

# Choose Life

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**Have you considered mentioning Our Savior parish in your will? Please help us continue our ministry by remembering us in your will.**

## Prayers to Our Lady of Perpetual Help



Mother of Perpetual Help, today we face so many difficulties. Your picture tells us so much about you. It reminds us to reach out and help those in need. Help us understand that our lives belong to others as much as they belong to us.

Mother of Perpetual Help, you have been blessed and favored by God. You became not only the Mother of the Redeemer, but Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and God's mercy is from age to age on those who love God. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Mother of Perpetual Help.

### NOVENA TO OUR LADY OF PERPETUAL HELP

O Mother of Perpetual Help, grant that I may ever invoke thy most powerful name, which is the safeguard of the living and the salvation of the dying. O purest Mary, O sweetest Mary, let thy name henceforth be ever on my lips. Delay not, O Blessed Lady, to help me, whenever I call on thee; for, in all my temptations, in all my needs, I shall never cease to call on thee, ever repeating thy sacred name, Mary, Mary.

O what consolation, what sweetness, what confidence, what emotion, fill my soul when I utter thy sacred name, or even only think of thee. I thank the Lord for having given thee, for my good so sweet, so powerful, so lovely a name. But I will not be content with merely uttering thy name. Let my love for thee prompt me ever to hail thee, Mother of Perpetual Help. *(Recite 3 Hail Mary's)*

## SPIRITUAL COMMUNION

Catholics are encouraged to make a Spiritual Communion. Spiritual Communion is the desiring of Jesus Christ to enter our heart when we are unable for various reasons to receive actual Holy Communion. Pope Francis has urged Catholics to perform Spiritual Communion during the COVID-19 pandemic. This practice was established in the Church for centuries and recommended by several saints.

### Act of Spiritual Communion

*St. Alphonsus Liguori*

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

## CHURCH CONTRIBUTIONS



### Online Giving

Visit our website to sign up and to begin contributing automatically to our parish. This convenient new system does not require you to contact your bank to sign up or to make changes. You can use any of your checking or savings accounts or debit or credit card, and the funds will be automatically transferred to our parish bank account. This system is more convenient for the parish than electronic checks from your bank. And it's convenient for you because you can make changes at any time. Go to our website or download the online giving app on your mobile device. **Contact Judy Pukac at 251-633-6762 x 203 with any questions.**

**For the website** go to [www.oursaviorparish.org](http://www.oursaviorparish.org) then click on the Online Giving link. It's quick and easy!

**For the mobile app** go to the App Store and search for Online Giving and register with Our Savior Catholic Church.

## PLEASE KEEP DONATING TO GOODWILL EASTER SEALS GOOD SAMARITAN PROGRAM

**ALL DONATION CENTER LOCATIONS ARE OPEN DAILY  
10:00 AM - 6:00 PM, BUT CALL FIRST.**

*Azalea Road, Airport Blvd., Cottage Hill Road,  
Schillinger Road, and Moffett Road*

**YELLOW DONATION FORMS** are available in the Church and in the Parish Office. Please turn your yellow donation form into Goodwill when donating. This allows Our Savior and Saint Vincent de Paul Society to receive \$5 gift certificates for our Friends in Need. **THANK YOU, PARISHIONERS,** for your participation and generosity. Please contact Christina Richie should you have any questions.



**LINE DANCING** is starting back meeting every Monday in Jennings Hall. Classes start at 6:15 p.m. with a cost of \$5 per person. It is a fun and healthy form of exercise where everyone comes together to have a good time. Come join the fun!!



## TAI CHI CLASS

*It is a low-impact, slow-motion exercise that is often described as "meditation in motion."*

**Classes meet:** Mondays 10:00 a.m. - 11:30 a.m.  
in Jennings Hall.

- \* Social distancing will be observed at all times.
- \* No cost
- \* Everyone is invited.

## STAFF

Father David Tokarz, Pastor  
Deacon Charles Kenny (retired)  
Deacon Norman Gale  
Deacon Jay Boyd  
Deacon Francis Tran  
Jan Murray, Religious Ed  
Tina Lyons, Youth Minister  
Dolores Hale, Ministry of Care  
Daniel Driskell, Music Minister  
Mary Marks, Office Manager  
Judy Pukac, Accountant  
Heide Sarubin, Office Assistant  
Kim McDowell, Maintenance  
Mary Anthony, Housekeeping

## SCHEDULE OF MASSES

**Saturday Mass:** 5:00 p.m.  
**Sunday Masses:** 8:30 a.m. & 11:00 a.m.  
**Weekdays:** 8:30 am Tuesday-Friday  
**Holy Days:** 7 p.m. Vigil & 8:30 a.m. & 7 p.m.

