

March 14, 2021

Fourth Sunday of Lent—Laetare Sunday!



Welcome to St. Patrick's!



A community of Christian stewards living in faith, hope and love."

St. Patrick's Parish
2111 Muldoon Road
Anchorage, Alaska 99504
Parish Office: 907-337-1538
Parish Website: www.st.patsak.org

PARISH OFFICE, by appointment.

MASS SCHEDULE

Daily Mass—Tuesday and Thursday 5:30 PM

Wednesday and Friday 12:00 Noon

Communion to follow for those attending and those who watch the livestream.

Saturday—5:00 PM, Mass in the Church and Hall

Communion to follow for those attending and those who watch the livestream.

Sunday—8:30 AM and 11:00 AM, Mass in the Church and Hall

Communion to follow for those attending and those who watch the livestream.

Adoration—Thursday, 6:00-8:00PM

Confessions—Thurs., 6:00-7:00PM, Sat, 3:00-4:00PM

PARISH STAFF

Rev. Leo Walsh, J.C.L., S.T.D. - Pastor

fr.leo@st.patsak.org

blog: <https://frleowalsh.com>

Dcn. Mick Fornelli - Deacon

mfornelli@st.patsak.org

John Gagnon - Business Manager/Facilities

jgagnon@st.patsak.org

Mary Allison—Dir. of Catechetical Ministries

mallison@st.patsak.org

Youth Minister (vacant)

Rima Ostrom - Administrative Assistant

rostrom@st.patsak.org

Margaret Simmons - Music Director

queenowrits@arctic.net



Whoever Believes in Him

The Gospel of John is a lot like a big bowl of steaming Irish stew. You can see that there is some yummy goodness in there, but it is not until you actual start to stir it up that all sorts of

hidden delights come to the surface. So it is with this week's gospel passage where Jesus is speaking with Nicodemus. There are four different ingredients, but the broth that holds them together is belief in the Son of Man.

The first ingredient is a teaching on his Passion (3:14,15). Why must the Son of Man be lifted up like the serpent in the desert? "So that *everyone who believes in him* may have eternal life."

The second is the classic John 3:16-17. God loved the world so much he gave his only son. Why? "So that *everyone who believes in him* might not perish but might have eternal life."

The third ingredient shows us that Jesus came to save us, not to condemn us. How do we avoid condemnation? "*Whoever believes in him* will not be condemned, but whoever does not believe has already been condemned." This seems harsh at first glance, but we must acknowledge that God does not do violence to us. Belief cannot be forced. So strangely enough, self-inflicted condemnation does happen. It's a sad thing to realize that God does not condemn anyone to hell. Everyone in hell has freely chosen to be there. He goes on to explain this. There are those who simply choose the darkness over the light so that their sins may not come to light. This may be due to pride, stubbornness, or any number of things.

The final ingredient is an encouragement for us who believe in Jesus to live in the light of the truth. He comes preaching the Kingdom, but more importantly he comes preaching himself. It is belief in Jesus that is our ticket to the Kingdom; by whom we are saved from condemnation; and with whom we enter into eternal, unapproachable light.

- Fr. Leo



New to the Parish?

Welcome! Please take a moment to call the office! We would love to meet you and show you around...in a safe and sanitary way, of course! Thanks for coming!

safe and sanitary way, of course! Thanks for coming!

PARISH NEWS AND NOTES

Stewardship of Treasure

February Goal \$48,700.00

Sunday, February 7	\$12,980.56
Sunday, February 14	\$11,920.56
Sunday, February 21	\$13,689.81
Sunday, February 28	\$15,431.81

Total Collected	\$54,022.74
Over the Goal!!!	\$5,322.74

Thank you for your generosity!

Thank You for Your Generosity!

We offer many ways to support St. Patrick's.

In Person: Drop your donation in the basket at the back after Mass, or drop your donation through outer doors of the Deacons Hall.

Give Online: Go to the parish website, www.st.patsak.org and click on "Donate" at upper right. You can donate through a credit card or bank account, and you can use the "Quick Give" option if you don't wish to set up a user name and password.

By Mail: Send your donation via U.S. Mail

Thank you for your continuing support of your parish family during these difficult times!



Pray the Rosary!

All are welcome to join our Knights of Columbus as they lead praying the Rosary before the 5pm Mass each Saturday, and before the 8:30am Mass each Sunday.

