



*The Catholic Women's Club
of the parishes of
Christ the King and Saint Paul
June 2021*



A message from the president :

Happy Summer Women of our Parish!

We have come through the dark days of the pandemic and brighter rainy days of spring! My garden is lush and even the unwanted weeds are not perturbing me (too much anyhow).

On the first day of June the CWC held an in person meeting for the first time in 16 + months. It was glorious to be with 15 beautiful souls as we reunited and rejoiced in being together again.

I was able to introduce the 2020-21 officers and new leaders in our group. No doubt you have seen the officer's names as those appear in every newsletter. It is time to give a shout out to five additional women who serve the membership of our parishes and CWC specifically . Trudy Montle has become our first hospitality chair, extending a huge welcome to all new members of the parishes. Eileen Siroris and Nadia Mitchell have become our spiritual guides- this past winter they facilitated a 22 week bible study for 20 women. Jacki Legg continues to design and coordinate cards which have been a successful project. Terri Trese is our email correspondent keeping us in touch and sending timely messages and requests. To each of you the officers are grateful...we appreciate you. You will see other updates from our meeting in the accompanying news.

For now it is time to unwind somewhat and enjoy the longer days. Summer officially began June 21 and extends until September 23. Our ancestors acknowledged June 21 as we do today- the summer solstice. In the Church June 24 is a celebration of St John's birthday. The day is also known as "Summer Christmas". Both days are often marked by light- camp fires, twinkling porch lights after dark, and lighting bugs . No matter how your summer evenings are celebrated I hope you take time to absorb all the summer lights.

Forward in Faith,
Lynne

Mark Your Calendars

At the June 1 meeting, some dates for the remainder of this year were established and approved. The CWC will meet the first Tuesday of each month at 7:00 p.m. at the HFC beginning in September. Meeting dates will be: Sept. 7, Oct. 5, Nov. 2 and Dec. 7.

The Parish Thanksgiving Dinner will be November 21, the Sunday before Thanksgiving. Angela Cross and Lynne will co-chair the dinner this year.

The 2021 Cookie Walk will be held on December 11. Baking and decorating will take place December 6 through 10. This is a fun week of work and an opportunity to connect with and get to know one another. Wanda Sheridan will help mentor whoever is willing to become the chair this year.

Committees will be formed and finalized in September. Many volunteers are needed to accomplish these events. The Cookie Walk and the Rosary Cards are the only fund raisers held by the CWC.

CWC Rosary Card Project

Jacki has done an outstanding job designing cards for Christmas, Easter, and general blank note cards. She is now branching out to create other categories of cards. Get well and sympathy cards will be produced in the next few months. Look for information about the new cards to announce when and where they will be available. Religious cards for holidays and special occasions can be difficult to find, especially ones which follow Catholic prayer and tradition. Thank you Jacki for branching out the Rosary Card Project in a new direction.

Hospitality Welcome Packages

Since September of 2020, 7 hospitality welcome packages have been sent to new families who have registered at Christ the King or St. Paul. We have received positive feedback from many of the new families. Thank you Trudy and Kay.

Email Address Update

The CWC relies on email addresses to reach out to the women of our parishes who would like to be a part of the projects, provide food items for funeral luncheons, and update the women of the parishes of important information as it comes up. If you are not currently receiving email messages from the CWC and would like to be added to the group email list, send your email address to Sabrina at the Parish Office (skotts@athenscatholic.org) and she will advise Terri to add you to the group communication list.

Support and Prayers for Our Priest and Seminarians

Last year our CWC sponsored Joe Beigel as our adopted seminarian. After much reflection Joe has decided not to return to the seminary in the Fall. We will continue to pray for Joe as he searches for what is next in his life and where he is being called to serve. The CWC will continue to offer Masses for the support of our priests the third Sunday of each month. Be sure to check the bulletin for the intentions. Consider dropping a note or card to a priest to let them know you are thinking about and praying for them.

Thank you Fr. Tom

Fr. Tom, as you prepare to leave our Parishes in Athens for your new assignment at St. Ann's in Chesapeake, we offer our heartfelt appreciation and wish you all the best. Thank you for being a part of our community for the past 3 years. You will be in our hearts and prayers. God bless you.

