

**Keeping Kids SAFE**  
**Education of Children, Youth, and Parents**  
**Curriculum for the Diocese of Victoria (2020)**

**362.7 L54p-Book, four copies**

**A Parent's Guide: Preventing Child Sexual Abuse - Making Safe Choices (Parents of Grades PK-8)**

**Lentz, Mary A.**

The Parent's Guide contains examples of discussions between parents and children of different age groups concerning issues of child abuse. The book alerts parents to situations and dangers they should watch for in order to prevent their children from being abused. It also informs them about what their children are learning in school concerning how to stay safe. Parents are also given examples of the right words and attitudes they should use in talking to their children about issues surrounding abuse.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Peter Li, Inc., 2003

**1511-Video, one copy**

**Abuso Sexual Infantil En La Comunidad Hispana– En Español with English Subtitles (Parents ONLY)**

**You Have the Power**

Carmen and Soledad were both sexually abused as children by family members. Now, as adults, they share their stories. Gabriella, a therapist with the Nashville Child Advocacy center, talks about tactics offenders use with victims, how abuse can be prevented, why children don't tell, and the healing process. Mary, an attorney and Hispanic advocate, discusses why the Hispanic community is hesitant to report. She emphasizes that reporting is important and encourages viewers to learn about their local laws so they will be able to get help for both the victim and offender. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© You Have the Power, 2001

**1437-Video, one copy**

**Anger: You Can Handle It (Grades 7-12)**

**Sunburst Visual Media**

It is essential for teenagers to learn that it is possible to control their anger. ANGER: YOU CAN HANDLE IT shows high school students that there are safe, nondestructive ways of expressing and dealing with this most troubling of human emotions. This video comes with a study guide that will allow the students to role-play anger management skills that they can incorporate into their daily lives and defuse anger long enough to find nonviolent ways of responding to provocative situations. \* In order to be recognized by USCCB Charter as an educational Video, we must discuss how anger can lead to different types of abuse: \*emotional, \*neglect, \*physical, and \*sexual. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© 1995 Sunburst Visual Media

**1506-Video, one copy**

## **Behind the Screens: Child Sex Abuse on The Internet (Parents & Grades 6-12)**

**You Have the Power**

The Internet may be a seemingly innocent way to make friends, but victims and experts issue a stern warning and offer advice on how to stay safe online. Predators will give the attention and compliments that teenagers are craving, especially if they are lonely and self-conscious. Even if you have taken precautions, using filtering software and avoiding chat rooms, you can still be fooled.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© You Have the Power, 2002

**1460- Video, one copy**

## **Believe Me (Grades 3-4)**

**Mitchell, J. Gary**

This video is designed for grade levels 3-4 and comes with a discussion guide to help teachers, parents, and children learn to recognize sexual abuse. Viewers will understand the importance of continuing to tell until someone believes you; realize that even a beloved family member can be an abuser; discover that touching that makes a child feel confused, uncomfortable, or scared is bad; learn that sometimes it's hard for a parent to believe a child is being abused because of the parent's relationship to the abuser; recognize that even though abusers frequently tell children to keep the abuse a secret, the abused child should always tell an adult about it; understand how awful it feels not to be believed.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Kid Safety of America, 1995

**1520- DVD, two copies**

## **Bully No More: Stopping the Abuse (Grades 4-8 ONLY)**

**AIMS Multimedia**

Host Ruby Unger talks with a wide range of kids who tell how to keep from being a target of bullies, how to stop bullies and get them help, and what to do if you're a witness. This research-based program addresses the four types of student peer abuse -- physical, verbal, emotional, and sexual. Animation and humor are used to illustrate the teaching points, while role-playing examples demonstrate "win-win" techniques for handling bullies. Messages stress respect, compassion, assertiveness, and non-violence. Ruby Unger was "Ms. Nancy" on TV's Romper Room, San Francisco. A former special education teacher, she is the creator of a number of award-winning educational videos, also distributed by AIMS, for children in primary through secondary grades. Her warmth and comic style put kids at ease as together they find the solutions to everyday tough situations.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Kid Safety of America, Unknown

**1336-DVD, one copy**

## **Bullying: What Every Adult Needs to Know (Parents of Grades 6-12)**

**Brown, Mark**

As long as there have been schools, there have been bullies teasing, threatening, punching, and kicking their peers. But we know today that bullying has serious consequences for both the victims and the bullies, ranging from low self-esteem to suicide. Young people need guidance from the adults in their lives to deal with bullying in a healthy way. *Bullying: What Every Adult Needs to Know* educates adults about what bullying is and what they can do to help the young people in their lives when bullying is a problem. Featuring Mark Brown, a Youth Motivational Specialist, as well as Lynne Reeves Griffin, Director of Proactive Parenting. Study guide is included. Length: 25 minutes. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Paraclete Press, 2003

**3017- DVD, two copies**

## **Bystander Intervention: Putting a Stop to Sexual Assault (Grades 9-12)**

**Human Relations Media**

This program carefully teaches the skills of safe bystander intervention, a strategy that has proved effective in reducing the risks of sexual assault. The goal is to create a community-wide understanding of how to recognize risky situations and safely diffuse them. The video begins by dramatizing the infamous Kitty Genovese case where many bystanders heard a young women's cries for help, but all failed to intervene, or even call the police. This failure to act became known as the bystander effect. Bystander intervention, as explained in the video, is a powerful tool that arms bystanders with techniques to counter bystander effect to become active bystanders. Using dramatizations of potential sexual assault situations, viewers are taught three safe ways to react; intervene directly, create a distraction, or call 911 for help. Real teens that have successfully intervened describe how they followed the principles and were able to diffuse or disrupt a potentially risky situation. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

Human Relations Media, Copyright Protected

**1461-Video, one copy; DVD, one copy**

## **Can't Fool Me! (Grades 2-5)**

**Yello Dyno**

A picture is worth a thousand words...so give kids a chance to study Tricky People-the way they act, the words they use, and the way kids can respond to protect themselves. With the help of the children's safety champ Yello Dyno and the music of the Yello Dyno Band, it's fun to learn the safe way to handle tricky situations. Kids will know in their hearts that Tricky People CAN'T FOOL ME! PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS. © Yello Dyno, 2001

**62.7 Sch1c-Book, four copies**

## **Catie the Caterpillar (Grades PK-1)**

**Schamburg, Tracy M.**

Catie is a sweet little caterpillar who suddenly stops eating, sleeping, playing and praying because she is keeping a terrible secret: she is being sexually abused by her uncle. With the help of a wise old caterpillar counselor, Catie is finally able to reveal her trauma and get the support she needs and deserves. She is transformed into a beautiful butterfly, a symbol of the freedom that accompanies the healing process and of the victory over shame won by the Holy Spirit. Talking about abuse is only the first step to recovery, so Catie's story is followed by discussion questions to further facilitate the therapeutic process and bring to life God's real and constant love for us all. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Liguori, 2006

**1441, 1442- Video, two copies**

## **Child Abuse & Neglect: A Prevention and Reporting Guide (Parents)**

**Kid Safety of America**

Designed especially for parents, teen parents, foster parents, stepparents, and grandparents also benefit as they receive valuable information in simple, yet effective language and style. The images and effects are modern to keep viewers attentive. With the help of experts, social workers, educators, parents, and victims, viewers learn about child abuse and neglect. The objective of this program is to raise the consciousness of parents that they are the primary protectors of their child. They can, therefore, prevent abuse, stop abuse, and report abuse. This program teaches them how. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Kid Safety of America, 2001

**1445-Video, one copy**

## **Child Abuse & Neglect: A Prevention and Reporting Guide – En Español (Parents)**

**Kid Safety of America**

Designed especially for parents, teen parents, foster parents, stepparents, and grandparents also benefit as they receive valuable information in simple, yet effective language and style. The images and effects are modern to keep viewers attentive. With the help of experts, social workers, educators, parents, and victims, viewers learn about child abuse and neglect. The objective of this program is to raise the consciousness of parents that they are the primary protectors of their child. They can, therefore, prevent abuse, stop abuse, and report abuse. This program teaches them how. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Kid Safety of America, 2000

**3007-Video, two copies**

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© Kid Safety of America, mmi

