

Accompanier Discussion

Take a few minutes of quiet to review the questions below. Jot down notes if that is helpful. Then, share your responses with the person (or people) who are accompanying you on this journey of Discipleship Formation.

- 1) Describe your own experience with trying (and perhaps failing) to change. Could it be that the problem was not a lack of effort, but a lack of proper training? Explain.*

- 2) What has been your experience with reading the bible? Has it been a tool for you to see the world differently or to interact with God? Why or why not?

- 3) Have you practiced spiritual exercises (such as prayer, Bible reading or solitude) in your life, and if so, with what intention and what result?*

- 4) What has been your experience of Christian fellowship or community?*

- 5) What has been your experience with the Holy Spirit in your life? Have you ever experienced change/transformation that you would attribute to the Holy Spirit? How do you see the Holy Spirit relating to the Triangle of Transformation?

* Smith, James Bryan. *The Good and Beautiful God: Falling in Love with the God Jesus Knows* (The Apprentice Series Book 1) . InterVarsity Press. Kindle Edition.