

Our Catholic Prayers St. Thomas RE

Sign of the Cross

Proper use of Holy Water

Proper way to Genuflect

Our Father

Our Father,
Who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in
heaven.

Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace. The Lord is
with thee. Blessed art thou amongst
women, and blessed is the fruit of thy
womb, Jesus. Holy Mary, Mother of
God, pray for us sinners, now and at
the hour of our death. Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Morning Offering * (Grades 1-3)

Oh my God, I offer You every thought
and word and act of today. Please
bless me, my God, and make me good
today. Amen!

Morning Offering * (Grades 4-6)

O Jesus, through the Immaculate
Heart of Mary, I offer You all my
prayers, works, joys and sufferings of
this day. For all the intentions
of Your Sacred Heart, in union with
the Holy Sacrifice of the Mass
throughout the world, in reparation
for my sins, and for the intentions of
all the faithful. Amen

Guardian Angel Prayer

Angel of God, my Guardian dear, to
whom God's love commits me here,
ever this day be at my side, to light
and guard, to rule and guide. Amen.

Grace Before Meals*

Bless us, O Lord, and these Thy gifts,
which we are about to receive from
Thy bounty, through Christ our Lord.
Amen.

Grace After Meals* (Grade 1-3)

We give you thanks Almighty God,
for these and all your blessing; you
live and reign, forever and ever. Amen

Grace After Meals* (Grade 4-6)

We give you thanks for all Your
benefits, O almighty God. Who lives
and reigns forever; and may the souls
of the faithful departed, through the
mercy of God, rest in peace. Amen

Act of Contrition*

O my God, I am heartily sorry for having offended thee, and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

Prayer to Saint Michael

Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God thrust into hell Satan and all the other evil spirits who prowl throughout the world seeking the ruin of souls. Amen.

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession, was left unaided. Inspired by this confidence, We fly unto thee, O Virgin of virgins my Mother; to thee do we come, before thee we stand, sinful and sorrowful; O Mother of the Word Incarnate, despise not our petitions, but in thy mercy hear and answer them. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls into Heaven, especially those in most need of Thy mercy. Amen

Prayer to the Holy Spirit* (Grade 1-3)

Come, O Holy Spirit, fill the hearts of Thy Faithful, and enkindle in them the fire of your love. Amen

Come Holy Spirit * (Grade 4-6)

Come Holy Spirit, fill the hearts of your faithful and enkindle in them the fire your Divine Love.

V. Send forth your Spirit and they shall be created.

R. *and You shall renew the face of the earth.*

Let us pray:

O God, who by the light of the Holy Spirit, instruct the heart of Your faithful, grant that by the same Holy Spirit, we may be truly wise, and ever rejoice in Your consolation, through Christ our Lord, Amen

The Apostle's Creed

I believe in God,
the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell. The third day He arose again from the dead; He ascended into Heaven, and is seated at the right hand of God, the Father Almighty; from there He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Chaplet of Divine Mercy

Begin with:

- One Our Father,
- One Hail Mary
- One Apostle's Creed

Then, on the large bead of the Rosary, say:

- *Eternal Father,
I offer you the Body and Blood,
Soul and Divinity,
of Your Dearly Beloved Son,
Our Lord, Jesus Christ,
in atonement for our sins
and those of the whole world.*

On the ten small beads of each decade, say:

- *For the sake of His sorrowful Passion,
have mercy on us and on the whole
world.*

After 5 decades, in conclusion say 3 times:

- *Holy God,
Holy Mighty One,
Holy Immortal One,
have mercy on us
and on the whole world.*

End with:

- The Sign of the Cross

Hail Holy Queen

Hail, Holy Queen, Mother of mercy,
Our life, our sweetness and our hope.
To thee do we cry, poor banished
children of Eve: to thee do we send up
our sighs, mourning and weeping in
this valley of tears. Turn then, most
gracious Advocate, thine eyes of
mercy toward us, and after this our
exile, show unto us the blessed fruit of
thy womb, Jesus. O clement, O loving,
O sweet Virgin Mary! Amen.

Act of Love

O My God, I love you above all
things, with my whole heart and soul,
because you are all-good and worthy
of all love. I love my neighbor as
myself for the love of you.

I forgive all who have injured me,
and ask pardon of all whom I have
injured. Amen.

Act of Faith

O my God, I firmly believe that you
are one God in three divine Persons,
Father, Son, and Holy Spirit; I believe
that your Divine Son became man and
died for our sins, and that he will
come to judge the living and the dead.
I believe these and all the truths which
the Holy Catholic Church teaches,
because You have revealed them, who
can neither deceive nor be deceived.
Amen

Act of Hope

O my God, relying on Your almighty
power and infinite mercy and
promises, I hope to obtain pardon of
my sins, the help of Your grace, and
life everlasting, through the merits of
Jesus Christ, my Lord and Redeemer.

The Joyful Mysteries

- **The Annunciation:** The Archangel Gabriel "announces" to Mary that she shall conceive the Son of God.
- **The Visitation:** Mary visits her cousin Elizabeth, who is pregnant with John the Baptist.
- **The Nativity:** Jesus is born.
- **The Presentation:** Mary and Joseph "present" Jesus in the Temple where they meet Simeon.
- **The Finding in the Temple:** After losing Him, Mary and Joseph find young Jesus teaching the Rabbis in the Temple.

The Luminous Mysteries

- **The Baptism in the Jordan:** The voice of the Father declares Jesus the beloved Son.
- **The Wedding at Cana:** Christ changes water into wine, his first public miracle.
- **The Proclamation of the Kingdom:** Jesus calls to conversion (cf. Mk 1:15) and forgives the sins of all who draw near to him.
- **The Transfiguration:** The glory of the Godhead shines forth from the face of Christ.
- **The Institution of the Eucharist:** Jesus offers the first Mass at the Last Supper with his apostles, establishing the sacramental foundation for all Christian living.

The Sorrowful Mysteries

- **The Agony in the Garden:** Jesus sweats water and blood while praying the night before his passion.
- **The Scourging at the Pillar:** Pilate has Jesus whipped.
- **The Crowning with Thorns:** Roman soldiers crown Jesus' head with thorns.
- **The Carrying of the Cross:** Jesus meets His mother and falls three times on the way up Calvary.
- **The Crucifixion:** Jesus is nailed to the cross and dies before His mother and His apostle John.

The Glorious Mysteries

- **The Resurrection:** Jesus rises from the dead.
- **The Ascension:** Jesus leaves the Apostles and bodily "ascends" to heaven.
- **The Descent of the Holy Spirit:** The Apostles receive the Holy Spirit in tongues of fire in the upper room with Mary.
- **The Assumption:** Mary is taken bodily--assumed--into heaven by God at the end of her life here on earth.
- **The Coronation:** Mary is crowned Queen of Heaven and Earth.