**1443 DVD, four copies**

## **Child Lures: PREVENTION: Think First and Stay Safe- Presenter LURING: What Would You Do? Student (Grades K-6)**

**Child Lures Prevention**

This video is the first part of a two-part series. Crimes against children know no boundaries. Sexual exploitation, abduction, Internet crime, drug abuse, and school violence occur at every socioeconomic level and across all geographic boundaries. The good news is that many of these crimes are preventable. It is imperative to teach students personal safety skills that will enable them to take an active and necessary role in protecting themselves from such crimes. By giving children the tools that enable them to recognize and avoid potentially dangerous situations and people, we give them a better chance of growing up into happy, healthy, and productive adults. The CHILD LURES SCHOOL PROGRAM is a personal safety program designed for students of all ages. The Presenter's Instruction Guide contains separate scripted lessons plans for elementary students and middle/high school students. Indeed, these are important life skills students can take into adulthood. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Child Lures Prevention, 2011

**1641- DVD, one copy**

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**Child Lures, Ltd.**

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PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Library of Congress, 2008

**1762-Presenter's Guide-Power Point, three copies**

## **Child Lures: PREVENTION: Think First and Stay Safe- Presenter LURING: What Would You Do? Student (Grades K-6)**

### **Child Lures Prevention**

The Educational Goals are:

- To establish an understanding that the vast majority of people are decent, caring individuals who are protective of youngsters.
- To assure students that laws exist to protect their safety because bullying, sexual abuse and harassment are against the law.
- To advise students that they have rights too, including a right to live free of abuse.
- To encourage students to rely on a combination of skills learned, critical thinking and instincts to help ensure their personal safety.
- To nurture each youngster's sense of individual worth and urge them to recognize and respect the worth of others.
- To strive for kinder, more tolerant students in an effort to lower the incidence of all forms of aggressive behavior.
- To promote disclosure of any type of threat to a youngster's safety.
- To assure youngsters with thoughts of abusing others that help is available.
- To reduce the feelings of guilt and blame often felt by children who are mistreated.
- To encourage parents to take an active role in the personal safety education of their children.

You will need Laptop/Projector. Can be used alone or in conjunction with Child Lures Prevention Kit/Video. Will work on Adobe 7.0 or higher

© Child Lures Prevention, 2011

**2009-USB, one copy**

## **Child Lures: PREVENTION: Think First and Stay Safe- Presenter LURING: What Would You Do? Student (Grades K-6)**

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PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS. © Child Lures Prevention, 2011

**3002-DVD, four copies**

## **Chosen**

**Shared Hope International (NR Grades #-#)**

As traffickers narrow their target to lure younger and younger victims, America's youth find themselves engaged in a battle they never prepared for. Learn the shocking true stories of two 'All-American' teenage girls tricked into being trafficked. Eighteen-year-old Brianna was an honor-roll student, cheerleader and worked at a local café. Thirteen-year-old Lacy was an active member of her youth group, and a volunteer in her community. Both were chosen.

This comprehensive video resource equips teens to recognize the warning signs of sex trafficking to protect themselves and their peers from being recruited for sex trafficking.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Shared Hope International, 2014

**3014-DVD, one copy**

## **Cliques: Where Do You Fit In?**

**Human Relations Media (Grades 5-9)**

Explains the nature of cliques, why they develop, how clique leadership controls members, how at best cliques help establish group identity, and how at worst they can be destructive. Using an attention-grabbing mix of student interviews and cartoon animations, program provides insight and perspective into the lives of young teens who are "in with the 'in' crowd" as well as those who are on the outside looking in. Answering the question, "Am I popular?" takes on new meaning as students weigh the pros and cons of exclusionary friendships. Demonstrates that friendships with a wide range of students are both enriching and necessary for a fully developed personality and life experience; and that by building awareness and tolerance students can avoid the down side of cliques. A guidance counselor and two young hosts offer advice about how to deal with being excluded, avoid social bullying, and find support from friends.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Human Relations Media, 2010

**362.7 M17c-Book, one copy**

## **Creating Safe and Sacred Places (Parents/Teachers)**

**McGlone, Gerard J.**

One of the most important strategies for preventing abusive experiences is to educate communities on the signs and characteristics of "right" and "not right" or abusive relationships. This manual includes in-depth discussion on sexual abuse, sexual offenders, and signs of abuse, as well as a candid chapter regarding sexual abuse and the Church. It also includes a compelling reflection written by a sexual abuse survivor. This program is designed for grades 7-12. Parish and school leaders, as representatives of the Church, have a distinct responsibility to be advocates for our young people in the Church arena. Parents and caretakers must have confidence in these institutions before they will allow their children to become involved with them.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© St. Mary's Press, 2003

**362.7 D37c-Book, one copy**

## **Creating Safe and Sacred Places for Young Adolescents (Parents/Teachers)**

**Delgatto, Laurie**

In recent years, our Church and society have begun to understand the pervasiveness of child sexual abuse. As our awareness of the effects of child abuse grows, frustrated educators and church leaders continue to look for ways we can prevent abuse from happening to children. **CREATING SAFE AND SACRED PLACES FOR YOUNG ADOLESCENTS** was written in response to the ever-growing need to educate young adolescents (grades 5-8) in the prevention of sexual abuse. The manual includes three sixty-minute educational sessions for 5<sup>th</sup> and 6<sup>th</sup> graders, as well as three sixty-minute sessions for 7<sup>th</sup> and 8<sup>th</sup> graders.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© St. Mary's Press, 2007

**1521-Video, two copies**

## **Cyber-Seduction: Danger on the Web (Grades 7-12)**

**Mitchell, J. Gary**

This documentary explores a new and growing threat to all children with access to the Internet. It demonstrates through the real-life stories of two teenagers and their mothers, it is now possible for a sexual predator to masquerade behind the anonymity of a chat room and pretend to be a trusted friend. By telling their stories, these teens hope to prevent other kids from being conned into life-threatening situations. In hindsight, each mother sees clues that could have been helpful in protecting her child from harm. An FBI Special Agent explains that the Internet is providing a venue for strangers to come into the home and gain the trust of unsuspecting kids. A psychologist focuses on the underlying causes of the problem. The National Center for Missing and Exploited Children provides simple, effective ground rules for avoiding trouble while online. This program prepares parents to create a relationship with their children that will promote safe use of the Internet. Discussion guide included under the cover. **PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© KidSafety of America, 1999

**1519-Video, one copy**

## **Cyber-Seduction: What Parents Need to Know (Parents of Grades 7-12)**

**Mitchell, J. Gary**

This documentary explores a new and growing threat to all children with access to the Internet. It demonstrates through the real-life stories of two teenagers and their mothers that it is now possible for a sexual predator to masquerade behind the anonymity of a chat room and pretends to be a trusted friend. By telling their stories, these teens hope to prevent other kids from being conned into life-threatening situations. In hindsight, each mother sees clues that could have been helpful in protecting her child from harm. An FBI Special Agent explains that the Internet is providing a venue for strangers to come into the home and gain the trust of unsuspecting kids. A psychologist focuses on the underlying causes of the problem. The National Center for Missing and Exploited Children provides simple, effective ground rules for avoiding trouble while online. This program prepares parents to create a relationship with their children that will promote safe use of the Internet. Discussion guide included under the cover. **PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© KidSafety of America, 1999

**1708-DVD, one copy**

## **Dangerous Decisions: Learning to Think Before You Act (Grades 9-12 ONLY)**

**Human Relations Media**

\*THIS VIDEO CONTAINS DISCUSSION REGARDING TEENAGE PREGNANCY IN CHAPTER 3. YOU MAY SKIP THIS SECTION. IF IT IS USED, PERMISSION MUST BE OBTAINED FROM YOUR PASTOR OR PRINCIPAL AND STRONG CATHOLIC VIEWPOINTS MUST BE INTERJECTED.\*

DANGEROUS DECISIONS: LEARNING TO THINK BEFORE YOU ACT was created to provide teens with an array of skills and strategies that will help them to stop and think before they act. Viewers will see various types of dangerous situations that can lead them to make bad decisions. They will also learn to deal with pressure from peers, and they will be given resources for where and how to get help. In this way, viewers will be educated about the pitfalls that dangerous decisions can have and also learn how to make positive decisions about their lives. Discussion guide included. REMEMBER, STRONG CATHOLIC VIEWPOINTS MUST BE INTERJECTED THROUGHOUT THE ENTIRE VIDEO!

