

Sacred Heart of Jesus Parish

296 Cedar Street South
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1st Week in Lent
February 21st, 2021

Public celebration of Masses have resumed!
Masks and social distancing protocols are in effect.
Doors open 30 minutes before Mass.

Mon / Lun	22	No Mass
		7:00 P.M. Evening Prayer at St. Anthony's Cathedral
Tues/ Mar	23	4:00 P.M. Aldo Del Col by Maria Del Col
Wed / Mer	24	9:30 A.M. Clem Cowan by Robert Lacroix
Thurs / Gio	25	4:00 P.M. Patricia Hogan by the Mac Donald Family
Fri / Ven	26	Mass followed by Stations of the Cross
		7:00 P.M. Tony Loreto by children of Frank & Irene Loreto
Sat / Sab	27	5:00 P.M. June Salvador by a parishioner Franca Giannunzio by a parishioner
Sun / Dom	28	2nd Sunday of Lent
		10:00 A.M. For the needs of the parishioners

PARISH OFFICE HOURS: Please call Fr. John or see him after Mass for any office matters.

SACRAMENT OF RECONCILIATION: Fr. John is usually available thirty minutes before weekday Mass to celebrate reconciliation or by appointment.

BAPTISM: Call the Parish Office to register for the next preparation course.

MARRIAGE: Contact Fr. John at least six months before your anticipated date of marriage.

PRIESTHOOD: If you would like further information about becoming a priest, brother, or sister contact Fr. John or visit www.vocations.ca

SICK CALLS: If you know of a parishioner who is hospitalized or unable to attend Mass and would like to receive Holy Communion please call the Parish Office.

WEEKLY COLLECTION UPDATE: February 14th: \$1625.00. Weekly Budget: \$2350.00. Difference: - \$725.00. Renovation Fund: \$5.00. Thank you for your generous support.



SANCTUARY CANDLE INTENTION: For the repose of the souls of Melvin and Charlotte Southcott by Colleen Southcott-Lionello & Family.

SANCTUARY CANDLE: Each week we invite you to light the sanctuary lamp in memory of a loved one or for a special intention. The cost is \$20.00 and you may drop the donation off at the rectory or place it in the collection with the information enclosed. **We are in need of intentions for March onward.**

SCRIPTURE REFLECTION: "After John had been arrested, Jesus came to Galilee proclaiming the gospel of God..." (Mark 1:14) Do you ever think about how difficult it must have been for Jesus to come into Galilee, knowing that John had just been arrested for teaching the same message that Jesus was proclaiming. It must have taken great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, following a life of stewardship takes great love and trust from us. We must be willing to surrender completely to God, trusting that God will always give us all that we need to fulfill His plan for us. (from the Saint Louis Archdiocese Stewardship Office)



HOW TO E-TRANSFER: For those who wish to donate to the Parish by e-transfer, use the email "sacredheart296@eastlink.ca" and the security / password "sacredheart". Thank you for your support!

FOR THOSE UNABLE TO ATTEND MASS ... SPIRITUAL COMMUNION PRAYER: My Jesus, I believe that you are in the Blessed Sacrament. I love you above all things, and I long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

DAILY MASS: You can follow Cardinal Collins' Mass at www.stmichaelscathedral.com/live or the Daily TV Mass at www.youtube.com/dailytvmass

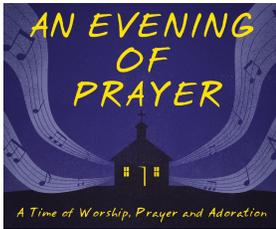


KINDERGARTEN REGISTRATION: If your child was born in 2017 and will be starting school in September 2021, it is time to register him/her for kindergarten. Due to Covid-19, there will not be kindergarten open houses like in the past. Instead families can register online any time during February by visiting www.ncdsb.on.ca Catholic Education makes the difference!

FRIDAYS OF LENT: Each Friday during Lent, Mass will be celebrated at 7:00 P.M. followed by praying the Stations of the Cross. This is a beautiful Lenten devotion that the whole family can participate in and a great way to enter into this sacred season. Please join us!

UPDATE ON COVID PROTOCOLS: Beginning January 1st updated protocols were mandated by the Ontario Bishops to ensure the safety of all. Masks are required for all unless one has a **written exemption** from a designed medical professional. (Written exemptions need to be presented in advance.) Additionally, **face shields and / or plastic masks are no longer a replacement for a face mask.**

At Communion time, please remember to keep your mask on until after you have received Holy Communion and have stepped aside to one of the distancing markers. At that point, you can remove your mask, consume Holy Communion, put your mask back on, and then return to your pew. Please do not lower your mask before you step aside from Fr. John.



FEAST OF THE CHAIR OF ST. PETER: This **Monday** the Church celebrates the Feast of the Chair of St. Peter. Bishop Poitras will presided at a special Evening Prayer Service that evening at **7:00 P.M. at St. Anthony's Cathedral.** It will be an opportunity to pray for the intentions of Pope Francis, the successor to the Chair of St. Peter, as well as for the needs of the Church and our Diocese. All are welcome.

MARRIAGE TIP: There are three essential components of successful marriages: the ability to communicate effectively; a commitment to longevity, depth and growth; and an ability to resolve conflict. Each of these components require skills which, when learnt, become the keys to a lasting marriage. Taking the time to improve your skills in these areas will result in a continual renewal of your relationship and the ability to persevere through times of stress. (Diocese of Hamilton's Family Ministry Office).

LENTEN PASTORAL LETTER: Bishop Poitras' 2021 Lenten Pastoral Letter has now been published. This year's message is entitled "Pandemic and Faith Life: It is good to hope in silence for the Lord's deliverance." It is a timely reflection on the times we are living and how the theological virtues of faith, hope, and love can guide us. The letter is available on our website as well as our social media platforms.

2020 2021 DIOCESAN PRIORITY

"A personal relationship with Christ through the Sacraments"

Reflect on the place of the Eucharist in my personal life.

1. Look at how I receive communion.
2. Re-read Chapter 6 of the Gospel of Saint John.
3. Re-read the Bishop's Pastoral Letter 'Do This in Memory of Me'.

What is the Eucharist?: The Eucharist is the very sacrifice of the Body and Blood of the Lord Jesus which he instituted to perpetuate the sacrifice of the cross throughout the ages until his return in glory. Thus he entrusted to his Church this memorial of his death and Resurrection. It is a sign of unity, a bond of charity, a paschal banquet, in which Christ is consumed, the mind is filled with grace, and a pledge of future glory is given to us. (Compendium, 271)

CHRISTIANS NEED TO SPEAK OUT FOR THE VULNERABLE

Coalition for
HealthCARE
and Conscience

Bill C-7 expands Medical Assistance in Dying to those whose death is not in the foreseeable future. Last week's senate amendments would expand it further, posing a threat to people with dementia and mental health issues.

Bill C-7 includes the following amendments

- Allowing people to make advance requests prior to illness that would take effect if mental capacity is lost.
- Allowing assisted suicide for people with mental illness.

Bill C-7 endangers the vulnerable. Please pray, and ask your MP to vote against the amendments.

Email your MP at canadiansforconscience.ca