

Information About Choosing a Sponsor

If you have not done so already, please prayerfully consider and ask a practicing Catholic family member or friend to be your sponsor. Your sponsor should be chosen by the end of January at the latest. Below are the criteria for choosing a sponsor:

- At least sixteen years of age and be a fully initiated Catholic who has celebrated Baptism, Eucharist, and Confirmation and be someone who practices his/her faith and is living according to the teachings of the Catholic Church.
- Supports the person to be Confirmed in their commitment to the Christian life.
- Must know the candidate and be willing to serve as a strong and long-lasting Christian influence on the candidate.
- Must be fully initiated themselves, having received Baptism, Confirmation and Eucharist.
- Sponsors who are not members of the parish must provide a letter from their pastor or parish administrator attesting to their suitability to serve as a sponsor (Sponsor Eligibility Form or similar letter).
- Should be sufficiently mature in their own faith commitment.
- May be either male or female for any candidate.
- May assist the candidate in choosing and carrying out the candidate's service hours commitment.
- Must be reasonably informed on current Church teachings.
- May accompany the candidate to special liturgies and preparation sessions.
- May not be the parents of the candidate (and preferably not a grandparent, as they already have a special relationship with the candidate).
- Preference is given to the candidate's Godparents, which most fully expresses the integral connection between Baptism and Confirmation.
- Assists in determining the candidate's readiness for the Sacrament.
- Presents the candidate to Most Reverend Bishop Salvatore Matano at the celebration of Confirmation.

Information About Choosing a Saint's Name

- God calls all of us to a unique mission in life. What do you think your mission is?
- Our name tells others who we are. Who is God calling you to be?
- Two options for a saint's name:
 - Option 1: Your Baptismal Name (your current name, if you share your name with a canonized saint). This is a great option if you see Confirmation as the strengthening of the work that God began in your life at Baptism.
 - Option 2: Choose a saint who you admire and/or especially relate to. This option is a good option if you see your Confirmation as a fresh new beginning in your faith journey or if your Baptismal Name is not the name of a canonized saint.
- Whoever you choose, ask this saint to pray for you throughout your life, and especially on your Confirmation day!
- Please visit: <https://www.holyspirit-saintjoseph.org/online-form-saints-name-and-sponsors-name> to find links to help you choose a saint!
- After you have chosen a saint, fill out the online form (in the above link) so that we will know your saint's name, as well as your sponsor's name.
- Please also email (or give) Fr. Sadhanala (fr.sadhanala.sriram@dor.org) a paragraph about your saint, including the following 3 things:
 1. Why you chose that particular saint's name
 2. The date of your saint's feast day
 3. Some ways you would like to model your life after the life of this saint