Prayer Chain

Is there a special person or need that you would like lifted up in prayer?

Email: prayerchain@st.patsak.org with the name and intention you would like our intercessors to bring before the Lord in their daily prayer.



Co-Coordinator Needed

Make a difference! Save a soul! We are looking for a Vacation Bible School (VBS) co-coordinator to help plan and run VBS this year and next. Please email Mary if you have questions or would like to volunteer. mallison@st.patsak.org

Stations of the Cross

Fridays of Lent

7:00 PM

In the Church and Livestreamed

Feast of St. Patrick March 17, 2021—7:00 PM

Come join Archbishop Bellisario and the rest of your St. Patrick's Parish Family as we celebrate our Patronal Feast. Since this is a SOLEMNITY for our parish, we will celebrate in grand fashion. The liturgical color is white, but you may wear green at your discretion.

Feast of St. Joseph March 19, 2021—5:30 PM

The Holy Father has declared this not only the Year of the Family, but also the Year of St. Joseph. Come join us for this celebration of the Patron of Families. Bring your family statue of St. Joseph for a special blessing. The Consecration to St. Joseph will take place following the homily for those wishing to do so.

Lenten Alms Project Sacred Heart, Haines, AK

This past December the city of Haines was struck by a devastating landslide. Two lives were lost, and the community suffered extensive damage. Our community of St. Patrick's will dedicate this year's Lenten Alms collection to assist our sister parish in Haines, Sacred Heart Parish. Please consider donating to assist the Sacred Heart Parish community as they help the local community to recover from this natural disaster. Donations may be made online, or by dropping your donation marked "Lenten Alms" in the regular collection basket or in the mail.



Upcoming Adult Bible Studies!

We are offering two new adult Bible studies! The Intro to Scripture will be Mondays at 6pm via Zoom from March 22 through May 24. The Book of Job will be Wednesdays at 7pm via Zoom from March 24 through May 26. Schedules will be provided on the first meeting. There is a limit on the number of participants, so sign up fast! Please email Mary at mallison@st.patsak.org to join.

ARCHDIOCESAN AND PARISH NEWS



Do you feel called?

Position Opening Holy Spirit Center

HOLY SPIRIT CENTER in Anchorage is seeking a new Director. This position is responsible for the overall operations of the Catholic Retreat House Ministries. Duties include administration, staffing and supervision, ministry services, program development, operation and maintenance of facilities. Qualifications include: bachelor's degree in administration or related field, experience in management, must be a practicing Catholic (preferred experience as director of a non-profit with a mission similar to Holy Spirit Center). Currently 25 hours per week/full year; expected to return to 40 hours per week when the Center resumes full operation. For information and application visit: www.holyspiritcenterak.org or call 907-346-2343. Open until filled.

CRS RICE BOWL
CATHOLIC RELIEF SERVICES

FOR
LENT
FOR
LIFE

Trying New Foods In Timor-Leste

Timor-Leste has the highest rate of child malnutrition in Asia, and many children suffer from stunting, which makes a big impact on a child's growth and future. Home gardens and fishponds are helping families provide better nutrition for their children. What do you eat to stay healthy? What can you do to ensure children have enough food to thrive?

Visit crsricebowl.org to learn more.

Featured Rice Bowl Meatless Recipe

BATAR DA'AN RECIPE – TIMOR-LESTE (Squash, Bean, and Corn Stew)

- 1 large onion, diced
- 5 cloves garlic, minced
- 3 tbsp fair trade olive oil
- 3 cups water
- 1 butternut squash, cut into small pieces
- 1 10-oz. bag frozen corn
- 1 15-oz. can red kidney beans, drained
- Salt and pepper to taste
- 2 cups cooked rice

Sauté onion and garlic in olive oil over medium heat until tender. Add water and squash, and increase heat until water is simmering. Add corn and kidney beans, reduce to medium heat, and cook stirring occasionally for 15 to 20 minutes until squash is tender. Add salt and pepper to taste. Serve with rice.

Makes 4 servings.

Sponsor an Easter Lily!

Please help beautify our worship space for the great celebration of Easter by sponsoring an Easter Lily. Envelopes are available on the sign-in table in the gathering area. Please pick one up as you leave Mass today. Thanks!

