



Saint Benedict Catholic Church

A Prayer to Our Lady of Prompt Succor

O Mary, Mother of God,
through the years,
your people have called
on your intercession
in times of epidemic and illness.

We call on you, now, as our mother
and ask that you pray for us,
that we might find healing and refuge,
and a quick end to this time of illness.

Be to us truly
Our Lady of Prompt Succor
and draw us ever closer to your Son,
the source of all healing and consolation.

Our Lady of Prompt Succor,
hasten to help us!
Amen.

A prayer for the sick especially those suffering from the coronavirus.

Loving God, you sent your son Jesus Christ to heal the sick. We ask you to come to our aid in the midst of the coronavirus crisis that we too may experience your healing love. We ask you to heal those who are sick. Calm those who are living in fear. Be with those who have died and comfort their families. Inspire health professionals to aid them in their healing work. Guide national leaders to lead and make decisions with wisdom. Help us to always be aware of your presence as we place our trust in you. We ask this in Jesus name. Amen.

Prayer for an end to the coronavirus crisis

Loving God, we come before you in our time of need. We lay before you our concerns and fears over the spread of the coronavirus. We know that you are mightier than all our fears and that the name of Jesus is the name above all other names. We ask, in the name of Jesus, that you stop the spread of the coronavirus. In your mercy, heal those who are sick and lead those who have died into your heavenly kingdom. We ask this in the mighty name of Jesus. Amen.

Acts of Spiritual Communion

It has long been a Catholic understanding that when circumstances prevent one from receiving Holy Communion, it is possible to make an Act of Spiritual Communion which is a source of grace. Spiritual Communion means uniting one's self in prayer with Christ's sacrifice and worshipping him in his Body and Blood.

The most common reason for making an Act of Spiritual Communion is when a person cannot attend Mass. Acts of Spiritual Communion increase our desire to receive sacramental Communion and help us avoid the sins that would make us unable to receive Holy Communion worthily.

A prayer for Spiritual Communion

My Jesus, I believe that you are present in the Most Holy Sacrament.
I love you above all things and I desire to receive you in my soul.
Since I cannot at this moment receive you sacramentally,
Come at least spiritually into my heart.
I embrace you as if you were already there
And unite myself wholly to you.
Never permit me to be separated from you.
Amen.