

MASS TIMES & INTENTIONS

Saturday 6 March

Vigil Mass **6.30pm**
John McDermott
Michael Heneghan (1st Anniversary)
Molly Coyle
Brendan Hickey
Bella Strain
Stella & Sr. Noella Heneghan

Sunday 7 March

Mass **10.00am**
John McDermott
Michael Heneghan (1st Anniversary)
Molly Coyle
Brendan Hickey
Bella Strain
Stella & Sr. Noella Heneghan

Monday 8 March

Morning Mass **9.30am**

Tuesday 9 March

Morning Mass **9.30am**
Teo Coffey

Wednesday 10 March

Morning Mass **9.30am**

Thursday 11 March

Morning Mass **9.30am**

Friday 12 March

Morning Mass **9.30am**

Holy Hour

7pm

Saturday 13 March

Vigil Mass **6.30pm**
Teo Coffey
Molly Campbell and her sister Pansy who died recently.
Harry Robinson

Sunday 14 March

Mass **10.00am**
Teo Coffey
Molly Campbell and her sister Pansy who died recently.
Harry Robinson

MINISTERS OF THE WORD

Saturday 6 March

Oliver Campbell

Sunday 7 March

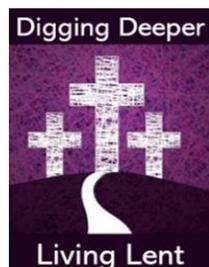
Tom Kenny

Saturday 13 March

Martin Condon

Sunday 14 March

Anna McMahon



**We invite you to
Download Newbridge,
Caragh, Prosperous APP**

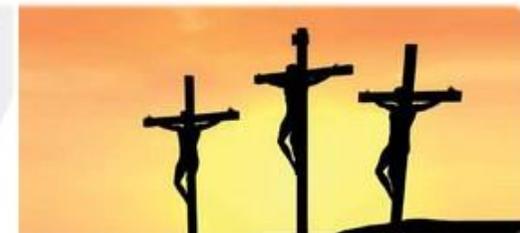


Caragh Parish Newsletter

Sunday, 7 March 2021

No.996

FRIDAY PENANCE



Penance is an essential part of the lives of all Christ's faithful. It arises from the Lord's call to conversion and repentance, a call that is central to the season of Lent. We do penance:

- + in memory of the passion and death of the Lord,
- + as a sharing in Christ's suffering,
- + as an expression of inner conversion,
- + as a form of making amends for sin.

As Catholics we are encouraged to practice forms of Friday Penance throughout the year. The season of Lent is a time when we might be especially mindful of this practice. The following are suggestions from the Irish Bishops' Conference as ways of fulfilling Friday penance:

- + Abstaining from meat or some other food
- + Abstaining from alcoholic drink or smoking
- + Making a special effort at involvement in family prayer
- + Making a special effort to participate in Mass on Fridays
- + Visiting the Blessed Sacrament
- + Making the Stations of the Cross
- + Fasting from all food for a longer period than usual and perhaps giving what is saved to the needy
- + Helping the poor, sick, old, or lonely.

'Stations of the Cross in this time of Pandemic' This Lent the diocese is offering a video series, led by Bishop Denis, with three stations each week. The Stations can be accessed on kandle.ie from 3pm each Friday during Lent, as well as on the Kandle Facebook page. It is also available in written format for those who prefer to pray the stations in that way. The video reflections are read by people from the diocese who have been seriously impacted by COVID.

Third Sunday of Lent: Some Suggestions for the Week

- + Persevere in your chosen resolutions for Lent and remember their purpose is to bring you closer to God
- + Think of one habit you can create to help keep Sunday holy in your home
- + Make sure you have your Trócaire box for the home and find out about the Trócaire campaign to help people living in conflict in South Sudan
- + Go for a walk and contemplate the beauty of God's creation
- + Do a Friday Penance
- + Find ways to conserve and reduce your use of water in the home. See www.water.ie/conserve for easy tips that go a long way

All our Masses can be viewed on our webcam

www.caraghparrish.net or on our app

The weekly newsletter can be picked up in the Church or it can be viewed online on our website, caraghparrish.net and on our app.

Baptisms

Baptisms can be celebrated with a maximum of 6 people present. Contact the parish office on (045) 875602 for more information.

The Church is open each day for a visit/prayer from 10am – 4pm.

Parish Envelopes - LENTEN STATION COLLECTION MARCH 7TH 2021

We encourage people to consider setting up a Bankers Order. Forms are available in the Parish Office or in the Church. We would like to thank people who are contributing in these times



CORONAVIRUS HELPLINE FOR OLDER PEOPLE

0818 222 024

If you have concerns or queries about COVID-19
call ALONE's dedicated support line everyday, 8am - 8pm.
To volunteer your help, visit www.alone.ie

Parish Office Contact Details: The Parish office is temporarily closed to the public due to Covid 19 restrictions.

Opening Hours: Monday to Friday (10am to 1pm) Tel: 045 875602

Email: parishoffice@caraghparrish.net

Priest on Duty (Emergency only) Tel: 087 255 4908

Website www.caraghparrish.net Parish Safeguarding Representatives: Sean & Bernie Sweeney 045 897646/0866688682

THANK YOU

The Kildare Suicide Bereavement Support Group gratefully acknowledges the magnificent sum of €2,400 raised from the sale of St. Bridget's Crosses which were beautifully made by Mary Farrell and a very loyal team of wonderful people. They are a work of art and the time and dedication that goes into the making is very much appreciated. A sincere Thank You to Fr Joe for his continued support; to John the Sacristan and Orla the Parish Secretary for all their help. Also a sincere thank you to John and Martin who provided the beautiful Rushes.

KSBSG - set up in 1997 comprises qualified accredited counsellors offering support in all areas particularly Suicide and Bereavement. The service is free, confidential and non denominational. Due to current restrictions we are unable to offer face to face counselling but can be reached by telephoning 086 8554852. You will be asked for your first name and telephone number which will be passed on to a counsellor to make contact with you.

Need to Talk ? Want to Talk ? Phone 086 8554852.

Many thanks for your continued support which enables this valuable and much needed service to operate and continue.

Love creates a family
A New way of living in the family
All welcome

23 rd January	- Love shares
20 th February	- Love reaches out
27 th March	- Love uplifts
24 th April	- Love heals
15 th May	- Love creates a home
25 th September	- Love generates wisdom
16 th October	- Love unites

All sessions will take place on Zoom from 8.30 to 9.30pm
Please register beforehand with Aidan and Susan Gately by email to aidang@live.ie

Word of Life Meeting on Zoom

We would like to invite you to a local Word of Life meeting on Zoom on Friday 19th of March at 4.30pm. During this meeting we will read the Word of Life (a commentary on a sentence from the Gospel) followed by a discussion. The sentence chosen for March is: "Make me know your ways, O Lord; teach me your paths" (Ps 25:4). If you would like to participate please send an email to aidang@live.ie and we will send you a zoom link on Thursday 18th of March. You will just have to click on the link on the 19th to join the meeting, from either a Laptop/PC or your smartphone.

If you need any assistance when trying to join the meeting, please phone (089) 2459216, and will try to assist you. We look forward to seeing you there.

Aidan & Susan Gately