

LENT 2021

AT ST. ANTHONY DE PADUA CATHOLIC PARISH



Entering into Loving Preparation

The entire **Lenten Season** is a journey devoted to preparing for the great celebration of the *Paschal Mystery* at Easter. We walk alongside Jesus on this journey by engaging in **prayer**, **fasting**, and **almsgiving**.

To help you on your way, we have curated a list of **Lenten Resources for Home & Family** at stasb.org/LentAndEaster, including prayers, family activities, kid crafts, our annual Lent Challenge, and more.

Our parish is offering opportunities for prayer, fasting, and giving alms together, including **Stations of the Cross** on Fridays, **Reconciliation** on March 18, **Community Alms Collections** each weekend, and our stunning **Triduum** liturgies. Please join us!

LIVE LENT DAILY

#Pray 40: St. Joseph

40 days. 40 prayers. Grow closer to Jesus following the example of St. Joseph - on the Hallow App at www.hallow.com

Daily Meditations from Bishop Barron

www.lentreflections.com - Gospel reflections sent each day

Best Lent Ever

DynamnicCatholic.com - daily inspiration from Matthew Kelly

Holy Heroes Lenten Adventure for Kids!

www.holyheroes.com - scroll to the bottom of the for link

WEEK 1	WEEK 2	WEEK 3	WEEK 4
<p>FEBRUARY 17 Ash Wednesday Mass at 6:45 am, 8:15 am, and 5:30 pm</p> <p>FEBRUARY 19 Stations of the Cross 5:30 pm in the Church</p> <p>FEBRUARY 20-21 2nd Collection at Mass Christ Child Society</p>	<p>FEBRUARY 26 Stations of the Cross 5:30 pm in the Church</p> <p>FEBRUARY 27-28 2nd Collection at Mass St. Vincent de Paul Society</p> <p>PRAY: LIVE LENT FOR OTHERS This week, consider praying a decade of the Rosary each day for the organizations we are supporting through our Lent 2nd Collections.</p>	<p>MARCH 5 Stations of the Cross 5:30 pm in the Church</p> <p>MARCH 6-7 2nd Collection at Mass Women's Care Center</p> <p>FAST: LIVE LENT FOR OTHERS This week, consider fasting to support one of the organizations from our Lent 2nd Collections. Fast from a favorite treat or regular habit (think drive-through coffee!) in order to give more, or from material things (by donating needed items).</p>	<p>MARCH 9 The Light is On for You Reconciliation, 6pm-8pm</p> <p>MARCH 11 Be the Light Gathering Heart & Home Women's Group Gathering CMR at 7:00 pm</p> <p>MARCH 12 Stations of the Cross 5:30 pm in the Church</p> <p>MARCH 13-14 2nd Collection at Mass Michiana Down Syndrome</p>
WEEK 5	WEEK 6	HOLY WEEK · TRIDUUM · EASTER	
<p>MARCH 18 Parish Reconciliation Service 4 Priests available for Reconciliation, 6:00 pm</p> <p>MARCH 19 FEAST OF SAINT JOSEPH Stations of the Cross 5:30pm in the Church</p> <p>MARCH 20-21 2nd Collection at Mass School Tuition Assistance</p> <p>Anointing of the Sick Saturday after the Vigil Mass</p>	<p>MARCH 26 Stations of the Cross 5:30 pm in the Church</p> <p>PALM SUNDAY MARCH 27-28 2nd Collection at Mass Hannah's House</p> <p>GIVE: LIVE LENT FOR OTHERS This week, consider volunteering at or contributing goods to one of the organizations we are supporting through our Lent 2nd Collections.</p>	<p>HOLY THURSDAY Mass of the Lord's Supper 7:00 pm, followed by Adoration & Confession until 10:00 pm</p> <p>GOOD FRIDAY Confession & Stations Confession from 1:00-2:30pm Stations at 2pm, Stabat Mater</p> <p>Lord's Passion 3:00pm in the church</p> <p>Tenebrae Service 8:30 pm in the church</p>	<p>HOLY SATURDAY Church Decorating, 10:30 am Help needed, families welcome!</p> <p>Easter Vigil 8:45 pm on the church steps</p> <p>EASTER SUNDAY Mass celebrated at 8:15 am & 10:30 am We warmly welcome all visitors to St. Anthony de Padua Catholic Parish!</p>

Full details can be found at www.stasb.org

LENT CHALLENGE

During the Season of Lent, I will open my heart and challenge myself to become more like Christ by participating in these acts of love and mercy (select yours):

PRAYER

- Go to Reconciliation during Lent (Parish Service on March 18th at 6pm, Thursdays 6-7pm, Saturdays 9-10am, or by appointment – contact Fr. Ben at frben@stasb.org)
- Pray the Stations of the Cross (Fridays during Lent at 5:30 pm)
- Attend Adoration of the Blessed Sacrament (Thursdays 6pm-7pm & Saturdays 9am-10am in the church)
- Sign up for the Bible in a Year Podcast with Fr. Mike Schmitz (ascensionpress.com)
- Attend the Triduum & Easter Liturgies (Holy Thursday, Good Friday, Holy Saturday, Easter Sunday)
- Participate in extra morning or evening weekday Mass (MWF 8:15 am, T/TH 5:30 pm at St. Anthony)
- Spend 10 minutes in meditative prayer each day (Magnificat, Word Among Us, Hallow.app, iBreviary.com)
- Meditate on the Passion Gospel (John 18:1–19:42)
- Sign up for Bishop Robert Barron's Daily Lenten Reflections (lentenreflections.com)
- Listen to Redeemer Radio or Christian Music (redeemerradio.com/Redeemer Radio App)
- Pray the Rosary and Divine Mercy Chaplet Regularly

FASTING FROM

- Complaining
- Gossip or negativity
- Social Media
- TV/Radio & substitute Redeemer Radio (redeemerradio.com) or other Catholic programming
- Screen time & substitute the "Forgiven Program" one day a week (visit stasb.org for link and access)
- Food between meals
- Your favorite food
- Alcoholic beverages or soda

ALMSGIVING

- Give to Operation Rice Bowl (csrcicebowl.org)
- Increase your weekly tithe (read more about giving to St. Anthony Parish at stasb.org/giving)
- Donate to our parish St. Vincent de Paul Society (food, time, funding)
- Give alms to our Parish-wide weekly Lent 2nd Collection or donate your time to those organizations
- Donate time to a ministry in our parish (stasb.org/ministries)

Kids Lent Challenge!

During the Season of Lent, I will try to be more like Jesus by: (Pick a one or a few from each act of penance that will bring you closer to Jesus by doing them often during Lent.)

PRAYER

- Pray a decade of the Rosary every day
- Read a little from your Bible each night
- Pray with your family at mealtimes
- Pray for peace, life, and our parish
- Download the Hallow App & Pray!

FASTING FROM

- My favorite food, beverage, or treat
- Complaining or disobeying
- Gossip or negativity
- TV, YouTube, TikTok, or other apps
- Screen time one day a week

GIVING

- Collect coins for Operation Rice Bowl
- Invite someone new to play or hangout
- Give your time to help at our parish
- Give your time to help at school
- Do extra chores at home to help out

