Congregation for Divine Worship has approved the insertion of the optional memorial of St. John Paul II in the proper calendar of the dioceses of the United States for today.

Karol Jozef Wojtyla was born in 1920 in Wadowice, Poland. After his ordination to the priesthood and theological studies in Rome, he returned to his homeland and resumed various pastoral and academic tasks. He became first auxiliary bishop and, in 1964, Archbishop of Krakow and took part in the Second Vatican Council. On 16 October 1978 he was elected pope and took the name John Paul II. His exceptional apostolic zeal, particularly for families, young people and the sick, led him to numerous pastoral visits throughout the world. Among the many fruits which he has left as a heritage to the Church are above all his rich Magisterium and the promulgation of the Catechism of the Catholic Church as well as the Code of Canon Law for the Latin Church and for the Eastern Churches. In Rome on 2 April 2005, the eve of the Second Sunday of Easter (or of Divine Mercy), he departed peacefully in the Lord.

O God, who are rich in mercy and who willed that the blessed John Paul the Second should preside as Pope over your universal Church, grant, we pray, that instructed by his teaching, we may open our hearts to the saving grace of Christ, the sole Redeemer of mankind. Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

### October 23 - Optional Memorial of St. John of Capistrano, priest (Patron of chaplains; jurists; judges; military chaplains)

John was a native of Capistrano, in Italy. He became a Franciscan and was one of the great organizers of the struggle against the Mohammedans in the 15th century,

when they threatened to overrun the whole of Europe. Mohammed II had taken Constantinople and was already marching against Belgrade, when Pope Callixtus III called St. John to preach the crusade; assisted by the Hungarian John Hunyadi, he gathered a strong Christian army, which defeated the Turks in the great battle of Belgrade (1453). He died in 1456.

O God, who raised up Saint John of Capistrano to comfort your faithful people in tribulation, place us, we pray, under your safe protection and keep your Church in everlasting peace. Almighty ever-living God, grant that we may always conform our will to yours and serve your majesty in sincerity of heart. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

### October 24 - Optional Memorial of St. Anthony Claret (Patron of Catholic press; Claretians; Missionary Sons of the Immaculate Heart of Mary; weavers; savings banks; foundations)

Today the Church celebrates the optional memorial of St. Anthony Claret, bishop, the founder of the Missionary Sons of the Immaculate Heart of Mary. Anthony Mary Claret died in the Cistercian monastery at Fontfroide in France on this date in 1870. He was canonized in 1950 and listed in the Roman Calendar in 1960.

O God, who for the evangelization of peoples strengthened the Bishop Saint Anthony Mary Claret with admirable charity and long-suffering, grant, through his intercession, that, seeking the things that are yours, we may earnestly devote ourselves to winning our brothers and sisters for Christ. Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

## GROWING IN FAITH

### Dear Padre!

#### Am I praying correctly after Communion?

Are we supposed to pray a specific prayer after we genuflect and kneel in the pew before we take our seats? What about after Communion? I want to be sure I'm doing it correctly.

There is no particular prayer to say when we genuflect, enter the pew, and kneel for a while. Genuflecting and kneeling are powerful expressions and prayers in themselves—we kneel only to God.

But these gestures can become mere routine unless we accompany them with a moment of awareness and recollection and maybe a prayer like "I adore you, O Christ, and I bless you, because by your holy cross you have redeemed the world."

Neither are there required prayers to say in the moments after Holy Communion as we return to the pew. But this is a most special time. Giving it a name, we call it thanksgiving. We silently remain focused on the astonishing passion and affection of Jesus in giving himself to us to eat and make part of ourselves. It's what gives us eternal life, the personal life of Jesus in that Bread we eat. It's what makes possible the living of a truly Christian life, the holy energy in that Body of Jesus.

So much depends on awareness; so much depends on gratitude. Prayer books may help us enter a time of thanksgiving. But surely we can know enough to say, "Jesus, I love you."