© Human Relations Media, 2010

**1672-DVD, one copy**

## **Dealing With Anger (Grades 6-8)**

**Human Relations Media**

Uncontrolled anger among teens is one of our nation's largest concerns. This program gives middle school students the tools they need to recognize and deal with their own frustration and stress. This DVD explores a variety of situations that can trigger angry feelings--Erin is rejected by a boyfriend, PJ is embarrassed in front of his peers, Toby is taunted by a classmate. Each scenario invites class discussion. For each, a positive strategy is offered for expressing and channeling anger. This DVD also closely analyzes the consequences of misguided emotions and quick tempers. The program provides a solid set of alternatives for dealing with anger in a healthy way. The DVD and accompanying print materials teach students to take note of the warning signs of rage, to classify gradations of anger, and to appreciate the benefits of patience, self-control, and other anger management techniques. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Human Relations Media, 2000

**2013-DVD, one copy**

## **Dealing with Teen Dating Abuse: Crossing the Line (Grades 9-12)**

**Human Relations Media**

Crossing the Line is a vital tool for combating teen dating violence and abuse. In a nationwide survey by the Centers for Disease Control, 10% of high school students reported being physically abused by a boyfriend or girlfriend. An effective program to combat teen dating abuse is an essential part of any high school health and guidance curriculum. This is the story of Megan – a happy, athletic, “A” student who wants desperately to be in a relationship and have a boyfriend. She connects with Matt, who seems at first to be her soul mate. As their relationship evolves, Matt monopolizes more and more of Megan’s time. He isolates her from her friends and activities, abuses her verbally and eventually becomes physically violent. The program tells Megan’s story in dramatic vignettes that are grounded in the latest research on teen dating abuse. Your students will relate to Megan, Matt and their peers as they bring the causes and consequences of teen dating abuse to life. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© 2012, Human Relations Media

**2010-DVD, one copy**

## **Digital Smarts: Behaving Ethically Online (Grades 7-12)**

**Human Relations Media**

Cyber ethics and respect for others online are critical skills to acquire for today's connected teens. The message of this teen-centered video is that all students have a responsibility to behave ethically online and to know how to react when others behave in inappropriate ways. Teen hosts discuss the ethics of issues such as distributing unflattering pictures or posts aimed at harming someone's reputation and the importance of respecting the privacy of others. They emphasize the importance of respecting the safety of others and becoming an upstander rather than a bystander when witnessing abusive behavior online. One teen gives a real-life account of the devastating effects of being cyber bullied. Student interviews expose the extent of plagiarism among their peers and student attitudes about plagiarism. The program details the differences between legitimate online research and plagiarism. Similarly, the differences between legitimate sharing online and piracy are clearly spelled out as are the ethical implications and legal risks of stealing someone else's work.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

©2013, Human Relations Media

**2002 DVD, one copy**

## **Digital Smarts: Protecting Your Online Reputation & Safety (Grades 7-12)**

**Human Relations Media**

Cyber reputation, security and safety have become important topics for students to understand and master. This engaging video program encourages students to think critically about the opportunities and risks provided by their many digital devices. Real-life dangers from predators, spammers and identity thieves are revealed through teen interviews and accounts from experts in cyber security and safety. Students learn why it is important to choose passwords that are hard to guess and why they should not share their passwords with others. Students are challenged to think about ways that digital technology can be used to enhance or damage their reputations. Teens talk about how compromising photos and other postings online became part of their permanent digital footprint. The video provides specific advice about how to protect students' privacy, security and online reputations. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© 2013, Human Relations Media

**1644-DVD, two copies**

## **End the Silence: Stop the Bullying (Grades 7-12)**

**Sunburst Visual Media**

End the Silence: Stop the Bullying is designed for educators to use in the effort to help young people see that they have the power to stop bullying episodes from happening. Real-life scenarios engage students and challenge their belief that bullying is an insurmountable problem. Presenting anti-bullying strategies helpful to both students and staff, this program demonstrates what can happen when both work together to create a positive school environment that is not only conducive to learning but is felt to be safe and supportive. This program also shows teens that they are not powerless in the face of bullying when they decide to join together and end the silence. A teacher's guide is included.

PLEASE REMEMBER TO INTERJECT CATHOLIC VIEWPOINTS.

© Sunburst Visual Media, 2004

**2008-DVD, one copy**

## **Exploring Healthy Relationships (Grades 8-12)**

**Human Relations Media**

By introducing us to the four keys of a healthy relationship; mutual respect, open communication, trust and boundaries, Dr. Deborah Gatins, a clinical psychologist, helps students figure out how they can use these keys more successfully in everyday life. This video follows two families as their teenage children negotiate relationships with parents, siblings, friends, teachers and even employers. It is an intimate portrait of how real families in this new millennium work (most of the time) and do not work (some of the time). Not only will your students learn a new "relationship vocabulary," they will get a firm grasp on ways to have healthier relationships. They will also learn to accept mistakes made by parents and other adults with understanding and humor. An extensive teacher's resource book allows this program to be used over four days as part of a mini-curriculum. PLEASE REMEMBER TO INTERJECT CATHOLIC VIEWPOINTS

© 2002, Human Relations Media

**3013-DVD, one copy**

## **Frenemies: Unhealthy Friendships and What to Do about Them (Grades 3-5)**

**Human Relations Media**

*What is a frenemy?* How can you recognize a frenemy? How can a frenemy hurt you? Can you fix a relationship with a frenemy? When do you walk away from a friendship? This 18-minute video and print curriculum explores friendships gone awry and provides elementary students with strategies for coping with difficult friendships. True-to-life scenarios help kids identify when a friendship has turned negative and clearly demonstrate proven, constructive actions that work.

PLEASE REMEMBER TO INTERJECT CATHOLIC VIEWPOINTS.

© Human Relations Media, 2013

**2005-DVD, one copy**

## **Gum In My Hair: How to Cope with Bullying (Grades 4-9)**

**Human Relations Media**

One of the first and most popular anti-bullying videos, *Gum in my Hair Version 2.0* includes new research, all new interviews and a new approach to tackling the age-old problem of bullying in schools. Like the original, which is being used in thousands of schools across North America and Europe, Gum in my Hair 2.0 is energetic, entertaining, and—most importantly—effective. The video emphasizes: the role of the bystander in fueling or defusing a bullying incident, empathy and how teaching it can prevent bullying in the hallways, why it's important to focus on "bullying" rather than just the bully, the fact that having one or two friends or allies significantly reduces a child's chances of being bullied.

PLEASE REMEMBER TO INTERJECT CATHOLIC VIEWPOINTS

© Twisted Scholar, 2012

**1440-Video, one copy**

## **Handling Dating Pressures and Harassment (Grades 9-12 ONLY)**

**Pritchard, Michael**

Filmed across America, in real schools with real students, each PEACE TALKS video program turns its attention to one aspect of the spectrum of violence that young people face in their everyday lives. This particular video deals with dating pressures, such as dangerous or abusive relationships and sexual harassment. It also emphasizes the value of positive self-esteem and that violence is a choice, and each and every one of us can reduce violence and make our lives safer by choosing peace. Choosing peace means understanding that violence is not random, universal, or inevitable. We can prevent and reduce violence by choosing to avoid or deescalate conflicts and avoid risk factors for violence.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS: celibacy, abstinence.

© Kid Safety of America, 1997

**362.7 A1h-Book, one copy**

## **Hands are Not for Hitting/Las Manos no Son para Pegar (Grades PK-2)**

**Agassi, Martine**

\*Presenters must read entire book and review pages 30 and 31 or 32 in order for safe environment requirements to be met.\* There are so many good things hands can do. There are so many ways to handle strong feelings without hitting. Children learn how to express themselves that are alternatives to using their hands to hit. This book is meant to be read aloud and includes sections for adults which give ideas for activities. The book text is presented in both Spanish and English.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS: celibacy, abstinence.

© Agassi, Martine. Hands Are Not For Hitting. Free Spirit, 2009.

