

# Our Mother of Perpetual Help Parish and St. Patrick's Parish

Box 818, 81 Maple St. North, New Liskeard, Ontario P0J 1P0  
Phone: 705-647-5035

[www.ourmotherofperpetualhelp.ca](http://www.ourmotherofperpetualhelp.ca) and [www.facebook.com/OMPH.NL/](https://www.facebook.com/OMPH.NL/)

Email: [omphoffice@gmail.com](mailto:omphoffice@gmail.com)

## November 28<sup>th</sup>, 2021



### LITURGICAL LIFE IN OUR PARISHES

Mon.	Nov. 29	6:30 P.M.	<b>First Reconciliation Service</b>
Tues.	Nov. 30	11:00 A.M.	Margaret Doohan by a parishioner
Wed.	Dec. 1	11:00 A.M.	<b>St. Pat's:</b> Joan Bolger
Thurs.	Dec. 2	11:00 A.M.	For the ending of of the COVID-19 pandemic, for the deceased and for those who are suffering and affected by the pandemic
Fri.	Dec. 3	11:00 A.M.	Roney Toner by the Jones Family
		11:30 A.M. - 12:30 P.M.	Advent Adoration of the Blessed Sacrament

### SECOND SUNDAY OF ADVENT

*Sunday 11AM Mass will be live-streamed on our Facebook Page:  
<https://www.facebook.com/OMPH.NL/>*

Sat.	Dec. 4	5:00 P.M.	<b>St. Pat's:</b> Albert Chitaroni by Adrian & Maria Torrezan
Sun.	Dec. 5	9:00 A.M.	Parishioner from both parishes and their needs
		11:00 A.M.	Aline Noel Boyce by Family

### MISSION STATEMENTS

**Our Mother of Perpetual Help Parish** is a welcoming, vibrant, faith-filled community dedicated to living and communicating the message of the gospel by providing opportunities for spiritual growth, developing committed leaders, and reaching out to others with God's love.

**St. Patrick's Parish** is a welcoming Christian community reaching out to all who seek God. We joyfully live, renew and share our Catholic faith through worship, prayer and service, especially to those in need.

**Father Wayne Mills - Pastor    Deacon Larry Duke - Permanent Deacon**  
**Paulette Rostad - Coordinator of Programs    Anita Herd - Secretary**

**OFFICE HOURS:** Wednesdays - 9AM to 4:30PM (Closed from 12PM to 1PM)



**ADVENT LITERATURE** for adults, children and families, is available at both St. Pat's and OMPH. These booklets are donated by the OMPH Catholic Literature Fund Committee

**ADVENT WREATH CANDLES** are available at the back of OMPH and St. Pat's for \$10.00 a set.

**KNIGHTS OF COLUMBUS CASH CALENDARS:** The Knights of Columbus are again selling Cash Calendars in support of our 4 local Food Banks as well as our Church & other local charities. All proceeds from the sale of the calendars remain in Northern Ontario. The cost is \$20.00 for 365 daily draws. See a Knight member or call Jim Garahan at 705-647-6390.

**PRAYING FOR OUR SACRAMENTAL CANDIDATES:** We have five children preparing for their First Reconciliation on **Monday, November 29<sup>th</sup>**. We ask that you pray for these young people preparing for the *Sacraments of First Communion and First Reconciliation*.

**Andrea, Ayden, Charlotte, Heather and Margaret**

**ADVENT DAYS OF ADORATION:** Every Friday during the Season of Advent we will have Adoration of the Blessed Sacrament from **11:30 A.M. to 12:30 P.M. (December 3<sup>th</sup>, 10<sup>th</sup> and 17<sup>th</sup>)**. Everyone is welcome to attend.

**CWL CHRISTMAS PARTY:** Join the CWL for a Christmas party on **Wednesday, December 15<sup>th</sup> at 7:00 P.M.** in the parish hall. The evening will begin with an Advent Reflection, then the membership pins will be handed out, a game will be played and the evening will end with a Christmas sing a long with Debbie Bandy. Please bring a toque, pair of mitts or socks to share with those less fortunate. Everyone who attends must show proof of double vaccination.

