

September ~ Blessing of Change and Letting Go

Change is natural if not always smooth as we move from one phase of life to another. The month of September brings us a change of seasons: The warmth of summer gives way to mornings with a touch of chill in the air; the evenings come earlier as the days shorten in the rhythm of the season.

Change means letting go and accepting what will come: we must allow the comfortable to be replaced by new urgencies. Without the season of fall, summer's growth would never become the harvest; it is now time for seeds to begin the process for the next life cycle.

This blessing may be used at a family gathering, outdoor event, or a cookout. The reflection will help to draw attention to the signs of change which our natural surroundings provide.

Opening Prayer

Let us pray: O Lord, you mark the journey of life with change. Once again we witness your creation moving from one season to the other. Change is your instrument of growth that brings us to a deeper relationship with you. May your Word be the lantern that guides the roads of change in our lives. We ask this through Christ our Lord. Amen.

Closing Blessing

(Invite all to raise their hands and arms in prayer.)

O Divine Artist, we give you praise for the wonders of this summer that now draws to a close. We are thankful for such wonders as the sunshine, the rain, the song of birds, the garden produce, the family gatherings, for the cuttings of hay and the sweet smell of flowers.

Now a new season is coming, one that causes us to move indoors for school and that changes to green to red, brown and harvest gold. But change is difficult for your people. It makes us feel awkward and anxious.

Help us to learn from all of nature how life must change.

Bless this change that is occurring in the land around us. Bless the passages and the transitions that happen in our lives. And when these changes in life cause us pain and anguish, guide us to healing and deeper understanding.

May we let go with courage and allow you to lead us another step closer to your Promised Land. We ask this through Christ our Lord. Amen