DIOCESAN CONFIRMATION RETREAT ANSWER SHEET (Turn into DRE/Catechist after completion)

Section 1:

1. In what do I put my desire? What is it that makes me happy?

2. How has this quest for happiness been successful? How has this quest for happiness fallen short?

3. Take a few minutes to look at what the bible says about our happiness, understanding that the word “blessed” also means happiness. List three verses that speak to what fulfills our happiness.

4. a. How do I view faith in my life? Is it just one of many parts of my life, and maybe not a very important part at that, or does my faith pervade every other aspect of my understanding that Jesus is the heart and center of my life and the reason I was created?

   b. What does Jesus say about what fulfills our happiness (or joy)?
Section 2:

1. Who in your life makes you happy? What qualities do they possess that you like?

2. What kind of relationship do you have with God? In what ways do you find fulfillment with God? In what ways is your relationship with God not fulfilling?

Spiritual Experience: What experience did you choose?

1. How was prayer for you?

2. What did you experience?

3. Did you encounter Jesus in any particular way (did He speak to you or give you vision)?
Final Section:

1. What can we do together as a family to live a life that seeks God?

2. Share a time in your life when you felt a grace from God. This could be peace that seemingly came out of nowhere or joy while in the midst of an unjoyful situation.