**1670-DVD, one copy**

## **Hurting With Words: Understanding Emotional Violence and Abuse (Grades 8-12)**

**Human Relations Media**

This compelling DVD is designed to raise students' awareness of a very real, yet often overlooked, form of abuse: emotional violence. The program describes emotional violence as one person saying something that is hurtful to another. These hurtful words may include threats, bullying, and intimidation--anything which causes feelings of humiliation, fear, or worthlessness on the part of the victim. Viewers of HURTING WITH WORDS will understand that there are many successful methods of dealing with people who are verbally or emotionally abusive as the DVD and Teacher's Resource Book provide suggestions for how to avoid typical situations. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Human Relations Media, 1997

**1673-DVD, one copy**

## **I Never Thought It Was Rape: Understanding Acquaintance Rape and Consent (Grades 9-12)**

### **You Have the Power**

Melanie was victimized by a friend after a college party. A friend brought her several drinks and later offered her a ride home. The next morning she woke up to find she wasn't wearing any clothes, and the guy was in her room. She was very confused and had little memory of what happened after the party. It took several years for her to fully realize what happened was rape. When Kristen was 13, her family relocated to another state. Up to that point, she had had a happy childhood. But after the move, she found it hard to fit in and make friends. A 17-year-old guy began showing her the attention she craved. He was good-looking, charming, her first crush. One day, she went to his house to hang out, and he forced her to have sex. He told her, "This is what love is." Kristen later struggled with an eating disorder and started cutting herself. In counseling, she overcame her body shame and learned that it was OK to set boundaries. Matthew has just completed a 10-year sentence for rape. When he was 18, he had sexual contact with a girl who was 12. He knew what he did was morally wrong, but he didn't know that according to the law it was rape. Now he is a registered sex offender. For the rest of his life, he will have to check in with the sheriff's department 4 times a year to update his personal information. He can never work with children or live within 1000 feet of a school. He and his parents want others to learn from this story. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© You Have the Power, 2008

**2003- DVD, two copies**

## **I Was Cyberbullied (Grades 7-12)**

### **Human Relations Media**

Program presents three real-life stories from kids who were targets of cyber bullying attacks and offers viewers practical suggestions for how to avoid being victimized by this new, rapidly-spreading type of bullying. Each story highlights important tips such as: only post the type of information online that you would be comfortable with others seeing; remember that once an email or photo is posted online, you can't take it back; avoid responding to vicious texts or emails that might escalate a situation further; and know when to turn to a trusted adult for help. Renowned "bully coach" Joel Haber leads a discussion on how serious and damaging cyber bullying can be, and touches upon recent cases of children committing suicide after being cyber bullied. This timely program will strike a chord with all viewers—those who may have been victimized as well as those who may have thought that cyber bullying was "no big deal."

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© 2010, Human Relations Media

**1562-DVD, one copy**

## **If It Happens to You: Dealing With Abuse (Grades 3-5)**

**Sunburst Visual Media**

This video talks to upper elementary-age children about a difficult subject - abuse.

Sensitive, age - appropriate scenarios explore three types of abuse: physical, verbal, and sexual as seen through the eyes of children. Viewers learn that victims of abuse are NOT responsible for causing it. They must tell an adult they trust what is happening and continue telling until someone takes action to stop it. Whether it's a father who gets angry and physically hurts a child, a grown-up who uses words to continually make a youngster feel worthless, or a person who touches the private parts of a child's body, this program will encourage and empower youngsters who are the victims of abuse to speak up and get help! After viewing this program, viewers will be able to identify the three different types of abuse, understand that they are NOT guilty of causing or perpetuating the abuse, learn the difference between bad touches / good touches and bad secrets / good secrets, and recognize that they MUST keep speaking up until someone helps them. Study guide is included. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© 2007, Sunburst Video

**1510-DVD, three copies**

## **Internet Safety: What You Don't Know Can Hurt Your Child (Parents & Instructor)**

**Abbot, Greg**

Computers and the Internet have revolutionized the way we live, work, and communicate. But progress like this is almost always accompanied by new dangers and responsibilities. This DVD is designed to help parents learn about the steps they can take to protect their children.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© National Center for Missing & Exploited Children, 2006

**1563 DVD, two copies; Video, two copies**

## **It's Your Body: You're in Charge (Grades K-2)**

**Sunburst Visual Media**

This video will empower even the youngest children to feel that they have control over their own bodies. This program helps them differentiate between good and bad touches, learn that they have the right to say "no" to a touch that makes them feel uncomfortable, understand the "touching rule" and realize if they experience a bad touch, they MUST speak up and tell an adult they trust what happened. From the comfort of a hug or the joy of a high-five, to tickling that starts out as fun, but turns unpleasant, to the abusive touching of a private part of a child's body, this program will give youngsters the courage to protect themselves by speaking up!

After viewing this program, students will: trust their feelings about touches, learn what parts of their bodies are private, differentiate between good and bad secrets, and recognize that saying "no" and talking to a trusted adult can keep them safe. Study guide is included.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Sunburst Visual Media, 2006

**1767-Power Point/DVD, two copies**

**Kit Educativo De Seguridad En Línea:  
Escuelas Secundarias (En Español)  
(Parents of Grades 6-8 ONLY)**

**National Center for Missing & Exploited Children**

Www.netsmartz.org Internet es un recurso de seguridad del Centro Nacional para Niños Perdidos y Explotados y el Boys & Girls Clubs of America que utiliza la última tecnología para crear de alto impacto actividades educativas para los más tecnológicamente al día los niños de cualquier grupo de edad. El objetivo de Netsmartz es ampliar el conocimiento sobre la seguridad de los niños y darles la posibilidad de tomar decisiones responsables en línea y en la vida real. Mejorar la capacidad de: los niños para identificar peligros en Internet, alentar a los niños a informar victimización a un adulto de confianza, Apoyar y fortalecer la educación de la comunidad esfuerzos incrementando la comunicación entre adultos y niños acerca de seguridad en línea, Mejorar la capacidad de los niños a entender que la gente que por primera vez "satisfacer" a través de Internet nunca debería considerarse su amigo Los padres, tutores, educadores, líderes de la comunidad, y aplicación de la ley puede elegir de los recursos incluidos en- y las actividades offline, juegos, seguridad en el Internet las promesas, noticias, artículos y fichas de actividades diseñadas para complementar el Netsmartz actividades en línea. Netsmartz también ha creado las presentaciones interactivas para la escuela primaria, secundaria y estudiantes de la escuela secundaria y las comunidades. Presentación en Power Point para su uso con ordenador portátil y proyector para estudiantes de escuela intermedia.

© National Center for Missing & Exploited Children, 2011

**1791-Power Point/DVD, one copy**

**Kit Educativo De Seguridad En Línea:  
Primaria e Intermedio (En Español)  
(Parents of Grades K-5 )**

**National Center for Missing & Exploited Children**

Www.netsmartz.org Internet es un recurso de seguridad del Centro Nacional para Niños Perdidos y Explotados y el Boys & Girls Clubs of America que utiliza la última tecnología para crear de alto impacto actividades educativas para los más tecnológicamente al día los niños de cualquier grupo de edad. El objetivo de Netsmartz es ampliar el conocimiento sobre la seguridad de los niños y darles la posibilidad de tomar decisiones responsables en línea y en la vida real. Mejorar la capacidad de: los niños para identificar peligros en Internet, alentar a los niños a informar victimización a un adulto de confianza, Apoyar y fortalecer la educación de la comunidad esfuerzos incrementando la comunicación entre adultos y niños acerca de seguridad en línea, Mejorar la capacidad de los niños a entender que la gente que por primera vez "satisfacer" a través de Internet nunca debería considerarse su amigo Los padres, tutores, educadores, líderes de la comunidad, y aplicación de la ley puede elegir de los recursos incluidos en- y las actividades offline, juegos, seguridad en el Internet las promesas, noticias, artículos y fichas de actividades diseñadas para complementar el Netsmartz actividades en línea. Netsmartz también ha creado las presentaciones interactivas para la escuela primaria, secundaria y estudiantes de la escuela secundaria y las comunidades.

