

Quotes on Transformation

We become fully human when we become more than human, when we let God bring us beyond ourselves in order to attain the fullest truth of our being.

- Pope Francis (EG #8)

*We change not by mustering up willpower but by changing the way we think, which will also involve changing our actions and our social environment. We change indirectly. **We do what we can in order to enable us to do what we can't do directly.** We change by the process of indirection.*

- James Byran Smith (emphasis added)

As Augustine famously observed, "God created us without us: but he did not will to save us without us."

- Sherry Weddell

These [Soul Training] exercises are not meant to make you more religious or impress God. They are meant to help you see and understand the world as Jesus did.

- James Bryan Smith

The vocation of humanity is to show forth the image of God and to be transformed into the image of the Father's only Son.

- The Catechism of the Catholic Church #1877