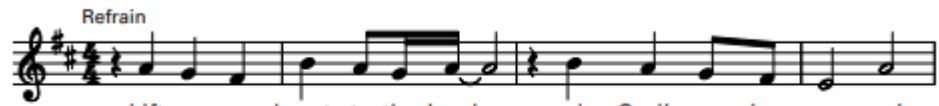


ENTRANCE HYMN –

LIFT UP YOUR HEARTS

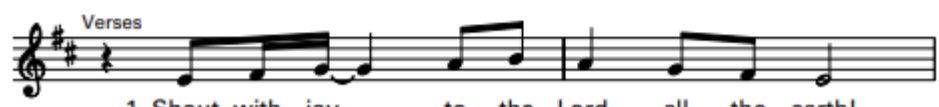
Roc O'Connor, SJ

Refrain

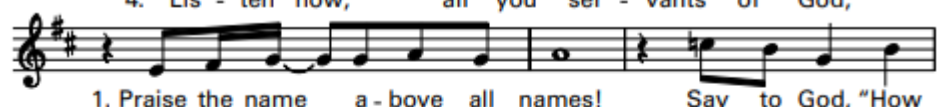


Lift up your hearts to the Lord, praise God's gra-cious mer-cy!
Sing out your joy to the Lord, whose love is en-dur-ing.

Verses

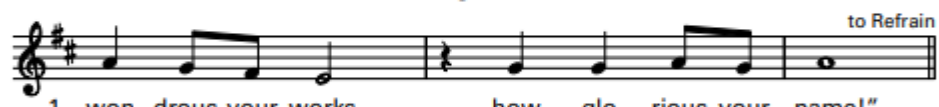


1. Shout with joy to the Lord, all the earth!
2. Let the earth wor-ship, sing-ing your praise.
3. God's right hand made a path through the night,
4. Lis-ten now, all you ser-vants of God,



1. Praise the name a-bove all names! Say to God, "How
2. Praise the glo-ry of your name! Come and see the
3. split the wa-ters of the sea. All cre-a-tion,
4. as I tell of these great works. Bless-ed be the

to Refrain



1. won-drous your works, how glo-rious your name!"
2. deeds of the Lord; bless God's ho-ly name!
3. lift up your voice: "Our God set us free!"
4. Lord of my life, whose love shall en-dure!

Text: Based on Psalm 66. Text and music © 1981, 1993, Robert F. O'Connor, SJ and OCP. All rights reserved.

FIRST READING

Jos 24:1-2a,15-17,18b

Joshua gathered together all the tribes of Israel at Shechem, summoning their elders, their leaders, their judges, and their officers. When they stood in ranks before God, Joshua addressed all the people: "If it does not please you to serve the LORD, decide today whom you will serve, the gods your fathers served beyond the River or the gods of the Amorites in whose country you are now dwelling. As for me and my household, we will serve the LORD." But the people answered, "Far be it from us to forsake the LORD for the service of other gods. For it was the LORD, our God, who brought us and our fathers up out of the land of Egypt, out of a state of slavery. He performed those great miracles before our very eyes and protected us along our entire journey and among the peoples through whom we passed. Therefore, we also will serve the LORD, for he is our God."

The Word of the Lord

R/ Thanks be to God

RESPONSORIAL PSALM

PS 34:2-3,16-17,18-19,20-21

R. Taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be ever in my mouth. Let my soul glory in the LORD; the lowly will hear me and be glad. **R/**

R. Taste and see the goodness of the Lord.

The LORD has eyes for the just, and ears for their cry. The LORD confronts the evildoers, to destroy remembrance of them from the earth. **R/**

When the just cry out, the LORD hears them, and from all their distress he rescues them. The LORD is close to the brokenhearted; and those who are crushed in spirit he saves. **R/**

Many are the troubles of the just one, but out of them all the LORD delivers him; he watches over all his bones; not one of them shall be broken. **R/**

SECOND READING

Eph 5:21-32

Brothers and sisters: Be subordinate to one another out of reverence for Christ. Wives should be subordinate to their husbands as to the Lord. For the husband is head of his wife just as Christ is head of the church, he himself the savior of the body. As the church is subordinate to Christ, so wives should be subordinate to their husbands in everything. Husbands, love your wives, even as Christ loved the church and handed himself over for her to sanctify her, cleansing her by the bath of water with the word, that he might present to himself the church in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. So also husbands should love their wives as their own bodies. He who loves his wife loves himself. For no one hates his own flesh but rather nourishes and cherishes it, even as Christ does the church, because we are members of his body. *For this reason a man shall leave his father and his mother and be joined to his wife, and the two shall become one flesh.* This is a great mystery, but I speak in reference to Christ and the church.