**CHRISTMAS STAMPS:** Canada Post is selling booklets of 12 permanent domestic rate stamps celebrating the Nativity. These beautifully illustrated stamps feature Mary, Joseph, an ox and a donkey gazing in adoration at the newborn baby Jesus. Since at least the fourth century, an ox and a donkey have been included in Nativity scenes, signifying that even animals recognized the importance of Jesus' birth.

## Advent Practices

Over the centuries people have developed customs which help us to live according to the spirit of this season. You may want to try one or more of these in your home.

- **Advent wreath.** A wreath of evergreens with four candles is prepared. One candle is lighted on the first Sunday, and one more on each of the following Sundays.
- **Jesse tree.** A branch or large plant is decorated with symbols of Christ's ancestors. As each is prepared and hung, the story of this person is told.
- **Advent calendar.** We may have a calendar to mark the days as we move gradually to the celebration of our saviour's coming.
- **Cards.** When buying and sending Christmas cards, we make sure they reflect the meaning of the feast. It is the birth of Christ (not of Santa, reindeer, puppies or snowmen) that we are celebrating.
- **Decorations.** Our home decorations may include a cross of lights in the window or near the tree.
- **Gifts.** Instead of being caught up in a whirl of spending, consider giving presents that you yourself make, knit, sew, cook, draw, write or construct. Give a book that will lead a person to reflect a little more. Make a donation to a worthy cause in someone's name. Write, call or visit someone who is sick or shut-in.
- **Preparing the crib.** During the last few days before Christmas, we may prepare the crib in a place of honour in our home. It remains empty; the figures are not placed in it until Christmas comes.



November 28, 2021

Written by  
THE  
FAITHFUL  
DISCIPLE

## First Sunday of Advent

Jer 33:14-16 | 1 Thes 3:12-4:2 | Lk 21:25-28,34-36

### **GROW AS A DISCIPLE** | PRAY, STUDY, ENGAGE, SERVE

As the days grow shorter and darker, I am especially ready for Advent wreaths and nativity sets; sparkling lights and singing angels. More than ever, I eagerly anticipate the joyful celebration of Christ's birth. But today's readings for the first Sunday of Advent point us to the end of time, when Jesus returns in glory. Wait a minute, what? I don't want to think about the dismay and fright that Jesus foretells in the Gospel, I want to think about shepherds and holy nights. We really can't do one without the other, however, and the underlying message of the readings is one of hope and reassurance: Our God keeps his promises. He is faithful to the covenants he makes. He loves us so much; he offers us new beginnings. Our God became one of us, died to save us, and will give us the strength to be ready to greet him when he comes again. "Stand erect and raise your heads because your redemption is at hand," Jesus says. Pray that our preparation for Christ's birth will make us all the more ready for his return.

### **GO EVANGELIZE**

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

We are a society and culture that focuses a lot on the outward signs of preparation, and there is a lot of pressure to make it all perfect. Pinterest boards, social media groups, magazine photos, clothing catalogs: all show perfectly dressed people with perfectly adorable dogs standing in front of exquisitely perfect Christmas trees, on perfectly unblemished snow. But perfection on the exterior is not the Christian goal. Our interior preparation - how we make ourselves ready for Christ now, and at the end of time - is the focus of Advent. It is an opportunity for repentance, and a joyful new beginning in our relationship with God. It is a time to recommit ourselves to the covenant he made with us, and the psalm and the second reading offer assistance in doing so. Make time each day to dive in and explore what Scripture reveals about "conducting yourselves to please God."

**PRAY** Pray the psalm from the first Sunday of Advent each morning. Ask God to open your heart to ways you can be more just. He will teach you, guide you, and strengthen your heart so that you can stand upright to face whatever challenges come your way.

Your ways, O LORD, make known to me;  
teach me your paths,  
Guide me in your truth and teach me,  
for you are God my savior,  
and for you I wait all the day.



Getty Images/Christina Bergmann