## CONFESSIONS

Saturday: 4:00 p.m. - 4:30 p.m. & by appointment

## CONTACT

**Office:** 251-633-6762  
**Fax:** 251-633-7790  
**Website:** www.oursaviorparish.org  
**Facebook:** Our Savior Catholic Church  
**Email:** office@oursaviorparish.org  
**Fr. David's email:** djtokarz1950@gmail.com

## CHURCH ADDRESS

1801 Cody Rd S, Mobile, AL 36695

## Finance Council:

**Liturgy:** Fr. David Tokarz  
**Parish Life Activities:** Dolores Hale  
**LAFF:** Mary Anthony  
**Life & Justice:** Ricarda Manning  
**Knights of Columbus:** Michael Smitherman  
Grand Knight, Council 11366  
**4th Degree, Knights of Columbus:** Joe Behr  
Faithful Navigator Assembly 2918  
**Ladies Auxiliary:** Tina Lyons  
**Men of St. Joseph:** Francis Tran  
**St Vincent de Paul:** Christina Richie  
**Parish Council:** Vicki Wakefield  
**Sister Parish Com.:** Kathy Powell  
**Boy Scouts:** Edward Nehls  
**Cub Scouts:** Edward Nehls  
**Widows Web:** Judy Adams

## MOVING OR CHANGING ADDRESS

Please notify the parish office 251-633-6762

## NEW PARISHIONERS

If you are interested in joining our parish family, please fill out a card on the table in the back of the church to the left as you enter or online at [www.oursaviorparish.org](http://www.oursaviorparish.org)

## SACRAMENTAL GUIDELINES

**Baptism of infants:** If you are expecting a child or have recently had a child and want to prepare for baptism, please call the parish office (251-633-6762) to schedule a preparation session.  
**Confirmation, RCIA, First Eucharist:** Jan Murray  
251-633-6762 x 206 or [re@oursaviorparish.org](mailto:re@oursaviorparish.org)  
**Matrimony:** Fr. David (six months before the wedding)

## RELIGIOUS EDUCATION

School of Religion grades K - 12 meets  
Sunday mornings from 9:45 a.m. - 10:45 a.m.

## PARISH OFFICE

8 a.m. - 4 p.m. Monday - Thursday  
8 a.m. - 3 p.m. Friday  
Closed daily for lunch 12:00 p.m. - 1:00 p.m.

## OUR SAVIOR YOUTH GROUPS

**Email:** [youth@oursaviorparish.org](mailto:youth@oursaviorparish.org)  
**Junior:** 6th - 8th grades  
**Senior:** 9th - 12th grades

## PRAYER CHAIN

Parish Office [office@oursaviorparish.org](mailto:office@oursaviorparish.org)

## EUCCHARISTIC ADORATION

Wednesday 9:00 a.m. - 6:00 p.m.



## Fourteenth Sunday in Ordinary Time July 4, 2021



## INDEPENDENCE AND DEPENDENCE

The words of this title have “baggage”—they carry connotations that can be positive or negative, based on context. This weekend is a good time to explore the intricacies of grammar and meaning, at least in terms of these words.

“Dependence” is often characterized as a bad thing. I might be dependent on alcohol, or pornography, or opioids. I might be dependent upon unemployment payments, or insulin, or dialysis. These “dependencies” surely indicate that something is wrong and needs to be set straight. So here we long for “independence.”

But “dependence” can also be a good thing. I might be able to depend upon a spouse, or a parent, or a friend—to be what I need them to be (which is not necessarily what I might want them to be...). They are there for me, and I can depend/rely on them. This is beautiful “dependence.”

In the same way, “independence” can have a positive sense. I might be freed from (rid of) the bad dependences I listed above; I might want to repeat the great conclusion of Dr Martin Luther King Jr’s “I have a dream speech”—“Free at last, free at last, thank God Almighty we are free at last!” This is Biblical freedom as it is expressed in the Cantic of Zechariah (in the Morning Prayer of every day in the Liturgy of the Hours)—*This was the promise He made to our father Abraham: to set us free from the hands of our enemies, free to worship Him without fear, holy and righteous in His sight all the days of our life.* We especially long for the freedom, the independence, in Christ that releases us from being slaves of sin.

