

# Monthly Devotion to Our Lady of Perpetual Help

Exposition

*Song 130 (please kneel)*

*O saving Victim, opening wide  
the gate of heaven to us below;  
our foes press on from every side;  
your aid supply; your strength bestow.  
To your great name be endless praise.  
Immortal Godhead One in Three  
O grant us endless length of days  
When our true native land we see.*

**P:** Most holy and Immaculate Virgin and our Mother Mary, you are our Perpetual Help, our refuge and our hope.

**ALL:** We come to you today. We thank God for all the graces received through your intercession. Mother of Perpetual Help, we promise to love you always and to do all we can to lead others to you.

**P:** Mother of Perpetual Help, confident of your powerful influence with God, obtain for us these graces:

**ALL:** The strength to overcome temptation, a perfect love for Jesus Christ, and a holy death so that we will live with you and your Son for all eternity.

**P:** Let us pray as a community of faith. Mary, all generations have called you blessed, and the Almighty has done great things for you.

**ALL:** Mother of Perpetual Help, we call upon your most powerful name. Your very name inspires confidence and hope. May it always be on our lips, especially in time of temptation and, at the hour of our death. Blessed Lady, help us whenever we call on you. Let us not be content with merely pronouncing your name. May our daily lives proclaim that you are our Mother and our Perpetual Help.

**P:** Let us pray for our temporal wants:

**ALL:** Mother of Perpetual Help, with the greatest confidence we kneel before you. We implore your help in the problems of our daily lives. Trials and sorrows often depress us; misfortunes and privations being misery into our lives; everywhere we meet the cross. Comforter of the Afflicted beg your Son, Jesus, to strengthen us as we bear our burdens and to free us from our sufferings. Or if it be the will of God that we should suffer still longer, help us endure all with love and patience. May we follow the example of your Son, and through him, with him, and in him, commend ourselves to the care of our heavenly Father.

**P:** Let us now present our petitions and our thanks. Lord Jesus Christ, at a word from Mary your

Mother, you changed water into wine at Cana of Galilee. Listen now to the People of God gathered here to honor Our Mother of Perpetual Help. Grant our petitions and accept our sincere thanks.

**P:** Grant wisdom and guidance to our Holy Father, Pope Francis, our Bishop Allen, our priests, and all the leaders of our nation, state, and community.

**ALL:** Hear us, Lord, through Mary our Mother.

**P:** Grant peace and unity throughout the world, especially in our homes and families.

**ALL:** Hear us, Lord, through Mary our Mother.

**P:** Grant that young people respond generously to the call of the Holy Spirit in deepening their faith and choosing their vocation in life.

**ALL:** Hear us, Lord, through Mary our Mother.

**P:** Grant us continued health of mind and body, and help the sick, especially . . . , to regain their health according to your holy will.

**ALL:** Hear us, Lord, through Mary our Mother.

**P:** Grant eternal rest to all our deceased, especially . . . , and to the souls of all the faithful departed.

**ALL:** Hear us, Lord, through Mary our Mother.

**P:** Let us pause now to silently present our own petitions to Our Mother of Perpetual Help.... (silent prayer)

**P:** Lord, accept our thanks for the new life of grace you gave us.

**ALL:** We thank you, Lord, through Mary our Mother.

**P:** Accept our thanks for all the graces received through the sacramental life of the Church.

**ALL:** We thank you, Lord, through Mary our Mother.

**P:** Accept our thanks for the spiritual and material blessings we have received.

**ALL:** We thank you, Lord, through Mary our Mother.

**P:** Let us pause now to silently thank Our Mother of Perpetual Help for our own favors received.

**P:** We pray for the sick:

**ALL:** Lord, look upon your servants laboring under bodily weakness. Cherish and revive the souls which you have created so that, purified by their suffering they may soon find themselves healed by your mercy.

We ask this through Christ our Lord. Amen.

**P:** May the Lord Jesus Christ be with you that he may defend you, within you that he may sustain you, before you that he may lead you, behind you that he may protect you, above you that he may bless you in the name of the Father, the Son, and the Holy Spirit.

**ALL:** Amen.

**P:** Let us renew our confidence in Mary as a perpetual help.

**ALL:** Mother of Perpetual Help, you have been blessed and favored by God. You became not only the Mother of the Redeemer, but the Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is might has done great things for you, and his mercy is from age to age on those who love him. Our greatest fear is that in time of temptation, we may fail to call out to you, and become lost children. Intercede for; us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Mother of Perpetual Help.

### ***Act of Consecration***

**ALL:** Our Lady of perpetual Help united with the people around the world, we consecrate ourselves to your service. We promise to renew this dedication once a month and frequently to receive the sacraments. We beg you to obtain for us the grace to imitate your great servant, St. Alphonsus, in his love for you and your Son

**P:** Let us unite with the Christians of all ages in praising Mary and in committing ourselves to her powerful protection:

**ALL:** Hail Mary...

**P:** Pray for us, O holy Mother of God.

**ALL:** May we may become worthy of the promises of Christ.

**P:** Let us pray. Lord Jesus Christ, who gave us your Mother Mary, whose image we venerate, as a mother ready at every moment to help us; grant, we beg you, that we who call on her help my always enjoy the fruit of your redemption. We ask this through you who live and reign forever.

**ALL:** Amen.

Benediction (song 132)

Come adore this wondrous presence  
Bow to Christ the source of grace  
Here is kept the ancient promise  
Of God's earthly dwelling place.  
Sight is blind before God's glory,  
Faith alone may see His face.  
Glory be to God the Father  
Praise to his coequal Son  
Adoration to the Spirit,  
Bond of love, in Godhead one.  
Blest be God by all creation  
Joyously while ages run. Amen.

### **Prayer**

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood, help us to experience the salvation you won for us and the peace of the kingdom, where you live with the Father and the Holy Spirit, one God, for ever and ever.

### ***Divine Praises***

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true Man.  
Blessed be the Name of Jesus.  
Blessed be His Most Sacred Heart.  
Blessed be His Most Precious Blood.  
Blessed be Jesus in the Most Holy Sacrament of the Altar.  
Blessed be the Holy Spirit, Consoler.  
Blessed be the great Mother of God, Mary most Holy.  
Blessed be her Holy and Immaculate Conception.  
Blessed be her Glorious Assumption.  
Blessed be the Name of Mary, Virgin and Mother.  
Blessed be St. Joseph, her most chaste spouse.  
Blessed be God in His Angels and in His Saints.

### ***Closing Song - Immaculate Mary***

Immaculate Mary, your praises we sing  
Who reigns now with Christ, our Redeemer and King.  
Ave, Ave, Ave, Maria! Ave, Ave, Maria!  
In heaven the blessed your glory proclaim  
On earth we, your children, invoke your fair name.  
Ave, Ave, Ave, Maria! Ave, Ave, Maria!