The Bog Down in the Valley-o

The east side of Muldoon Road is known for being a bit of a bog, as we learned on St. Andrew's Day, 2018 when the John Paul II Center sank 18 inches and the structure was destroyed.

When the present church was built, the contractor had to dig down 28 feet at the east end of the site before they hit solid ground. Fortunately, Providence Hospital had a project going at the time that required them to remove huge amounts of gravel from their site. The Pastor, Fr. Moore, struck a deal where they would deposit all that good gravel into the hole. For what seemed like weeks an endless stream of trucks came through until the hole was filled and the ground stabilized. As a result our church building suffered only minor wall cracks and a few broken light fixtures in the earthquake.

*Do you have story from our past to share?
Contact the parish office, 337-1538.*

Our 50th anniversary is October 4, 2021!

WEEK AT A GLANCE

Sunday, March 14 - 4th Sunday of Lent

8:00 AM, Rosary Prayer before Mass, Day Chapel
 8:30 AM, Mass in Church and Hall, Communion follows
 11:00 AM, Mass in Church and Hall, Communion follows

Monday, March 15

Office Closed—No Public Mass today

Tuesday, March 16

5:30 PM, Mass in Church, Communion follows
 6:00 PM, Legion of Mary, Deacons Hall
 6:30 PM, R.C.I.A., via Zoom

Wednesday, March 17 - Solemnity of Saint Patrick

7:00 PM, Mass in Church, Communion follows

Thursday, March 18

10:00 AM, Adult Bible Study, Deacons Hall
 5:30 PM, Mass in Church, Communion follows
 6:00 PM - 7:00 PM, Confessions, Day Chapel
 6:00 PM - 8:00 PM, Eucharistic Adoration, Church

Friday, March 19 - Solemnity of Saint Joseph

5:30 PM, Mass in Church, Communion follows
 7:00 PM Stations of the Cross, Church

Saturday, March 20 - Vigil, 5th Sunday of Lent

3:00 PM - 4:00 PM, Confessions, Day Chapel
 4:30 PM, Rosary Prayer before Mass, Church
 5:00 PM, Mass in Church and Hall, Communion follows

Sunday, March 21 - 5th Sunday of Lent

8:00 AM, Rosary before Mass, Marian Shrine in the Cloister
 8:30 AM, Mass in Church and Hall, Communion follows
 11:00 AM, Mass in Church and Hall, Communion follows

All liturgies are livestreamed, then posted on
www.facebook.com/stpatsak

READINGS

March 14 - Fourth Sunday of Lent

2 Chr 36:14-17, 19-23; Ps 137:1-6; Eph 2:4-10; Jn 3:14-21

March 15 - Monday of the Fourth Week of Lent

Is 65:17-21; Ps 30:2, 4-6, 11-13; Jn 4:43-54

March 16 - Tuesday of the Fourth Week of Lent

Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-3, 5-16

March 17 - Saint Patrick, Bishop

1Pt 4:7b-11; Ps 96:1-2a, 2b-3, 7-8b, 10; Lk 5:1-11

March 18 - Saint Cyril of Jerusalem, Bishop and Doctor of the Church

Ex 32:7-14; Ps 106:19-23; Jn 5:31-47

March 19 - Saint Joseph, Spouse of the Blessed Virgin Mary

2Sm 7:4-5, 12-14, 16; Ps 89:2-5, 27, 29; Rm 4:13, 16-18, 22; Mt 1:16, 18-21, 24

March 20 - Saturday of the Fourth Week of Lent

Jer 11:18-20; Ps 7:2-3, 9-12; Jn 7:40-53

March 21 - Fifth Sunday of Lent

Jer 31:31-34; Ps 51:3-4, 12-15; Heb 5:7-9; Jn 12:20-33

MASS INTENTIONS

March 13, 2021 - March 19, 2021

Sat.	5:00pm	People of the Parish
Sun.	8:30am	Austin & Barbara Huck, ROS
	11:00am	Jen Koop, Birthday Blessings
Tues.	5:30pm	Oonagh Zielaskiewicz, ROS
Wed.	7:00pm	In Thanksgiving for our Parish Volunteers
Thurs.	5:30pm	
Fri.	5:30pm	Jerry Witt, ROS