This brings us to “independence” in the negative sense. “I am free”—but from what, and for what? Am I free/“independent” of proper behavior so I can do whatever I please, whenever I please, to whomever I please?” This kind of “independence” is deadly, not least because it celebrates self-centeredness at the expense of everyone and everything else. “I will do what I want to do; no one is going to tell me what do do...”

Our independence in Christ is based on being formed into a community of caring and of love and of service—being grafted onto the Vine of Jesus Christ, made members of His Body and living stones in the Temple of the Holy Spirit. We are made into the People of God. Here my “freedom/independence” is a fact that liberates me to active concern for others. Ironically, then, being free to be a servant to all is the most “independent” of all possibilities for my life.

So: happy “Independence Day,” understood the right way.

Fr. David

## PARISH MISSION STATEMENT

“Our Savior parish is a Catholic community, fueled by the Eucharist and infused with the gifts of the Holy Spirit, committed to faith-filled worship, to outreach and welcoming for our brothers and sisters in need, to striving for Christian unity, to pursuing respect for the dignity of all human life, and to building the Kingdom of God on Cody Road and beyond.”

Please pray for those who are sick and suffering in our parish, in a special way...

Bill Barber	Jesus Gallego	Ashley Rickel
Keith Bumpers	Manuela Golden	Vicki Scott
Lisa Brazell	Rose Marie Kervin	Jeb Shell
Annie Ruth Chappell	Monica Knight	Kathy Sirak
Mason Coker	Rady Laron	Mary Ann Stanley
Judy Courtney	Myrtis Mooney	Joe Vegliacich
Leah Dees	Louis Naman	
Michael Dees	Michael Nelson	

**FROM DEATH TO NEW LIFE**

Rose Varnado 7/1/14	Mary Palughi 7/19/15
Roberta Hagen 7/1/14	Geraldine Pawlowski 7/20/09
Dorothy Laverne Hall 7/1/15	Alfredo Paul Piccini 7/20/11
Sally Bozonelos 7/1/19	William Tohill 7/20/17
Dora Schneider 7/2/11	Frank Howard 7/21/04
Thomas Holladay 7/2/13	Willie Mae McLendon 7/23/12
Zaida Diaz-Rodriguez 7/2/15	John Zambrano 7/23/98
Lee Whatley 7/4/07	Jackie Taylor 7/24/07
Marie Richardson 7/4/07	Patricia Garrone 7/24/02
John Lloyd 7/06/07	Kim O'Hara 7/25/09
Ken Hoelscher 7/7/15	Ron Morrison 7/25/10
Rudy Nettles 7/9/12	James Welsh 7/26/06
Lorraine Skeffington 7/9/19	Tom Cotter 7/26/2020
Teresa Holt 7/10/07	Jean O'Connor 7/28/01
Ascenth Guterrez 7/11/09	Mary Dewitt 7/28/09
Jonathan Ray Taylor 7/12/12	Robert Begeman 7/28/13
Logan Gooden 7/14/08	Sara Broderick 7/28/05
William Wills 7/14/09	James "Jim" Crane 7/29/18
Jean Delsatio 7/16/12	Nancy Lindell 7/30/12
Dollie Garrett 7/16/09	Winard Bautista 7/30/15
Waring Botter 7/14/02	Lucy Lipari 7/31/10
John Mulrooney 7/16/14	David Stewart 7/31/19
Joel Labbe 7/18/06	
Arve Henriksen, Jr. 7/18/19	

**MASS INTENTIONS OF THE WEEK**

**Saturday 5:00 pm:** Peter, Le Nguyen (d)  
**Sunday 8:30 am:** Henry Graveman (d)  
**11:00 am:** People of the Parish  
**Tuesday 8:30 am:** Communion Service  
**Wednesday 8:30 am:** Communion Service  
**Thursday 8:30 am:** Communion Service  
**Friday 8:30 am:** Communion Service