FR. JOHN HAMROGUE, CSSR  
sundaybulletin@liguori.org



YOUNG CATHOLIC  
PROFESSIONALS

### Young Catholic Professionals

Executive Speaker Series Event featuring:

Dr. Victor Boschini, Chancellor of Texas Christian University

Tuesday, October 21

7 - 7:45pm YCP Networking - Refreshments and Networking

7:45pm Speaker: Victor Boschini

YCP brings Young Adults together for speaker events and networking in order to foster Catholic identity, encourage community, and inspire a call to action! All young professionals in their 20s and 30s are invited to this FREE event!

Win a \$100 gift card to Del Frisco's! For more information, find us on Facebook at "YCP Fort Worth"!

For info: Lauren Mastly | VP of Operations - Fort Worth Chapter, 214.557.7692 | [www.youngcatholicprofessionals.org](http://www.youngcatholicprofessionals.org)

WHEN IN DOUBT...CHECK US OUT • [olqpwf.org](http://olqpwf.org)  
OLQP Catholic Church, Wichita Falls, Tx



## St. John Paul II

A contemporary saint, Karol Jozef Wojtyla was a gifted student but worked in a quarry and chemical factory when the Nazis closed the University he attended in 1939. Secretly he enrolled in an underground seminary and was ordained a priest in 1946. He continued studies after the war. In 1978, Karol became Pope John Paul II, serving for 27 years. Despite deteriorating health, he wrote 14 encyclicals, five books, canonized 482 saints, beatified 1,338 people and visited 124 countries.

## Feel discouraged?

Your life can be fixed no matter how bad it seems, but you can't do it alone. Ask for God's help and he will empower you to make the needed changes. All things are possible with him.

"In the silence of the heart God speaks. If you face God in prayer and silence, God will speak to you. Souls of prayer are souls of great silence."

—St. Teresa of Calcutta

## What do Catholics believe about war?

The Fifth Commandment is clear that life is sacred and must be preserved. Jesus said, "if any one strikes you on the right cheek, turn to him the other also" (Matthew 5:39). As a rule, Christians condemn violence and promote peace whenever possible.

However, evil cannot be allowed to remain unchecked. Public authorities have the right to take actions necessary for national defense. Those sworn to serve their country contribute to the common good and the maintenance of peace.

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**Bulletin News:** To assure requests for space within our bulletin meet the deadline, submit items by NOON on the Monday prior to the published weekend (or the Friday before if Monday is a holiday). Items MUST have proper approval for publication.

## COMMUNITY NEWS



Catholic  
Charities  
Fort Worth

Northwest  
Campus

### Counseling Services

Working in partnership with Sacred Heart and Our Lady Queen of Peace, Catholic Charities Fort Worth provides counseling services at **Sacred Heart Monday through Friday from 5:30pm to 7:30pm** to assist individuals and families:

- Through the challenges of raising a child
- Resolving marital conflict
- Coping with depression, anxiety, and the stresses of daily life

Let us help you find hope and healing.

Contact the Clinical Counseling program with Catholic Charities at 432-413-1629 (temporary number) or speak to your parish office for more details.

**The St. Joseph Health Care Trust** assists individuals who are medically uninsured/underinsured and who meet eligibility criterion. This includes assistance with prescriptions, dental services, physician visits, and other services. For more information please call Stella at (940) 552-0347. (This program is administered through Catholic Charities, Diocese of Fort Worth.)

### Immigration Consultations in Wichita Falls

This opportunity allows you to have an immigration consultation with an immigration attorney or a Board of Immigration Appeals accredited representative without traveling outside of Wichita Falls. Our professionals will serve you via video from our main office in Fort Worth. You will be speaking privately and confidentially with an authorized person qualified to evaluate your situation and give immigration legal advice.

Location: Sacred Heart Catholic Church (1504 Tenth Street, Wichita Falls)

Open by appointment: Thursdays and Saturdays

Schedule an appointment: 817.289.2801

Cost of the consultation: \$30