© National Center for Missing & Exploited Children, 2010

**2001 DVD, one copy**

## **Me and My 500 Friends: Staying Safe on Social Networks (Grades 7-12)**

### **Human Relations Media**

This timely program provides teens with an essential safety primer on using social networks such as Facebook. Through interviews with experts and real-life young people, teens learn that social networks can be a useful tool for communication and connection, but also pose significant risks. Experts discuss how harmful rumors can be spread quickly as well as the danger of cyber bullying, or harassment that occurs through the internet, cell phones, and other technology. The risks of "sexting," or posting sexually explicit images or materials online, are also covered. Viewers see how "phishers" and identity thieves can glean private information from what you post on social profiles; finally, the risk of encountering sexual predators is emphasized. The program provides important, easy-to-follow rules for keeping information-and oneself-safe while using social networks.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© 2012 Human Relations Media

**362.7 Os4m-Book; three copies Espanol, two copies English**

## **My Body Is Mine!/Mi Cuerpo Es Mio! (Grades PK-5)**

### **Osilaja, Peter**

One way to prevent abuse is to carefully educate our children, to make them aware of predators and their lures, and to teach our children how to protect themselves. Children provided with accurate information at an early age can learn to avoid and possibly stop sexual advances. MY BODY IS MINE! provides a tool for addressing this delicate yet important subject with the children and to have a discussion afterward. Conversational questions are provided at the end of the book.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Amandola / KidSafety of America, 2007

**2007- DVD, one copy**

## **My Digital Life (Grades 6-12)**

### **Learning Zone Xpress**

My Digital Life explores the perils and possibilities of the brave new digital world. This thought-provoking video addresses issues of privacy and the digital footprint; misguided notions about multitasking and learning; as well as the value of being wired vs. unplugged.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© 2012 Learning ZoneXpress

**1765-Power Point/DVD, two copies**

## **Online Safety Education Kit: Middle Schools (Grades 6-8 ONLY)**

### **National Center for Missing & Exploited Children**

NetSmartz is an Internet safety resource from the National Center for Missing & Exploited Children and the Boys & Girls Clubs of America that uses the latest technology to create high-impact educational activities for even the most tech-savvy kids of any age group. The goal of NetSmartz is to extend the safety awareness of children and empower them to make responsible decisions online and in real life. This is accomplished by:

- enhancing the ability of children to recognize dangers on the Internet, •encouraging children to report victimization to a trusted adult, •supporting and enhancing community education efforts, •increasing communication between adults and children about online safety
- enhancing the ability of children to understand that people they first "meet" on the Internet should never be considered their friend. Parents, guardians, educators, community leaders, and law enforcement can choose from resources including on and offline activities, games, Internet safety pledges, news articles, and activity cards designed to supplement the NetSmartz online activities. NetSmartz has also created interactive presentations for elementary, middle, and high school students and communities. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© National Center for Missing & Exploited Children, 2011

**1790-Power Point/DVD, one copy**

## **Online Safety Education Kit: Primary and Intermediate Schools (Grades K-5)**

### **National Center for Missing & Exploited Children**

NetSmartz is an Internet safety resource from the National Center for Missing & Exploited Children and the Boys & Girls Clubs of America that uses the latest technology to create high-impact educational activities for even the most tech-savvy kids of any age group. The goal of NetSmartz is to extend the safety awareness of children and empower them to make responsible decisions online and in real life. This is accomplished by:

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PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© National Center for Missing & Exploited Children, 2010

**1667-DVD, one copy**

## **Open Arms? Open Eyes! Power, Control and Abuse in Teen Relationships (Grades 7-12)**

**Human Relations Media**

This award-winning video identifies the warning signs in teen relationships that set the stage for adult domestic violence. A great discussion starter, it is based on real scenarios and dialogue suggested by teenagers themselves. It features high school students and locations, and is an excellent resource for raising student awareness about healthy and unhealthy relationships. The DVD dramatizes specific issues of power and control among teens to help them spot the signs and avoid the corrosive effects of abusive relationships. To that end, there are 25 “red flags” displayed throughout the video to assist in the awareness of violent behavior patterns in dating relationships. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Human Relations Media, 2007

**362.7D57p-Book, three copies**

## **Peace Be With You: Student Workbook and Teacher’s Manual (Grades 4-8)**

**Dilallo, Frank**

This is the student workbook edition for the Christ - centered solution to the bullying situation that so often enters schools, communities and families. It is a personal workbook filled with quotes, prayers, stories, activities, worksheets and more for the student. It also contains space for reflection, journaling, drawing, writing, and sharing with others. In other words, things to do that young children enjoy and will help them work through how to be a person who fully realizes his/her dignity in Christ.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Notre Dame, 2011

**1760-DVD, one copy**

## **Personal Power: A Gut Check on Safety (Grades 6-8)**

**Diocese of St. Cloud**

Personal Power: A Gut Check on Safety is preppy and bright, addressing real situations young people encounter and provides good advice for handling these situations. Zach and his friends are at the high school when they learn that a stranger has approached Zach's little brother at the park. The parents recognize that the teens have much more credibility with the elementary-school kids, so they ask Zach, Maya and Jade to prepare a presentation about personal safety. The teens explore the difference between trusting adults and respecting them. As Zach, Maya and Jade research and prepare for their presentation, they learn a lot along the way. Personal Power addresses numerous dangers that kids face today, including social media liabilities, texting, portraying themselves as older than they are, and others.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Personal Power. Diocese of Saint Cloud, 2010.

**362.7 R27p-Book, four copies**

## **Preventing Child Sexual Abuse (Parents of Grades K-2)**

**Reid, Kathryn Goering**

Children are vulnerable to abuse from infancy onward - a sad and frightening fact -and this curriculum can help parents and those who work with children to deal with the difficult issue of child sexual abuse in the context of a religious education program. It draws on excellent secular materials while using basic biblical resources, and it confronts misinterpretations of Scripture that have been used to support abusive relationships. This curriculum teaches prevention techniques in a supportive community of God's caring.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© United Church Press, 2002

**362.7 R27p-Book, four copies**

## **Preventing Child Sexual Abuse (Parents of Grades 4-6)**

**Reid, Kathryn Goering**

This course provides information about sexual abuse and prevention to children between the ages of nine and twelve (grades 4-6) in the context of a religious education program. The thirteen sessions fit into a typical Sunday morning church school program, but can also be used for summer vacation church school, after school programs, camping programs, and a variety of other children's group events. The curriculum draws on excellent secular materials while using basic biblical resources. It confronts misinterpretations of biblical passages that have been used to support abusive relationships. Through this program, prevention techniques are taught in an environment of God's caring and supportive community.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© United Church Press, 2002

**362.7 W12r-Book, one copy**

## **Raising Safe Kids in an Unsafe World (Grades PK-5)**

**Wagner, Jan**

This unique, confidence-building program educates children ages 4 to 10 on how to protect themselves in today's exciting but increasingly dangerous world. Yello Dyno is the proven, non-fearful solution to keeping your children safe from Tricky People, Bad Guys and Bullies!

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Yello Dyno Publishing, 1994-2002

**1504-DVD, one copy**

## **Real People: How Not to Be a Victim, Violence Prevention (Grades 6-8 ONLY)**

**Sunburst Visual Media**

HOW NOT TO BE A VICTIM: Violence prevention is designed to equip middle-school students with specific strategies for keeping safe. It offers safety tips and realistic advice on how not to be a victim. The goal of the program is to empower young viewers to feel confident that they can protect themselves, whether the threat comes from the violent behavior of a peer, an encounter while traveling to and from school, peer sexual harassment, a looming physical fight, the presence of a weapon at school, being home alone, or a sexual solicitation on the Internet. This video/DVD comes with a teacher's guide.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Sunburst Visual Media, 2004

1645-DVD, two copies

## **Real People: Relationships That Hurt: Dating Violence and Abuse**

**(Grades 8-12)**

**Sunburst Media**

This documentary-style program explores how abusers engage in violence with the intent to exert power over their victims, isolating them from friends and family in order to gain complete control. Real teens talk about what they think constitutes abuse and why they may be vulnerable in romantic relationships. Experts explain how teens often don't tell anyone if they are victims of abuse because they are ashamed, or they don't want their parents stepping in to tell them what to do. Teens are advised how to get help for themselves, and how to help a friend who is being abused. While girls are by far the most frequent targets, the fact that boys also can be victims of dating abuse is discussed.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Sunburst Media, 2008

1766-Video, one copy

## **Real People: Sexual Harassment: What You Can Do**

**(Grades 7-12)**

**Sunburst Visual Media**

It is estimated that four out of five teenagers experience sexual harassment at school. Many harassers see their behavior as nothing more than harmless teasing. Often, victims of sexual harassment feel powerless and don't know what they can do to protect themselves. Many bystanders who watch silently or laugh don't understand the part they play in perpetuating this behavior and the responsibility they have to stop it. Under the direction of experts in the field, a group of teens (including those who have experienced sexual harassment) discuss the reality of life in high school today: how to tell the difference between unwanted attention and flirting, the influence of the media, what victims and bystanders can do, and the importance of reporting sexual harassment when it happens. After viewing this program students will be able to: identify sexual harassment, distinguish between sexual harassment and flirting, understand how harmful sexual harassment is and recognize the role of bystanders Be aware of the importance of reporting sexual harassment. Teacher's Guide on CD.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© 2007, Sunburst Media

1512-Video, one copy

## **Real People: Violence in the Family (Grades 7-12)**

**Sunburst Visual Media**

THIS VIDEO is designed to offer understanding and real help to teens who live in families in which violence occurs. The program helps viewers distinguish between what is normal family life and what is not. It defines domestic violence and shows how the cycle of violence builds from beginning to explosive end. There are examples of verbal and emotional abuse and the pain it produces, which is equal or even worse than physical assault. It examines the impact of domestic violence on children and the emotions it generates. It also shows the likelihood that they will follow their parents' violent example. This video also gives viewers hope that they can survive what they may see as a hopeless situation, where to get help and strategies on how to cope.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Sunburst Visual Media, 1997

**1503-Video, one copy**

## **Real People: Violence Prevention: Don't Be A Victim (Grades 9-12 ONLY!)**

**Sunburst Visual Media**

Teenagers are easy targets for victimization because of their inexperience – they think crime won't happen to them. Feelings of invincibility often lead youth to believe they are tough enough to do anything or go anywhere. They are sure that if they should become a victim of violence, they will be able to bounce back. **VIOLENCE PREVENTION: DON'T BE A VICTIM** rebuts this unrealistic idea and opens the student's eyes to the threat and reality of violence.

