# SPIRITUAL DIRECTORS ST. IGNATIUS OF LOYOLA

## **Kelly Chen**



English & Vietnamese

Kelly has been a parishioner of St. Ignatius for over 20 years and is currently involved in the Eucharistic Adoration ministry and serves as EMHC (Extraordinary Minister of Holy Communion) and worship coordinator. During her years as a catechist she attended classes and received a certificate for FTCM (Formation Toward Christian Ministry). Kelly graduated from Our Lady of Divine Providence School of Spiritual Direction in Clearwater, Florida and is a certified spiritual director. She is a full member of the Marian Servants of the Incarnate Wisdom. Kelly is originally from Viet Nam and is married to her husband Billy and they have three children.

## AnhThu Do



English & Vietnamese

I moved to Spring Texas from California in 2010 and learned to pray the Scriptures through Light Works and Spiritual Exercises at St. Ignatius Parish. I have been serving in hospitality ministry at the parish.

As a full member of Marian Servants of the Incarnate Wisdom, I am currently involved in Spiritual Direction, Healing Prayers, and Intercessory Prayer ministries. I received training and certification as a spiritual director through Our Lady of Divine Providence School of Spiritual Direction, in association with Franciscan University of Steubenville. I also attended Catholic School of Healing Prayer of Marian Servants of the Blessed Sacrament in St. Augustine, Florida.

I am grateful to the Lord for the gifts of spiritual direction and healing prayer that I have received. With gratitude, I would like to offer the gift to the others for God's greater glory. I am from Vietnam and married to my husband Duke. God blessed us with two children.

#### **Ruth Kleeman**



English

Ruth has resided in Houston since 1983 and is a wife, mother, grandmother and a retired nurse. As a member of St. Ignatius of Loyola Parish since 1996, she has been active in several ministries and services on the parish level as well as participating in local and international missions.

Ruth received her certification as a Spiritual Director/Companion from the Spiritual Direction Institute at the Cenacle Retreat Center after completing a three-year interdisciplinary formation and educational program. This process was an on-going time of discernment for answering God's call to become more involved with His Church.

Becoming a spiritual director resulted from her involvement in various parish ministries, the longing for a deepening personal spirituality through daily prayer, and the desire to support others. Spiritual direction assists a person to reflect on God and to see Him in the on-going experiences of life through his Son and the Holy Spirit.

## Lori Kananen



English

Lori and her family have been parishioners at St Ignatius since 2001. They have been involved in many ministries throughout their time at St. Ignatius. Currently, she serves on the Vocations Committee. As a Lay Missionary of Charity, Lori strives to adhere to this way of life and to share the gifts she has been given.

In 2017, she completed a graduate program in Spiritual Theology from the Avila Institute for Spiritual Formation. She received her certification as a Spiritual Director through The Cenacle of Our Lady of Divine Providence School of Spirituality in association with the Franciscan University of Steubenville. She offers spiritual direction based upon the spirituality of St. Ignatius of Loyola.

## Dcn. Greg Mouton



English

- o I am currently one of the deacons at St. Ignatius.
- I grew up in South Louisiana, went to University of Southwestern Louisiana
   (USL) in Lafayette, LA where I earned both a BS and an MBA degree.
- o I am married. God blessed us with three daughters.
- I spent 33 years in the railroad industry working with the Southern Pacific RR,
   The St. Louis Southwestern RR, and the Union Pacific RR.
- I was transferred with the Union Pacific RR to Omaha in 1996 and retired from the Union Pacific RR in 2010.
- I moved to Spring in 2010 and have been at St. Ignatius since that time.
   I am a certified spiritual director.

## Lillie Marie Poullard



Lillie Marie Poullard has been a member of St. Ignatius Loyola Catholic Parish, in Houston, Texas for over twenty years. During this period she has served in several ministries, and currently serves as a Worship Coordinator during weekday Masses. She is also involved with the Hope Center & Bereavement meal programs, and is one of the founding members of the Living Stones group. She is also a member of the Marian Servants of the Incarnate Wisdom.

