

CYO CROSS COUNTRY MEET

RACE START TIMES



Mens Races

500 Meters PreK/K	2:00 PM
0.25 Mile 1st Grade	2:15 PM
0.5 Mile 2nd Grade	2:31 PM
0.5 Mile 3rd Grade	2:52 PM
1 Mile 4th & 5th Grade	3:14 PM
1.5 Mile 6th-8th Grade	3:45 PM



Womens Races

0.25 Mile PreK/K	2:07 PM
0.5 Mile 1st Grade	2:22 PM
0.5 Mile 2nd Grade	2:41 PM
0.5 Mile 3rd Grade	3:02 PM
1 Mile 4th & 5th Grade	3:29 PM
1.5 Mile 6th-8th Grade	4:05 PM