Discovering our Dignity – Walking With Purpose

Many thanks to Eileen Sirois and Nadia Mitchell for leading the twenty-two week study of women in the bible. Twenty women were involved in the study groups. Thank you Eileen and Nadia for your time, insights, and spiritual leadership. Both of these ladies are planning to offer new programs later this year. Watch the bulletin and newsletters for information about the programs and how to sign up to participate.

Scriptural Rosary

We plan to continue offering the Scriptural Rosary at 5:30 p.m. on the second Tuesday of each month. Please check the Sunday bulletins for more information and for the online link. Now that conditions are safer, please consider joining us in person for this devotion.

This Rosary takes about 45 minutes and involves praying the rosary with a passage from Scripture illustrating the mystery with a reflection for each bead of each decade. A refrain from a Marian Anthem is sung and the Rosary ends with a hymn.

At the meeting on June 1 Lynne suggested that we consider possibly gathering after the Rosary for some coffee and conversation. Something to consider...

Father Rigobert

Thanks to your generous response to the email message sent out a few weeks ago by Terri we were able to help pay off the balance of Father's medical bills and provide him with some money to cover other medical expenses. Your kindness is a reflection of charity in our parishes. Please keep Fr. Rigobert in your prayers as he continues to recover from the accident. Many remember Father as a quiet, gentle man who served our parishes while he was attending OU.

Funeral Luncheons

It is a Corporal Act of Mercy to bury the dead. This includes offering comfort to those grieving. Covid halted this practice in 2020 but we will begin offering funeral luncheons once again. Sabrina and Terri are working on a set of guidelines for anyone who is willing to act as hostess for a luncheon. In addition to hostesses we need many others who are willing to donate food items for luncheons. The main dishes are funded by the CWC. All the side dishes and desserts are donated by women from the parishes.

Women's Retreat

Following the great success of the women's retreat (*Taste & See*) in 2019, many were looking forward to another retreat in 2020. As with so many other things, covid made it necessary to put the retreat on hold. Plans to offer a retreat in 2022 are being considered.

Officers for 2020-2021
Lynne Genter – President
Sabrina Kotts – Vice President
Secretary – Kay Marcinko
Treasurer – Danette Carr

Leave a message for Lynne or Sabrina at skotts@athenscatholic.org

*Thank you everyone. Have a great summer.
Hope to see you at the meeting
on September 7th.*

Marian Antiphons

The Marian antiphons are four ancient prayers to the Blessed Virgin Mary. They are sung nightly following the Night Prayer of the Liturgy of the Hours. The Liturgy of the Hours is obligatory for priests, but it may be prayed by laity as well. The Liturgy of the Hours can seem a bit intimidating for those not accustomed to its structure. Many people subscribe to the monthly prayer guide, *The Magnificat*, which offers a guided daily prayer similar to the Liturgy of the Hours.

The Marian antiphons are seasonal and change according to the liturgical seasons of the year. From Advent through Candlemas (Feb. 2) the Anthem *Alma Redemptoris Mater* is sung. From the day after Candlemas (Feb. 3) through the end of Lent, it is the *Ave Regina Coelorum*. From Easter through Pentecost, *Regina Coeli* and after Pentecost (Ordinary Time), *Salve Regina*.

Many Catholics are most familiar with the text of two of these antiphons: the *Salve Regina* which is the "Hail Holy Queen" recited at the end of the Rosary.

The anthem *Regina Coeli* replaces the Angelus during the Easter Season.

Salve Regina—Marian Anthem During Ordinary Time

Hail, holy Queen,
Mother of mercy,
our life, our sweetness and our hope.
To thee do we cry, poor banished children of Eve:
to thee do we send up our sighs,
mourning and weeping in this vale of tears.
Turn then, most gracious Advocate,
thine eyes of mercy toward us,
and after this our exile,
show unto us the blessed fruit of thy womb, Jesus,
O merciful, O loving,
O sweet Virgin Mary!

Regina Caeli - Marian Anthem During the Easter Season

Queen of Heaven, rejoice, alleluia.
For he, whom you did merit to bear, alleluia.
Has risen as he said, alleluia.
Pray for us to God, alleluia.
V. Rejoice and be glad, O Virgin Mary, alleluia.
R. For the Lord is truly risen, alleluia.

Let us pray: O God, who gave joy to the world through the resurrection of thy Son, our Lord Jesus Christ, grant we beseech thee, that through the intercession of the Virgin Mary, his Mother, we may obtain the joys of everlasting life.
Through the same Christ our Lord. Amen.

