

LENT 2020

AT ST. ANTHONY DE PADUA CATHOLIC PARISH



Entering into Solemn Preparation

The entire **Lenten Season** is a journey devoted to preparing for the great celebration of the *Paschal Mystery* at Easter. We walk alongside Jesus on this journey by engaging in the disciplines of **prayer, fasting, and almsgiving**.

To help you on your way, we have curated a list of **Lenten Resources for Home & Family** at stasb.org/LentAndEaster, including prayers, meditations, family activities, kid crafts, our annual Lent Challenge, and more.

Our parish is offering lots of opportunities for prayer, fasting, and giving alms together, including **Stations of the Cross** on Fridays, **Reconciliation** on March 19, **Community Alms Collections** each weekend, and our stunning **Triduum** liturgies. Please join us!

LENTEN FORMATION EVENTS

7 Last Words of Jesus, Fr. Terry Fisher, March 12

Join us for Mass at 5:30pm and stay for this presentation at 6:15pm. Fr. Terry will offer a powerful reflection to help all of us continue on our Lenten Journey with open hearts.

Wild Goose Faith Formation Series

Discover a deeper relationship with the Holy Spirit with this 14 part video series. Fr. Bob leads each session on Tuesdays, 7:00-8:00pm in the Church, from Jan 14 to Apr 14. A study guide will be provided. Sessions are drop-in and content is stand-alone from week to week. Visit www.stasb.org for full details.

WEEK 1	WEEK 2	WEEK 3	WEEK 4
<p>FEBRUARY 26 Ash Wednesday Mass at 6:30 am, 9am, 6pm</p> <p>FEBRUARY 28 Stations of the Cross 2:15 & 5:30 pm in the Church</p> <p>FEB 28-MARCH 1 2nd Collection at Mass Christ Child Society</p>	<p>MARCH 3 Wild Goose Formation Series 7:00-8:00 pm in the church</p> <p>MARCH 6 Parish Fish Fry <i>All you can eat or carry-out</i> 4:00-7:00 pm in the gymnasium</p> <p>Stations of the Cross 5:30 pm in the Church</p> <p>MARCH 7-8 2nd Collection at Mass St. Vincent de Paul Society</p>	<p>MARCH 10 Wild Goose Formation Series 7:00-8:00 pm in the church</p> <p>The Light is On for You Reconciliation from 6pm-8pm</p> <p>MARCH 12 7 Last Words of Christ <i>Lent Reflection by Fr. Terry Fisher</i> 6:15 pm in the Church</p> <p>MARCH 13 Stations of the Cross 2:15 & 5:30 pm in the Church</p> <p>MARCH 14-15 2nd Collection at Mass Women's Care Center</p>	<p>MARCH 17 Wild Goose Formation Series 7:00-8:00 pm in the church</p> <p>MARCH 19 Parish Penance Service 4 Priests available for Reconciliation, 6:15 pm</p> <p>MARCH 20 Living Stations of the Cross <i>Presented by 6th Grade Students</i> 2:15 & 5:30 pm in the Church</p> <p>MARCH 21-22 2nd Collection at Mass Michiana Down Syndrome</p>
WEEK 5	WEEK 6	HOLYWEEK · TRIDUUM · EASTER	
<p>MARCH 24 Wild Goose Formation Series 7:00-8:00 pm in the church</p> <p>MARCH 27 Stations of the Cross 5:30pm in the Church</p> <p>MARCH 28-29 2nd Collection at Mass Parish Debt Reduction</p> <p>Anointing of the Sick Saturday at 5:30 pm, after the vigil Mass</p>	<p>MARCH 31 Wild Goose Formation Series 7:00-8:00 pm in the church</p> <p>APRIL 3 Stations of the Cross 2:15 & 5:30 pm in the Church</p> <p>PALM SUNDAY APRIL 4-5 2nd Collection at Mass Hannah's House</p>	<p>HOLY THURSDAY Mass of the Lord's Supper 7:00 pm, followed by Adoration & Confession until 10:00 pm</p> <p>GOOD FRIDAY Lord's Passion 12:30pm, followed by Confession from 1:30-3:00 pm <i>Begin Divine Mercy Novena</i></p> <p>Tenebrae Service 8:30 pm in the church</p>	<p>HOLY SATURDAY Church Decorating, 10:30 am <i>Help needed, families welcome!</i></p> <p>Easter Vigil 8:45 pm on the church steps</p> <p>EASTER SUNDAY Mass celebrated at 8:15 am & 10:30 am <i>We warmly welcome all visitors to St. Anthony de Padua Catholic Parish!</i></p>

Full details can be found at www.stasb.org

LENT CHALLENGE

During the Season of Lent, I will open my heart and challenge myself to become more like Christ by participating in these acts of penance and contemplation (select yours):

PRAYER

- Go to Reconciliation during Lent (Parish Lenten Service: March 19th at 6:15 pm)
- Pray the Stations of the Cross (Fridays of Lent at 5:30 pm)
- Attend Adoration of the Blessed Sacrament (TH 6pm-7pm and FRI/SAT 9am-10am, weekly)
- Go to the Lenten Reflection by Fr. Terry Fisher (March 12th at 6:15 pm)
- Attend the Triduum & Easter Liturgies (Holy Thursday, Good Friday, Holy Saturday, Easter Sunday)
- Participate in extra morning or evening weekday Mass (MWF 8:15 am, T/TH 5:30 pm at St. Anthony)
- Spend 10 minutes in meditative prayer each day (Magnificat, Word Among Us, Hallow.app, iBreviary.com)
- Meditate on the Passion Gospel (John 18:1–19:42)
- Read Bishop Robert Barron's Lenten Reflections (wordonfire.org)
- Pray the Rosary for world peace or an end to abortion
- Listen to Redeemer Radio or Christian Music (redeemerradio.com)

FASTING FROM

- Complaining
- Gossip or negativity
- Social Media
- TV/Radio & substitute Redeemer Radio (redeemerradio.com) or other Catholic programming
- Screen time & substitute the "Forgiven Program" one day a week (visit stasb.org for link and access)
- Any food between meals
- Your favorite food
- Alcoholic beverages or soda

ALMSGIVING

- Give to Operation Rice Bowl (crsricebowl.org)
- Increase your weekly tithing (read more about giving to St. Anthony Parish at stasb.org/giving)
- Donate to our parish St. Vincent de Paul Society (food, time, funding)
- Give to our weekly 2nd collection Parish Alms for various groups in the community
- Donate time to our service ministries, such as Lectors, Greeters, Extraordinary Ministers (stasb.org/serviceministries)
- Give of your time, talent, or treasure to a worthy cause (stasb.org/timetalent)

Kids Lent Challenge!

During the Season of Lent, I will try to be more like Jesus by: (Pick a one or a few from each act of penance that will bring you closer to Jesus by doing them often during Lent.)

PRAYER

- Pray a decade of the Rosary every day
- Read a little from your Bible each night
- Pray with your family at mealtimes
- Pray for peace, life, and our parish
- Go to Adoration Club

FASTING FROM

- My favorite food, beverage, or treat
- Complaining or disobeying
- Gossip or negativity
- TV, YouTube, TikTok, or other video apps
- Screen time one day a week

GIVING

- Collect coins for Operation Rice Bowl
- Invite someone new to play or hangout
- Give your time to help at our parish
- Give your time to help at school
- Do extra chores at home to help out