**Advertiser of the Week**

**PRAYER INTENTIONS POPE FRANCIS**

**Universal Intention – Social Friendship**  
 We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

**READINGS OF THE WEEK**

**Sat. Reading 1:** Ephesians 2:19-22  
**Gospel:** John 20:24-29  
**Sun. Reading 1:** Ezekiel 2:2-5 (101B)  
**Reading 2:** 2 Corinthians 12:7-10  
**Gospel:** Mark 6:1-6a  
**Mon. Reading 1:** Genesis 28:10-22a  
**Gospel:** Matthew 9:18-26  
**Tues. Reading 1:** Genesis 32:23-33  
**Gospel:** Matthew 9:32-38  
**Wed. Reading 1:** Genesis 41:55-57; 42:5-7a, 17-24a  
**Gospel:** Matthew 10:1-7  
**Thurs. Reading 1:** Genesis 44:18-21, 23b-29; 45:1-5  
**Gospel:** Matthew 10:7-15  
**Fri. Reading 1:** Genesis 46:1-7, 28-30  
**Gospel:** Matthew 10:16-23

**OUR SAVIOR LIVE-STREAMING MASSES**

We will be **live-streaming Daily Mass** on Tuesday-Friday at 8:30 a.m. and **Sunday Mass** at 11:00 a.m. on Facebook.

**Two ways to view the Masses:**

- Go to our website [www.oursaviorparish.org](http://www.oursaviorparish.org) and then click on the Facebook logo at the top right corner and then click on videos to your left.
- Log into Facebook and search for Our Savior Catholic Church. Please make sure you click on follow us on Facebook to get notices when a video is posted.



**GARAGE SALE** will be **Saturday, July 24<sup>th</sup>, 2021** from 6 a.m. - noon in Jennings Hall. You may drop off your donations in the activities building. **Please no clothing, mattresses or large TVs.** Call Kathy Powell at 251-454-7209 to arrange pick-up of large items. Proceeds help support our sister parish in Temascalapa, Mexico.

**TEMASCALAPA APPEAL:** The appeal for our Sister Parish in Temascalapa 13<sup>th</sup> will continue till August 1st, 2021. Envelopes are in the back of the church or if you would prefer you may donate online by going to our website [oursaviorparish.org](http://oursaviorparish.org) and clicking on Online Giving. The funds collected go to educate the children in our sister parish in Temascalapa, Mexico.



**BLOOD DRIVE**  
 Sunday, July 18th  
 8:30 a.m. - 1:00 p.m.

The bloodmobile will be in our parking lot on **Sunday, July 18<sup>th</sup>**. "It's never been so simple to be significant. One pint of blood saves three lives." Plan on giving blood and help save three lives.

**OUR FIRST EVER AMAZING "SUNDAY-FUNDAY-NO COOK DAY"** is coming to Our Savior Parish **Sunday, August 1, 2021.** You don't want to miss this morning of food, fun, music after each Mass. 9-11:00 a.m. & noon-1:30 p.m.

Are you a "Saturday Nighter" for Mass? We've got you covered! Come to the **VIGIL of SUNDAY-FUNDAY-NO COOK DAY** 6-7:30pm **Saturday, July 31, 2021**

**Come See What Our Parish Has To Offer!**  
**Menu:**  
 BBQ Pulled Pork, Mac & Cheese & Baked Beans after 5p.m. & 11 o'clock Mass  
 Continental Breakfast after the 8:30 Mass  
 Coffee, OJ, Donuts, Danish & Muffins plus a few other surprises.

**PRAY** for Phyllis Brazell who died June 20<sup>th</sup>. She was the aunt of Margie Bolton. May she rest in peace.

**THE PARISH OFFICE** will be closed Monday, July 5th for Independence Day.

"I place trust in God, my creator, in all things; I love Him with all my heart." — St. Joan of Arc



Anticipated Offering Income	\$ 12,115
Actual Offering Income	\$ 10,644
Anticipated Offering Income to date	\$ 315,000
Actual Offering Income to date	\$ 317,240
YTD Offering: Over (Under)	\$ 2,240
Budget Offering Year	\$ 630,000
Building Fund this week	\$ 50
Building Fund to date	\$ 4,117
Temascalapa Appeal	\$ 8,487
Holy Father / Peter's Pence	\$ 1,181

**SPECIAL COLLECTION** next weekend for Missionary Co-Op. Please be generous.

### MISSIONARY CO-OP WEEKEND

Our church is missionary by nature. Each of us as baptized Catholics are called to share in the work of evangelization. The Archdiocese of Mobile collaborates with mission groups every year to raise fund for their missions through a program called the Missionary Co-operative Plan. The group assigned to our parish this year is the Missionary Society of St. Paul. **Fr. Evaristus Chukwu, MSP** will be speaking to us from the Missionary Society of St Paul on the weekend of **July 10-11**. There will be a second collection to support them in their work.