It is designed to equip viewers with specific strategies for keeping safe at school, on the street, and on the Internet. Without using scare tactics, the video interweaves comments about how violence and victimization affected lives, with advice on staying safe. This video comes with a teacher's guide.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Sunburst Visual Media, 1999

**1436-Video, one copy**

## **Real People: When I Say Stop, I Mean Stop! (Grades 7-12)**

**Sunburst Visual Media**

Produced in a hip, fast-moving style, using contemporary music and funky graphics, this program will prompt teens to discuss the issues of asserting one's rights in the sexual arena and of comfortably saying "stop" or "no" when that is what they truly want to say.

This video is accompanied by a study guide that will help teens to understand:

\*Why they have the right to say no to the pressure to have sex.

\*The difference between flirting and harassing behavior.

\*They have a right for harassing behavior to be stopped, either at their own request, or by the intervention of school authority.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Sunburst Visual Media, 1998

**2004 DVD, two copies**

## **Romance without Regret (Grades 7-12)**

**Evert MA, Jason**

Romance Without Regret is a compelling chastity presentation by Jason and Crystalina Evert. Their dynamic style, along with their honesty, frankness, and personal testimonies, attracts teens and has the power to change many hearts. Whether you are in a relationship, looking for love, or just trying to understand God's plan for properly using the gift of sexuality he has given to you, Romance Without Regret will hand you the tools you need in order to know the difference between love and lust.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© 2011 Catholic Answers

**1668-DVD, one copy**

## **Safety N.E.T. Kids: “Bullies” Stand Tall, Be Strong (Grades Pre-K-5)**

**Olson, Glenn**

The goal of Safety N.E.T. Kids is to raise the awareness of children and their parents about abuse and abduction and to help children develop the necessary skills to avoid becoming easy targets. Through BULLIES, children will learn about the importance of building good friendships; simple, practical, and effective responses to threats and physical abuse; and how to handle name-calling. The Safety N.E.T. Kids Program accomplishes these goals by instilling confidence with the aid of fun games and high energy content.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© A Glenn Olson, 2005

**1669-DVD, one copy**

## **Safety N.E.T. Kids: No Easy Targets**

**(Grades Pre-K-5)**

**Glenn Olson**

This unique and informative DVD will teach your child the importance of knowing when it's ok to say no about unwanted touches, what to do when they are approached or grabbed by a stranger, and how to react in other potentially dangerous situations. Your kids will want to watch this DVD over and over again which will reinforce the important life lessons as demonstrated by Mr. Olson and his Safety N.E.T. Kids. Your kids will be delighted by Mr. Olson's teachings, the karate demonstrations, the games, and even Quiz Time!

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© A Glenn Olson Production, 2003

**1763-Video, one copy**

## **Sexual Abuse: It's Not Your Fault (Grades 2-5)**

**Cerebellum Corp.**

Guidance Systems presents Sexual Abuse: It's Not Your Fault, includes a DVD and a CD-ROM with a Complete Lesson Plan. Elementary aged students present real-life scenarios of sexual abuse and the resulting emotional impact. Follow the children from the beginning to end to identify what sexual harassment is, how to handle this serious issue and establish available age-appropriate solutions.

- Video program plus a digital workbook with activities, program summaries, discussion questions and further resources

- Content written and reviewed by a team of professionals, including counselors, psychologists and educators. Includes Full Public Performance Rights

- Same quality video content and extensive ancillary material as our award-winning Teaching Systems programs **PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Cerebellum Corp., 2009

**362.7 V85s-Book, three copies**

## **Sexual Abuse Prevention - A Course of Study for Teenagers (Grades 7-12)**

**Voelkel-Haugen, Rebecca**

SEXUAL ABUSE PREVENTION explores the issues of violence and sexuality faced by today's teenagers and the role the Church should play in response to sexual abuse. This revised and updated edition addresses the experiences of date rape, stranger rape, and incestuous abuse. It also looks at the cultural context in which these experiences occur - with a special emphasis on the media, especially music video television. The curriculum includes six 1 - to 1 1/2-hour sessions, each carefully designed to facilitate an honest, respectful, Christian response to the sexual abuse of young people.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© United Church Press, 1996

**1435-Video, one copy**

## **Sexual Harassment: It's Hurting People (Grades 5-8)**

**National Middle School Association Quality Work Environments, Inc.**

It comes with a study guide which helps assist administrators, teachers, and students in recognizing and appropriately responding to the complex legal and educational issues surrounding sexual harassment in middle schools. Although recent studies have documented that sexual harassment is clearly present in schools, most educators are not prepared for the minefield of conflicting emotions and attitudes that currently exist regarding appropriate and inappropriate behavior for teachers, students, and administrators. The study guide also comes with a plan to implement specific class activities for middle school students which can be utilized in conjunction with the video. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Sunburst Visual Media, 1994

**2015-DVD/CD-ROM, one copy**

## **Sexual Harassment: It's Your Body, You're In Charge (Grades K-2)**

**Sunburst Visual Media**

Empower even the youngest children to feel that they have control over their own bodies. This program helps them differentiate between good and bad touches, learn that they have the right to say 'no' to a touch that makes them feel uncomfortable, understand the 'touching rule' and realize if they experience a bad touch, they MUST speak up and tell an adult they trust what happened. From the comfort of a hug or the joy of a high-five, to tickling that starts out as fun, but turns unpleasant, to the abusive touching of a private part of a child's body, this program will give youngsters the courage to protect themselves by speaking up! After viewing this program, students will: trust their feelings about touches, learn what parts of their bodies are private, differentiate between good and bad secrets, and recognize that saying 'no' and talking to a trusted adult can keep them safe. Teacher's guide included. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© 2006, Sunburst Visual Media

**1335-DVD, three copies**

## **Stop Bullying! Standing Up for Yourself and Others (Grades 6-8 and 9-12)**

**Paraclete Video Productions**

Bullying is pervasive in our schools. Over 150,000 students stay home from school each day to avoid harassment from their peers. An estimated 1.6 million young people in grades six through ten are bullied at least once a week. Many young people feel helpless in these situations. They need to know what to do if they are bullied or if they are a witness to bullying. Through expert advice and students' real-life experiences, *Stop Bullying!* gives students concrete steps they can take to respond to bullying. *Stop Bullying!* features nationally-acclaimed and Emmy-nominated youth speaker, Mark Brown, who has dedicated his career to helping young people all over the USA. Jamaican-born Brown uses his own personal experience with having been bullied as he speaks to thousands of kids each year about the importance of tolerance and respect. It is recommended that junior high and high school students do not view this material together. Study guide is included. Length: 20 minutes. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© 2003 by Paraclete Press

**1463-Video, one copy**

## **Stop Teasing Me! (Grades K-2)**

**Sunburst Visual Media**

This program features three short vignettes that are introduced by a storyteller, a space pilot named Sam Space who is accompanied by Roger the Robot, a mechanical creature who only speaks in verse. A lively music video separates the segments and recaps the concepts introduced in the vignettes. This video comes with a teacher's guide and activity pages to help the children learn how to: \*recognize teasing, \*resist the temptation to tease others, \*learn how to make amends after teasing someone, \*learn specific strategies to use when someone is teasing, \*recognize the importance of mutual respect among children.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Sunburst Visual Media, 1995