The Word of the Lord

R/ Thanks be to God

ALLELUIA

Jn 6:63c,68c

Your words, Lord, are Spirit and life; you have the words of everlasting life.

R. Alleluia, alleluia.

GOSPEL

Jn 6:60-69

Many of Jesus' disciples who were listening said, "This saying is hard; who can accept it?" Since Jesus knew that his disciples were murmuring about this, he said to them, "Does this shock you? What if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life, while the flesh is of no avail. The words I have spoken to you are Spirit and life. But there are some of you who do not believe." Jesus knew from the beginning the ones who would not believe and the one who would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted him by my Father." As a result of this, many of his disciples returned to their former way of life and no longer accompanied him. Jesus then said to the Twelve, "Do you also want to leave?" Simon Peter answered him, "Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God."

This is the Gospel of the Lord

R/ Praise to You Lord Jesus Christ

OFFERTORY HYMN –

YOUR WORDS ARE SPIRIT AND LIFE (PSALM 19)

Bernadette Farrell

Refrain

Your words are spir - it and life, O Lord: rich - er than
gold, strong - er than death. Your words are spir - it and
life, O Lord; life ev - er - last - ing.

Verses

1. God's law is per - fect, re - fresh - ing the soul, re -
2. God's pre - cepts keep us; their pur - pose is right. They
3. Liv - ing by God's truth is ho - ly and sure; God's
4. God's word is pre - cious, de - sired more than gold; worth

1. viv - ing the wea - ry spir - it. God's
2. glad - den the hearts of peo - ple. God's com -
3. pres - ence is ev - er - last - ing. God's
4. more than we dare i - mag - ine and,

1. rule can be trust - ed: bring - ing us wis - dom,
2. mand is so clear it brings us new vi - sion;
3. truth is e - ter - nal, bring - ing us jus - tice;
4. sweet - er than hon - ey, this word will feed us,

to Refrain

1. bring - ing God's wis - dom to birth.
2. bring - ing God's light to our eyes.
3. bring - ing God's jus - tice to earth.
4. bring - ing ful - fill - ment and joy.

Text: Based on Psalm 19:8–11. Text and music © 1993, Bernadette Farrell. Published by OCP. All rights reserved.

COMMUNION HYMN –

LET US BREAK BREAD TOGETHER

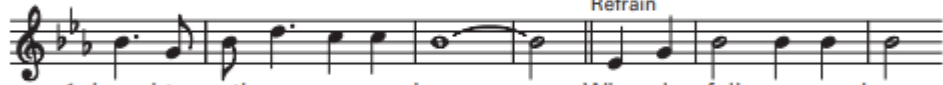
Spiritual

Verses



1. Let us break bread to-gether on our knees; Let us break
2. Let us drink wine to-gether on our knees; Let us drink
3. Let us praise God to-gether on our knees; Let us praise

Refrain



1. bread to-gether on our knees; When I fall on my knees,
2. wine to-gether on our knees;
3. God to-gether on our knees;



With my face to the ris-ing sun, O Lord, have mer-cy on me.

Text: 10 10 with refrain; Spiritual. Music: LET US BREAK BREAD.

Prayer of Thanksgiving after Communion My good Jesus, I thank You with all my heart for giving me Yourself, the Source of all graces, in holy communion. I thank You for all the blessings that I have received from You, especially through the Holy Eucharist, in which You are ever present to console us and to help us in our needs. In thanksgiving of all Your favors, I offer You all that I am and have. Dispose of me according to Your pleasure. May Your will be done in me and through me, now and forever.

RECESSIONAL HYMN –

I Am the Bread of Life

Verses



1. I am the Bread of life. You who
2. The bread that I will give is my
3. Un - less you eat of the
4. I am the Res - ur - rec - tion, that
5. Yes, Lord, I be - lieve that



come to me shall not the hun - ger; and who be -
flesh for the life of the world, and if you
flesh of the Son of Man and
I am the life. If you be -
you are the Christ, the



lieve in me shall not thirst. No one can come to
eat of this bread, you shall live for
drink of his blood, and drink of his
lieve in me, e - ven though you
Son of God, Who has



me un - less the Fa - ther beck - ons.
ev - er, you shall live for ev - er.
blood, you shall not have life with - in you.
die, you shall live for ev - er.
come in - to the world.

And I will raise you up, and I will raise you up,

And I will raise you up, on the last day.

