

# DECISION TREE for COVID Symptoms or COVID Exposure

Are you experiencing COVID-19 symptoms? They include:

## Primary Symptoms

**1 or more Primary Symptom**

- Fever ( $\geq 100$ )
- New cough
- Difficulty breathing
- Loss of taste/smell

## Secondary Symptoms

**or  $\geq 2$  Secondary symptoms**

- Congestion/runny nose
- Nausea/vomiting/diarrhea
- Sore throat
- Headache
- Muscle or body aches
- Fatigue

**YES  
I HAVE SYMPTOMS**

**NO  
SYMPTOMS**

Follow State and Local GUIDELINES

1. Stay at home.
2. Separate yourself from others.
3. CONTACT your healthcare provider for release OR provide school w/ a NEGATIVE PCR test.
4. Contact QHR Wea Nurse, Lisa Hiteshew RN: [lhiteshew@qhrwea.org](mailto:lhiteshew@qhrwea.org) 913-533-2462

**\*All symptoms, exposures, and positive results must be reported to the QHR Wea Nurse.**

When can I be around others?  
If COVID+ see Shortened Quarantine Policy

Have you been in contact with someone who has been diagnosed with, or tested positive for COVID-19?

**YES**

**NO**

Define contact

**CLOSE CONTACT**  
Within 6 feet for 10 minutes or more without a mask (or per health dept)

**NON-CLOSE CONTACT**  
Outside within 6 feet OR within 6 feet for LESS than 10 minutes and wearing mask

1. CONTACT QHR Wea Nurse and/or your Local Health Department.
2. QUARANTINE as per POLICY.
3. MONITOR for symptoms.

1. Practice social distancing AND good hygiene.
2. Monitor for symptoms.
3. Wear a mask

**SYMPTOMS EMERGE**

**NO SYMPTOMS EMERGE**

If symptoms emerge, contact QHR Wea Nurse, Lisa Hiteshew RN for further direction at [lhiteshew@qhrwea.org](mailto:lhiteshew@qhrwea.org)

Return to the beginning of the flow chart to the "I have symptoms"



Queen of the Holy Rosary Wea Catholic School

Updated December 2020  
Subject to change based on CDC and Miami County Guidelines