

Medical Excuses for Gym

As stated in the SJS parent handbook, the following Medical Excuses for Gym/Recess are in effect. If you have any questions, please feel free to contact the school nurse.

1. Any child unable to take gym due to a physical reason must have a doctor's note stating the reason and the length of time the student will be out of gym. The student will not be cleared to participate in class without being cleared with a doctor's note.
2. Any student unable to take gym class for the day due to a physical reason must have a note from the parent requesting the student be excused for that gym class. Any longer than one day, the student will require a doctor's note.
3. If a student does not take gym for the above reasons, they do not take recess as well. That is our No Gym/No Recess rule. This includes any physical or sport school functions such as cheer, basketball, field day, walk-a-thon, etc.
4. Notes must be given directly to the school nurse prior to gym class to be accepted.
5. If the student does not have the proper note listed above they will receive an incomplete for the gym class that day.

Mrs. D. Delibero R.N. School Nurse