**1759-DVD, one copy**

## **Strong Voices, Smart Choices (Elementary Level)**

**Diocese of Saint Cloud**

*Strong Voices, Smart Choices (Elementary Level)* is peppy and bright, addressing real situations children encounter and ways to address these situations in a positive way. A friendly stranger offers some bottles of water to Ben at the park as he takes a break from the game. His friends race over and remind him of safety rules. Later at home, Ben's parents express their concern about his lack of judgment and inform him that his older brother and his friends are turning the situation into a speech class project about personal safety. The teens present an animated lesson that explains the difference between trusting adults and respecting them. They also illustrate how to avoid bad situations, how to respond if something bad happens and how to get help from someone they trust. Booklet must accompany check out.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Diocese of Saint Cloud, 2010

**1666-Video, one copy**

## **Student Workshop: I Was Just Kidding! Learning About Harassment (Grades 3-5)**

**Sunburst Visual Media**

Defining harassment as any behavior that makes someone feel bad or uncomfortable and continues even after the harasser has been asked to stop, **STUDENT WORKSHOP: I WAS JUST KIDDING! LEARNING ABOUT HARASSMENT** is designed to show students that many of the behaviors they may engage in - or simply witness as bystanders - are not only embarrassing and unwelcome to those being harassed, but can be offensive and hurtful as well. Four scenarios illustrate specific behaviors that young students will quickly recognize as typical of their peers. Because children have the fundamental right to feel safe at school, two themes overarch the program: to show viewers how teasing, name-calling, and bullying affect others, and to promote respect and understanding by making clear the need to treat others as they themselves want to be treated.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

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**1507-Video, one copy**

## **Student Workshop: Talking About Sexual Harassment (Grades 5-9)**

**Sunburst Visual Media**

It helps the students to learn that sexual harassment is any unwanted attention of a sexual nature. This video comes with a study guide that will allow the students to role-play. Role plays performed in the non-threatening environment of the classroom can be a valuable tool for students because of the opportunities they provide for them to practice responding to harassing behavior in an effective, direct way, instead of ignoring the behavior or acting as though it doesn't affect them. **PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Sunburst Visual Media, 2001

**3001-DVD, one copy**

## **Ten Ways to Stay Safe on the Internet (Grades 7-12)**

**Human Relations Media**

Digitally smart teens need to understand and avoid the consequences of putting very private personal information and photos onto social networking sites, email, chat rooms, blogs, and websites. This program encourages teens to consider their posts before they click, protect their passwords, regularly monitor their online profiles and privacy settings, check tags in postings from others, and more. Teens are encouraged to be aware of tracking technologies abuses, the dangers of texting and driving, anonymous (not!) apps, social network platforms, sexting, cyber bullying, and safe surfing and downloading practices.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Human Relations Media 2016

**2000 DVD, two copies**

## **The Dangers of Sexting: What Teens Need to Know (Grades 7-12)**

**Human Relations Media**

In a recent survey, one in five teens admitted to sending nude or semi-nude photos or videos and more than half said it was common for explicit photos and text messages to be passed around among friends. View teens' real stories: a girl recounts how a semi-nude picture of her became widely circulated in her school; a boy tells his story of how he received and forwarded a picture and was almost charged as a sex offender. A prominent sexuality educator drives home the legal consequences of sexting. Using a peer-to-peer approach, teens talk about the importance of resisting pressures to engage in sexting. They emphasize that you can't assume that anything you send or post is going to remain private; that you can't change your mind once something is out there in cyberspace; and that what you may think is a harmless joke may be interpreted very differently by someone else. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© 2010 Human Relations Media

**1643-DVD, two copies**

## **The Internet and You: Staying Safe (Grades 5-8)**

**Sunburst Media**

The Internet is an everyday part of life for most teens, yet many fail to realize why it is essential for them to use caution online. With humor that will appeal to young teens, this program talks about Instant Messaging, blogs, email, chat rooms, and social networks, making it a good introduction to Internet safety. Without using scare tactics, it makes teens aware of potential online dangers: predators, "phishing," identity theft, and cyber bullying. It is designed to make surfing the Internet a positive, safe experience. After viewing this program, students will be aware of Internet privacy and security issues, practice common sense rules for staying safe online, and take control of their Internet experience and make it a positive one. A teacher's guide is included. PLEASE REMEMBER TO INTERJECT CATHOLIC VIEWPOINTS.

© Sunburst Video, 2007

**3009-DVD, two copies**

## **The Nine Signs of Internet Addiction: Internet Safety (Grades 7-12)**

**Human Relations Media**

The purpose of this program is to raise awareness of the growing problem of Internet and cell phone addiction. Several teens describe their experiences of playing online games for hours at a time, using cell phones to communicate with friends and spending endless hours on social networks. The video addresses nine signs, developed by Dr. David Greenfield of the Center for Internet and Technology Addiction, where viewers can better understand if they are at risk for addiction. For each sign the program describes ways to address and reverse course. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Human Relations Media 2018

**1508-DVD, two copies**

## **The Safe Side: Internet Safety (Grades Pre K-1)**

**Walsh, John & Clark, Julie**

Internet safety can be a difficult topic to discuss with kids. This DVD turns it into something non-threatening and approachable. Children need to understand the dangers of giving out information to people they don't know. The great part about this DVD is that it's not only for kids, but also for adults. This DVD comes with a short study guide. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© The Safe Side, 2006

**1509-DVD, two copies**

## **The Safe Side: Stranger Safety (Grades Pre K-1)**

**Walsh, John & Clark, Julie**

The title of this DVD is STRANGER SAFETY. However, you will not see or hear the word "stranger" used in the video. Stranger is a word that creates many misconceptions, particularly with children. A key goal of this video is to provide parents and children with a more effective way to evaluate situations around them without resorting to the traditional "stranger" concept. This DVD comes with a short study guide.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© 2005 Aigner Clark LLC

**1639-DVD, one copy**

## **The Ten Signs of Relationship Abuse (Grades 9-12 ONLY!)**

**Human Relations Media**

THIS DVD CONTAINS LANGUAGE WHICH MAY BE CONSIDERED INAPPROPRIATE OR OFFENSIVE IN CHAPTER SELECTION 6. PERMISSION MUST BE OBTAINED FROM YOUR PASTOR OR PRINCIPAL TO USE THE DVD IN ITS ENTIRETY. THE DVD MUST BE VIEWED BY THE PRESENTER BEFORE PRESENTATION TO STUDENTS. Call Melissa Perales at 361-573-0828, ext. 49, for more information.

Combining powerful interviews of battered and verbally abused teens with expert commentary, this DVD delivers key facts about dating abuse. Emotional abuse includes isolation from friends, family, and outside activities; using insulting names or degrading terms; displaying jealousy and possessiveness; controlling a partner's clothing choices and behavior; using the cell phone excessively to monitor behavior; and threatening self-harm to control behavior. Sexual and physical abuse includes extreme roughhousing; pushing, grabbing, restraining, and other violent behaviors that don't leave marks or bruises; touching a partner's body in ways that make him/her feel uncomfortable; and making threats as a means of coercing a partner's consent to sexual activity. Teen speakers and dating abuse experts offer helpful advice on how teens can get away from potentially unhealthy, dangerous relationships. Study guide is included.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Human Relations Media, 2008

**2006-DVD, one copy**

## **The Wild Wild Web: A Student's Guide to preventing Cyber Bullying (Grades 5-10)**

### **Human Relations Media**

Cyber bullying is real and it's dangerous. It's in headlines all too often these days as literally millions of kids gain access to new technology and the seemingly lawless online world. With incidents of cyber bullying on a dramatic rise, Twisted Scholar has released their latest anti-bullying DVD The Wild Wild Web – a student's guide to preventing cyber bullying. In development for over a year, the new DVD shows students that cyber bullying is not OK and there are ways to deal with the problem safely and skillfully, in a fun yet educational manner. Filled with real-world techniques, testimonials and comments from experts and kids, the DVD establishes an open forum where students and adults can begin discussing this new phenomenon.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Twisted Scholar, 2010

