

BLESSED MOTHER TRAIL

Why?

Because Mary, the Mother of God, prays for us and leads us closer to Jesus.

Goals

To grow in our devotion to Mary and to share with others what we believe about Mary.

1. To understand why it is important to grow in our relationship with Mary.
2. To understand what the Church teaches about Mary.
3. To understand how to grow in our relationship with Mary as a family.

Equipment

- Rosary
- How to pray the Rosary pamphlet

Mileposts

1. Immaculate Conception
 - a. Be able to communicate that the Immaculate Conception is when Mary was conceived without original sin.
2. Mother of God
 - a. Be able to communicate that Mary is the Mother of God because she is the mother of Jesus, the Son.
3. How to Pray the Rosary
 - a. Be able to teach someone how to pray the Rosary.
4. Glorious Mysteries
 - a. Memorize the Glorious Mysteries of the Rosary
5. Marian Shrine
 - a. With your family, create a Marian shrine in your house.

Scripture and Church Documents

Scripture

- Genesis 3:15
- Matthew 1:18-25
- Luke 1:26-35
- Luke 1:46-55
- Revelation 11:19-12:18

Church Documents

- CCC 484-511
 - http://www.vatican.va/archive/ENG0015/___P1K.HTM
- Fulgens Corona, Pope Pius XII, 1953
 - http://w2.vatican.va/content/pius-xii/en/encyclicals/documents/hf_p-xii_enc_08091953_fulgens-corona.pdf
- Ineffabili Deus, Pope Pius IX, 1854
 - <http://www.papalencyclicals.net/pius09/pgineff.htm>
- Lumen Gentium (52-69)
 - http://www.vatican.va/archive/hist_councils/ii_vatican_council/documents/vat-ii_const_19641121_lumen-gentium_en.html
- Munificentissimus Deus
 - http://w2.vatican.va/content/pius-xii/en/apost_constitutions/documents/hf_p-xii_apc_19501101_munificentissimus-deus.pdf

SESSION PLANS

Session 1: April 7th, Formation Sunday at 1:15pm

Mileposts Covered:

1. Immaculate Conception
 - a. Be able to communicate that the Immaculate Conception is when Mary was conceived without original sin.
2. Mother of God
 - a. Be able to communicate that Mary is the Mother of God because she is the mother of Jesus, the Son.
3. How to Pray the Rosary
 - a. Be able to teach someone how to pray the Rosary.
4. Glorious Mysteries
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5. Marian Shrine
 - a. With your family, create a Marian shrine in your house.

Materials

- Rosary and Mystery templates for kids
- Milepost cards

Activity 1: Lecture about Mary in the Catholic Church

Activity 2: Discuss the goals and activities with families about Mary.

Activity 3: Group discussions-get into groups to discuss mileposts and goals.

Activity 4: Comments, Question and concerns

Adoration

Dismissal

Session 2: April 14th, Hiker Session at 10am

Mileposts Covered:

1. Immaculate Conception
 - a. Be able to communicate that the Immaculate Conception is when Mary was conceived without original sin.
2. Mother of God
 - a. Be able to communicate that Mary is the Mother of God because she is the mother of Jesus, the Son.

Materials:

Story of Mary Cards for all students
Crossword puzzle of Mary
Fill in the blanks
Chart Paper
Markers

Vocabulary:

Immaculate Conception: Born free from sin
Original (first) Sin: consequence of Adam and Eve
Sin: When you choose to do wrong on purpose against God's teaching
Ave Maria- Hail Mary

Milepost 1: Immaculate Conception
Milepost 2: Mother of God

Activity 1 Read the verses and discuss
Genesis 3:2-6 (original sin)
Roman's 5:19 (Sin)

Milepost 2: Mother of God

Activity 2 Story of Mary Cards

1. Discuss The story of Mary
2. Fill in and draw pictures
3. Role play

Milepost 1: Immaculate Conception

Activity 3

Feast day (Holy day) for Immaculate Conception: December 8th

Fill in Feast day worksheet as a group.

Memory Game of Feast days
Review all Mileposts at the end of class.

Closing Prayer

Dismissal

Session 3: Hiker Session at 10am

Mileposts Covered

4. How to Pray the Rosary
 - a. Be able to teach someone how to pray the Rosary.
5. Glorious Mysteries
 - a. Memorize the Glorious Mysteries of the Rosary
6. Marian Shrine
 - a. With your family, create a Marian shrine in your house.

Materials

Rosaries for each student
Rosary cards
Glorious Mystery coloring pages
Glorious Mystery and Rosary templates
Bible
Construction paper

Vocabulary:

Rosary
Mysteries
Joyful, Sorrowful, Glorious and Luminous
Marion
Shrine

Milepost 3: How to Pray the Rosary

Activity 1: Teach why it is important to pray the rosary.

1. Ask why it is important to pray the rosary. Have kids discuss with partners, then discuss as a group.
2. Hand out steps of the rosary-go over. Practice by saying a decade at the beginning of class and end of class.

Milepost 4: Glorious Mysteries

Activity 2: Teach about the mysteries.

1. Joyful, Sorrowful, Glorious and Luminous-Events of Mary and Jesus' life.
2. Glorious Mysteries- Have students get in partners and research one of the mysteries. Next have them make a poster to describe the mystery. Share it with the class and tell why it is important.

Milepost 5: Marion shrine

Activity 3: Discuss the importance of a Marion Shrine.

1. Show examples- pictures and real ones. Discuss what they could do at home. If time draw a picture of one to make at home. Make a list of what they need.

Activity: 4: Hand out rosaries to all kids. Say a decade or two of the rosary in class.

Review all Mileposts with students. Work with all kids knowing everyone learns differently to master the mileposts.

Closing Prayer
Dismissal