Following completion of the Spiritual Exercises of St. Ignatius of Loyola in 2010, Lillie Marie became interested in the Marian Servants, and began participating in the group's weekly meetings & other activities. In 2013, she had the opportunity to attend the Catholic School on Healing Prayer, conducted by the Marian Servants in St. Augustine, Florida. Then in 2014, she accepted the call of God and became a Full member of the Marian Servants of the Incarnate Wisdom and has been an active member since then. Her strong desire to further serve God with compassionate love for others led her to seek participation in the Ministry of Spiritual Direction and, her prayers were answered in 2016 when she was accepted into Our Lady of Divine Providence School of Spiritual Direction, in association with Franciscan University of Stuebenville. With God's grace, she completed the program and received her certification in Spiritual Direction in June 2018.

Lillie Marie is married to her husband Paul, and they have three adult children, and four grandchildren. She was born and raised in the Opelousas, Louisiana area, and is a lifelong Catholic.

## Alicia Varela



English & Spanish

I have been a Marian Servant since 2007 and was certified as a Spiritual Director in 2010 at the School of Spiritual Direction of Our Lady of Divine Providence in Clearwater, FL.

I am a cradle Catholic, married over forty years, a mother and grandmother. In 2002 I experienced metanoia, a radical conversion after attending a Cursillo Retreat, which was the beginning of my spiritual awaking and journey seeking a deeper more intimate relationship with Jesus Christ. I found myself in love with Jesus and knew that he had always been pursuing me for himself. I then set out to fulfil the desire of my heart, to do His will. Discernment through the guidance of my Spiritual Director, I was able to see that Jesus was asking me to be His instrument, to become a spiritual director, to be an instrument of the Holy Spirit, "...And you my child, will be called the prophet of the Most High; for you will go before the Lord to prepare his ways, to give knowledge of salvation to his people in the forgiveness of their sins, ..." (Luke 1: 76-77)

o I have been providing individual spiritual direction since 2010 and have taken individuals through the 19<sup>th</sup> Annotation of the Spiritual Exercises of St. Ignatius of Loyola. I have participated in healing ministry and I am currently on the Archdiocese roster for the Diaconate Candidates' program for Spiritual Direction. I have also provided spiritual direction to students of the School of Spiritual Direction of Our Lady of Divine Providence in Houston, Texas since its inception in 2015. My husband and I are parishioners of St. Ignatius Loyola since 1985and we are involved in various ministries. We serve on the board of directors of the Archbishop Fulton J. Sheen Foundation to work and promote the Cause of Canonization for Sainthood. All for the glory of God, ...A.M.D.G.

## Louis Varela

Louis E. Varela has been a parishioner of Saint Ignatius Church since 1985 and has been a certified Spiritual director since 2011. He received his formation and training as a spiritual director from The Cenacle of Our Lady of Divine Providence School of Spiritual Direction, in Clearwater Florida, in affiliation with Franciscan University of Steubenville. He has been a spiritual director in Galveston-Houston Diocese since 2011 and has served as spiritual director, since 2016, to several Diaconate candidates in formation. Since 1999 he has served in other parish ministries providing voluntary medical care at Casa Juan Diego, Houston, Texas, and medical missionary services in Guatemala, El Salvador and Costa Rica. He has been a member of the Marian Servants of the Incarnate Wisdom, Houston, Texas, since 2007.

English & Spanish

#### **Janice Vines**



English

Janice Vines is a member of St Ignatius Catholic Church and a member of the Marian Servants of the Incarnate Wisdom. Jan is an EMHC and has served in many ministries. She graduated from Our Lady of Divine Providence School of Spiritual Direction, which is in association with the Franciscan University of Steubenville. Jan attended Galveston-Houston Archdiocese Deaconate formation with her husband at St Mary's Seminary and served for 8 years as a mentor of small faith sharing groups for the deacons' and wives' formation. She received a Diploma in Pastoral Theology from University of St. Thomas, School of Theology at St Mary's Seminary. Prior to this part of her journey she worked alongside her husband on Marriage and Engaged Encounters and Archdiocesan con-validation workshops.

Jan has been married for many years and has 3 grown children and 11 grandchildren. She enjoys spending time with her family and her grandchildren are her delight. Jan treasures all of the cute sayings of her grandchildren; however, one of the most treasured remarks made by a 6-year-old was "Grammy, your gift from God must be praying".