



# Knights of Columbus

St. Catherine of Alexandria Council #6438  
Valley City, North Dakota



Feb.-March 2021

<http://www.stcatherine.k12.nd.us/church/knights-of-columbus/>

[chrisholm1964@gmail.com](mailto:chrisholm1964@gmail.com)

## The Lenten Season



**Lent:** The three traditional pillars of Lenten observance are prayer, fasting and almsgiving. The key to renewed appropriation of these practices is to see their link to baptismal renewal.

**Prayer:** More time given to prayer during Lent should draw us closer to the Lord. We might pray especially for the grace to live out our baptismal promises more fully. We might pray for the elect who will be baptized at Easter and support their conversion journey by our prayer. We might pray for all those who will celebrate the sacrament of reconciliation with us during Lent that they will be truly renewed in their baptismal commitment.

The Lenten season is a time for reflection, evaluation, and repentance. Lent calls us to a personal conversion and renewal—to a recommitted life in Christ so that we might not just celebrate Easter forty days later but also feel the risen Christ alive in us and in the world.

**Fasting:** Fasting is one of the most ancient practices linked to Lent. In fact, the paschal fast predates Lent as we know it. The early Church fasted intensely for two days before the celebration of the Easter Vigil. This fast was later extended and became a 40-day period of fasting leading up to Easter

## Feb.-March Calendar

- Feb.17 – Ash Wednesday
- Feb. 21– First Sunday of Lent
- Feb. 28– Second Sunday of Lent
- March 7– Third Sunday of Lent
- March 14– Fourth Sunday of Lent
- March 17- Feast Day of St. Patrick
- March 19– Feast Day of St. Joseph
- March 21– Fifth Sunday of Lent
- March 25– Feast Day of the Annunciation
- March 28– Palm Sunday

## 4th Degree Knights of Columbus

Are you a current Knight and want to join the 4th degree?

Here is the next upcoming Exemplification Schedule:

**When:** Feb. 27th

**Where:** Holy Cross Catholic Church  
**City:** West Fargo

**Time:** Candidates Arrive at 9am.

**Please visit:**

<https://nd-kofc.org/4th-degree>  
for more information

**Future Exemplification**

Jamestown: June 19th– More Info TBD

## Home On The Range Knights of Columbus

The Knights of Columbus Council #6438 will be conducting a fundraiser March 13 and 14 for the "Home on the Range" at Sentinel Butte, ND. Please consider giving generously to this worthy cause. Every free will donation will entitle the giver to proudly wear a beautiful green shamrock (just in time for St. Patrick's Day)! Our brother Knights will be at the church exits collecting donations and handing out Shamrocks after all Masses that weekend.

If we miss your donation March 13 and 14 you can drop it off at the parish office in an envelope marked HOTR KofC. Remember what Jesus said as recounted by Luke 6:38 "Give and it shall be given to you... For the measure you measure with will be measured back to you." If you would like more information about Home on the Range go to [www.hotrnd.com](http://www.hotrnd.com).

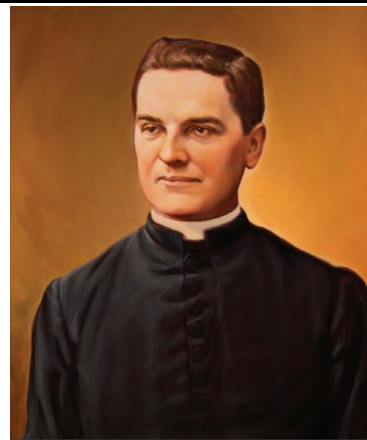
## Prayer for the Canonization of Blessed Michael McGivney

*Founder of the Knights of Columbus*

God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Blessed Michael McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbor. Through the example of his life and virtue, may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church. Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify Blessed Michael McGivney on earth according to the design of your holy will. Through his intercession, grant the favor I now present (*here make your request*). Through Christ our Lord. Amen.

*Please report all favors received:*

The Father McGivney Guild  
1 Columbus Plaza  
New Haven, CT 06510-3326 • USA  
[www.fathermcgivney.org](http://www.fathermcgivney.org)



## Knights T- Shirts Sign Up!!!!

Brother Knights,

We are moving forward with purchasing K of C Polo Shirts for our council. Orders are Due Feb. 28th, 2021. To place an order- please contact Kenton Sandfoss. Kenton can be reached at: [kentonsandfoss@gmail.com](mailto:kentonsandfoss@gmail.com)

BK Kenton R. Sandfoss  
*Newsletter Editor*