ATTENDANCE LIVE AND VIRTUAL

Mass Date & Time	Church & Hall	Live stream	Mass Total	Total
Saturday, Feb 27 – 5 PM	83	378	461	
Sunday, Feb 28– 8:30 AM	74	256	330	
Sunday, Feb 28 – 11 AM	107	246	353	1413
Stations, Mar 5 - 7 PM	25	180	205	
Saturday, Mar 6 – 5 PM	79	254	333	
Sunday, Mar 7– 8:30 AM	71	725	796	
Sunday, Mar 7 – 11 AM	108	279	387	1721

Living Room Furniture for Sale

Bookcase - Chairs
 Entertainment Center
 With Glass Doors
 Call Helena at
 907-229-1614

Alaska Therapeutic & Aquatic Specialists, LLC

...we bring physical therapy to your door

Juliet Tardy, PT (907)310-2290

JulietT@AKAquaPT.com

I play the piano and organ...yes....

But my career and passion is helping Alaskans with their Real Estate needs and dreams! Realtor since 1999, call me today for a free, no obligation consult.

Mary Jo Cunniff Associate Broker
 Keller Williams Alaska Group
 907-317-3187

Your ad would look awfully good here, Patrick!

SUPPORT YOUR BULLETIN!

Your advertisement will help pay for the bulletin.

A 1x2 inch space = \$25.00 a month!

A 2x2 inch space = \$45.00 a month.

Six month minimum.



KEYSTONE CHIROPRACTIC
 907-360-8887

Dr. Garrett Haponski DC CCSP®
 Dr. Chelsea Haponski DC CCSP®

2217 E Tudor Rd, Suite 16
 Anchorage, AK 99507
www.akkeystone.com

*Follow us on Facebook & Instagram

Family Wellness, Pediatrics, Prenatal, Sports Injuries, Workers Comp, Personal Injuries, BERT III, and Massage Therapy

FRONTIER SAFETY & SUPPLY.com

Jon Hunt - Owner & Parishioner
 (907) 301-5155
joh@frontiersafetyandsupply.com

- CPR/AED & First Aid
- Mandit Training
- Stop the Bleed
- Wilderness First Aid
- Medication Administration
- First Aid Kit Refills
- AED Sales & Service



Online Giving

Give anywhere, any time!



Available on the App Store and Google Play

St. Patrick's Parish



Holy Week & Easter 2021



Holy Thursday, April 1st

Mass of The Lord's Supper—7pm

Good Friday, April 2nd

Stations of The Cross—3pm

Solemn Liturgy—7pm

Holy Saturday, April 3rd

Easter Vigil—8pm

Easter Sunday, April 4th

Masses:

7:30am

9:30am

11:30am



Health Talk 'n' Walk

GET FIT & LEARN

Join us at Goose Lake Park (2811 UAA Drive) for a brief outdoor seminar followed by a 40-45 minute walk on the Chester Creek Trail with our featured speaker.

- 5:45 pm - Check-in, get water, stretch.
- 6:00 pm - 15 minute health presentation.
- 6:15 pm - Walk at your own pace. Speaker will intermingle with the group to answer questions and expand on the topic.

This event is FREE. Be sure to dress for the weather. Masks or cloth face coverings are required. No pets, please.

Please RSVP if you plan to come. Email or Call Ruth at 264-1823 and leave a message with name and phone number. First come, first served up to 19.

2021 SCHEDULE

Date: Thursday, March 18th

Speaker: Ruth Townsend, MS, CWWPC

Topic: "Improving Your Psychological Well-being"

People who are psychologically healthy have a zest for living, a sense of contentment, the flexibility to adapt to change, the ability to build and maintain fulfilling relationships and are able to bounce back from adversity.

Join us and learn how the steps you can take, such as strengthening social connections, managing stress, being physically active, and more, will improve the way you feel and help you experience greater psychological well-being.

BONUS SCHEDULE - MORE TO COME!

Tue, Mar 23rd - "Fiberize Your Kitchen"

Wed, Mar 31st - "Preventing Slips, Trips & Falls - Indoors and Out"

Tue, April 6th - "Nuggets of Nutrition: Nuts and Seeds"

Thur, April 15th - "Stretch for Stress Relief & Other Benefits"

Thur, May 6th - "How to Avoid Energy Drains"



ALASKA REGIONAL
HOSPITAL

alaskaregional.com