The **Missionary Society of St. Paul (MSP)** is a congregation of priests founded in Nigeria in 1977. The Society now has 275 priests. They are working in eleven countries of Africa, (South Africa, Malawi, Botswana, Cameroon, Liberia, Chad, Central African Republic, The Gambia, Nigeria, Kenya and Southern Sudan), Grenada in the West Indies, the United States, England, Sweden and Ireland. They also have about 134 seminarians in their seminary in Nigeria.

Their mission in Malawi provides rehabilitation and support for over 360 orphans who lost their parents due to AIDS. They need our financial assistance to continue this mission. They also need funds to: 1) provide freshwater wells, and education in rural communities of Chad, Malawi, South Sudan, Kenya and Nigeria; 2) Sponsoring seminarians, our future priests; 3) Supporting priests in the founding/building of new churches. Your support to this worthy cause will be an immense encouragement to the Missionary Society of St. Paul to as they continue to take the good news to those desperately in need of it. May God bless you!

**COMMUNION SERVICE** Tuesday - Friday while Fr. David is away.



### DONUT Wednesday is Coming Back!!

Come join us again for coffee & doughnuts on Wednesdays after the morning Mass starting in August. As we are all starting to stretch our legs from the recent isolations; let us come together to get reacquaint with our church friends and family so we can share our quarantine stories.

"We should recall that no man is an island, entire of itself. Our lives are involved with one another, through innumerable interactions they are linked together. No one lives alone. No one sins alone. No one is saved alone. The lives of others continually spill over into mine: in what I think, say, and do, and achieve. And conversely, my life spills over into that of others: for better or for worse. So my prayer for another is not something extraneous to that person, something external, not even after death."

— Pope [Emeritus] Benedict XVI

### YOUTH GROUP UPDATES/EVENTS



#### SAVE THE DATE:

Looking for help sorting and setting up for the Garage Sale the week of July 19th. We will need many hands for this project! July 31st & August 1st I will need 2 or 3 youth after each Mass to help with the Sunday Funday No Cook Day project



More details coming soon!

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Youth group is open to all Middle School Youth 6th-8th grade & High School Youth 9th-12th grade.

Parents and Youth, if you would like to be added to the email/constant contact list so you can receive updates. please send your email to [youth@oursaviorparish.org](mailto:youth@oursaviorparish.org).

*Our goal here at Our Savior is to provide a safe place to come together with your peers.*

### KNIGHT'S KORNER

We have had our third drawing. Slowly but surely, we are selling tickets. It has been difficult to sell tickets hampered as we all have been. But since we are heading back to a normal, we are doing a little better. But if you all want to buy another ticket to help the cause, be my guest. The cost of each ticket is **\$25**.

We still have six more months of drawings to go. Good luck to all of us. Thank you for your participation. Any profits that we receive will be going to help worthy causes. So, in the end, we are all winners.

Our Savior Knights of Columbus



**NOVENA:** If you would be interested in restarting the novena on Wednesday following the Benediction and Eucharistic Blessing, please contact the parish office. If there is enough interest shown, we will begin it again.

### OUR SAVIOR'S 2ND ANNUAL MULTICULTURAL FESTIVAL



Our Savior will be hosting their 2nd Annual Multicultural Festival on **Saturday, October 23rd** in Jennings Hall after the 5 o'clock Mass. We would like to celebrate the richness of all the different cultures and traditions right here at Our Savior. We are looking for parishioners that might be interested in having a table to share their heritage and traditions. Please contact Deacon Francis or Tina in the office if you are interested in participating! Our next planning meeting is **Wednesday, July 14th in Joseph Hall 6:30-7:30**.

### MEETINGS OF THE WEEK

**Monday** Parish Office Closed  
**Tuesday** Line Dancing (6:15 p.m.) Jennings Hall  
**Wednesday** Men of St. Joseph (6:00 p.m.) Joseph Hall  
 Adoration (9:00 a.m. - 6:00 p.m.)  
 Benediction Blessing (6:00 p.m.)  
 Choir (6:30 p.m.)  
**Friday** Singing Needles (10:00 a.m.)