

# Eucharistic Exposition and Benediction

## **Exposition of the Blessed Sacrament:**

When the presider goes to the tabernacle and opens it, all kneel. Once the presider has reached the front of the altar and kneels, “O Salutaris” or another appropriate Eucharistic hymn is sung.

### **O Salutaris Hostia (O Saving Victim)**

*O salutaris Hostia  
Quae caeli pandis ostium;  
Bella premunt hostilla,  
Da robur, fer auxillium.*

O saving Victim, opening wide  
The gate of Heaven to man below;  
Our foes press on from every side;  
Thine aid supply; thy strength bestow.

*Uni trinoque Domino  
Sit sempiterna gloria,  
Qui vitam sine termino  
Nobis donet in patria. Amen.*

To Thy great name be endless praise;  
Immortal Godhead, One in Three;  
Oh, grant us endless length of days,  
In our true native land with thee. Amen.

(Thomas Aquinas, c. 1227-1274)

## **Adoration of the Blessed Sacrament:**

During this time, songs will be sung, and moments of reverent silence will take place. Confessions will be heard during this time. Examination of conscience guides are available. Please feel free to pray with one of the meditations available.

## **Benediction of the Blessed Sacrament:**

Towards the end of adoration, the presider goes to the altar, genuflects, and kneels. Then, all kneel while “Tantum Ergo” or another appropriate Eucharistic hymn is sung.

### **Tantum Ergo Sacramentum (Down in Adoration Falling)**

*Tantum ergo Sacramentum  
Veneremur cernui:  
Et antiquum documentum  
Novo cedat ritui:  
Praestet fides supplementum  
Sensuum defectui.*

*Genitori, Genitoque  
Laus et jubilatio,  
Salus, honor, virtus quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio. Amen.*

(Thomas Aquinas, c. 1227-1274)

Down in adoration falling,  
Lo! the sacred Host we hail;  
Lo! o'er ancient forms departing,  
newer rites of grace prevail;  
faith for all defects supplying,  
where the feeble senses fail.

To the everlasting Father,  
and the Son who reigns on high,  
with the Holy Ghost proceeding  
forth from Each eternally,  
be salvation, honor, blessing,  
might and endless majesty. Amen.

Priest: *You have given them bread from heaven.*

**All: *Containing in itself all sweetness.***

Priest: *Let us pray...*

### **The Divine Praises**

1. Blessed be God.
2. Blessed be His Holy Name.
3. Blessed be Jesus Christ, true God and true Man.
4. Blessed be the Name of Jesus.
5. Blessed be His most Sacred Heart.
6. Blessed be His most Precious Blood.
7. Blessed be Jesus in the most Holy  
Sacrament of the Altar.
8. Blessed be the Holy Spirit, the Paraclete.
9. Blessed be the great Mother of God, Mary most  
holy.
10. Blessed be Her holy and Immaculate Conception.
11. Blessed be Her glorious Assumption.
12. Blessed be the Name of Mary, virgin and mother.
13. Blessed be St. Joseph, Her most chaste spouse.
14. Blessed be God in His Angels and in His Saints.

## **Reposition of the Blessed Sacrament:**

When the presider has blessed everyone, he then replaces the Blessed Sacrament in the tabernacle and genuflects, all stand and join in singing “Holy God, We Praise Thy Name” or another appropriate hymn:

### **Holy God, We Praise Thy Name**

Holy God, we praise Thy Name,  
Lord of all, we bow before Thee!  
All on earth Thy scepter claim,  
All in Heaven above adore Thee;  
Infinite Thy vast domain,  
Everlasting is Thy reign.

Hark, the loud celestial hymn;  
Angel choirs above are raising;  
Cherubim and Seraphim,  
In unceasing chorus praising;  
Fill the heavens with sweet accord:  
“Holy, holy, holy, Lord!”