**3020 - DVD, one copy**

## **The Wise Owl Bully Stopper Kit (Grades K-2)**

### **Human Relations Media**

Kit includes three videos/DVDs and extensive teacher's guide as well as other kid-friendly components for post-viewing fun and learning. The live-action videos are hosted by a likeable cartoon character, Wise Owl, who encourages young viewers to learn more about what bullying is, and how it can be stopped. Helpful vignettes play out common situations that appeal to young viewers. Also includes three full-color posters for classroom display, a laminated deck of brightly-colored activity cards, various group activities, and an ample pack of Wise Owl stickers for classroom give-away. The activity cards (5-1/2" x 8-1/2") can be used by the entire class for role-playing and storytelling activities, in small groups or during independent play time. Teacher's Resource Book is filled with additional student activities, classroom project ideas, worksheets, coloring pages and more. **PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

Human Relations Media, Copyright Protected

**3018 – DVD, one copy**

## **Think About Others: What It Means to Be Considerate (Grades K-2)**

### **Human Relations Media**

This program defines the word Considerate as caring about how another person feels. Using age-appropriate scenarios to make and reinforce its points and a lively host to move the stories along, this program shows students positive ways to show consideration, such as treating others the way they would like to be treated and be helpful, even without being asked. It shows young children how being polite and helpful to others not only help them get along better with others but also make them feel better about themselves. After viewing this program students will recognize the difference between being considerate and inconsiderate; understand why it's important for them to treat others as they would like to be treated; and learn that the best way to understand another's feelings is to think about how they might feel in the same situation.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

Human Relations Media, Copyright Protected

1671-DVD, one copy

## **Think Before You Click: Playing It Safe Online (Grades 5-9)**

### **Human Relations Media**

While the Internet is a place of promise and progress, it is also a place of peril for young teens. Chat rooms, e-mail, sites such as MySpace, and instant messaging allow teens to keep in touch with friends, but also offer the potential for youngsters to be abused in ways they have not considered. Using real teens in a peer-to-peer format, this DVD helps teens navigate problems and learn important rules and strategies to keep them safe while surfing the net. The program explores online bullying and rumor spreading, identity theft, blogging, and the real threat of sexual predators. Viewers learn to “think before you click” in order to avoid embarrassing themselves or hurting others, while keeping themselves and others safe. Your students will conclude that while the Internet is a fun, exciting place, it is always important to be smart about what you say and whom you befriend online. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

Human Relations Media, 2008

3011-DVD, one copy

## **Tolerance (Grades 5-9)**

### **Human Relations Media**

Several teenagers and psychologist talk about the importance of tolerance in our increasingly diverse world. The video encourages viewers to reject racism, gender bias and seemingly harmless locker room jokes. The teens and the psychologist also talk about cyber bullying and hateful online comments. Program talks about accepting peoples’ differences. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

Human Relations Media, Copyright Protected

1468-Video, one copy

## **Tricky People (Grades 2-5)**

### **Yello Dyno**

This video may save your child's life. Protecting our children from the lures of child predators is an increasingly important and difficult task in today's exciting but dangerous world. That's what TRICKY PEOPLE: SAFETY RULES FROM YELLO DYNO is all about. Children have the capacity and desire to learn how to keep themselves safe and protected. Knowledge is power for a child, and making sure your children are well-informed will help bring you peace of mind when they are not with you. This video comes with a parent guide. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

©Yello Dyno, 1998

**2012-DVD, one copy**

## **Violence Prevention: Harassment Hurts: Gossiping, Taunting, and Bullying (Grades 3-5)**

**Sunburst Visual Media**

This program gives youngsters the opportunity to consider and discuss strategies for coping with the effects of gossiping, taunting and bullying. What constitutes harassment? How does it make kids feel? What can they do to handle it? What should they do if they witness it? These are the questions that will be answered in this honest and highly effective program. With the encouragement of a school counselor, young teens share their own experiences coping with bullying, taunting and teasing. They view and react to dramatic vignettes that show realistic situations of harassment. Dr. Michael Furlong, professor at UC Santa Barbara, lends expert advice to students about what they can do to handle these difficult situations. 23 minutes.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© 2003 Sunburst Media

**1471-Video, one copy**

## **What Do I Say Now? How to Help Protect Your Child from Sexual Abuse (Parents of Grades K-8)**

**Committee for Children**

This video can help parents and caregivers protect young children from sexual abuse. **WHAT DO I SAY NOW?** provides examples of how to talk to children about touching safety, emphasizing the benefits of safe, nurturing touch. It comes with straightforward information about child sexual abuse and guidelines for creating a safe environment for children, all in a positive manner. A group discussion guide is printed inside the video jacket. Also include is a video guide and handout, which may be reproduced.

**PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Committee for Children, 2001

**1456, 1457-Video, two copies**

## **What Tadoo (Grades K-2)**

**Mitchell, J. Gary**

This video comes with a discussion guide to help teachers, parents, and children to recognize sexual abuse. This is a superb film for young children about sexual abuse that presents this potentially frightening subject in a sensitive and enlightening manner – **SCIENCE BOOKS & FILMS**. Viewers will learn simple, straightforward tools to protect themselves, trust and act on feelings that develop in a potential abuse situation, recognize the lures that may be used to trick them, and learn that is important to "tell" even if the person is someone they know. **PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.**

© Kid Safety of America, 1995

**1514-Video, one copy**

## **What Tadoo with Secrets (Grades 2-4)**

**Mitchell, J. Gary**

There's only one thing scarier than telling a bad secret - keeping it. An important lesson is taught in making choices, distinguishing "good" secrets from bad, and following basic rules for getting help or helping oneself. It also teaches that telling bad secrets to a caring adult is the right thing to do. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Kid Safety of America, 1995

**1502-Video, one copy**

## **When Should You Tell? Dealing With Abuse (Grades 3-5)**

**Sunburst Visual Media**

Participants in this prevention program will be introduced to many of the realities of this crime, including the guilt and responsibility that victims may feel, the difficulty youth have in reporting this crime, and common therapy modalities used during the course of recovery. This program deals with a difficult subject in a delicate manner. Your students will gain important information and insight in the area of self-protection. This video comes with a teacher's guide.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Sunburst Visual Media, 1995

**362.7V58w-Book, one copy**

## **Words are Not for Hurting/Las Palabras no Son Para Lastimar (Grades PK-2)**

**Verdick, Elizabeth**

Presenters must read entire booklet and review pages 28 - 30 or 31-33 in order for safe environment requirements to be met. This book is made to be read aloud especially written for children ages 4-7, a time of growing vocabularies and increasing social interaction. Through age appropriate language and delightful illustrations, children learn that they can think before they choose what to say and how to say it. They explore simple, positive ways to respond when others say hurtful things to them and they discover the power of saying "I'm sorry." The text is presented in both English and Spanish.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Verdick, Elizabeth. Words Are Not For Hurting. Free Spirit, 2009

**1448, 1449-Video, two copies**

## **Yes, You Can Say No (Grades 2-6)**

**Committee for Children**

YES, YOU CAN SAY NO is a dramatic educational video showing children modeling protective, assertive behavior in a number of believable safety situations, including the prevention of sexual assault. Learning theory has identified modeling as an effective means of developing desired behavior in both adults and children. The constellation of assertiveness skills which are modeled in the video have been identified by therapists and offenders as critical to reducing a child's vulnerability to sexual assault. Briefly explain to your class that YES, YOU CAN SAY NO is a film about building assertiveness skills to protect themselves and to deal with everyday challenges. PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

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**1560-DVD, one copy**

## **You Can Solve It! Harassment (Grades 5-9)**

**Sunburst Visual Media**

Young teens see harassment every day. Some are perpetrators. Some are victims. All are witnesses. What should you do if you are harassed? What should you do if you see harassment? These four scenarios help teens find answers to those questions. Adam's friends hear his mother and sister call him "Einstein." When his friends start calling him that, Adam asks them not to, but they won't stop. When does good-natured teasing become harassment? Lily likes to wear "hippy-style" clothes and is constantly taunted in school and online. How can emotional harassment be just as hurtful as physical harassment? Luke takes pleasure in bullying Dan. When asked why he does it, Luke says he isn't doing anything to Dan that his brothers don't do to him. How can bullying hurt the bully as well as the target? A teacher's guide is included.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

© Sunburst Visual Media, 2007

**362.7 Sp3y-Book, two copies**

## **Your Body Belongs to You (Grades PK-K)**

**Spelman, Cornelia**

In simple, reassuring language, therapist Cornelia Spelman explains that children can decline a friendly hug or kiss from someone-even someone they love - and still be friends. The author's introduction to parents provides a helpful guide for discussing good and bad touching, while the book's easy text and gentle illustrations remind children that their feelings count.

PLEASE BE SURE TO INTERJECT CATHOLIC VIEWPOINTS.

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