

First Friday Holy Hours
Fridays from 7:00pm to 8:00pm
Sponsored by *New Life* at Nativity

March 5, 2021:

Theme: Entering into Lent

Prayer Intention: Reparation for our failures to love.

Scripture: **Jn 15:12-13**

“This is my commandment: love one another as I love you. No one has greater love than this, to lay down one’s life for one’s friends.”

SUGGESTIONS for Reflection:

1. Personal - Ask the Holy Spirit to help me recall a time when I knew that I was loved.
 - Is there a specific moment, word spoken, gift received, or event that occurred?
 - How does that memory affect my life now?
 - Is the Holy Spirit prompting me in any way to do something in response?
2. Community - Ask the Holy Spirit to bring to mind a time when I failed to love a family member or someone with whom I am in a close relationship. (use the bulleted questions above)
3. World - Ask the Holy Spirit to bring to mind a time when I failed to love a stranger or a group of people. (use the bulleted questions above)

As needed pray Psalm 51, King David’s psalm of repentance, or visit the Sacrament of Reconciliation at your next opportunity. <https://bible.usccb.org/bible/psalms/51>

Agenda:

- Welcome
- Reflection – Father Patrick Hipwell
- Quiet time of prayer/adoration - Confession may be available
- Benediction

See other side

FUTURE DATES:

***April 9, 2021:**

Theme: **Divine Mercy**

Prayer Intention: That Divine Mercy would permeate our lives and bring healing to a suffering world

Scripture: Mt 25:34-40

May 7, 2021:

Theme: **Pentecost**

Prayer Intention: That we might be filled with the Holy Spirit.

Scripture: Jn 7:37-39

**denotes move to second Friday*

Participants are encouraged to fast and abstain or perform another suitable sacrifice on the Friday of the Holy Hour.

Additional opportunities for Prayer and Study

- **ROSARY** - Thursday, March 18, 6:30 pm in the upper Church and live-streamed at www.nativitystpaul.org
 - Sponsored by the NCCW and the Nativity Men's Club every 3rd Thursday of the month.
- **Lenten Friday Stations of the Cross** – 6:30 pm in the upper Church.
- **St. Joseph Novena** – Wednesday, March 10 through Friday, March 19, via **Pray More Novenas**, <https://www.praymorenovenas.com/st-joseph-novena>. On your own or with Nativity via **Zoom**, Weekdays 5:00 pm, Weekends 4:00 pm, see <https://nativitystpaul.org/novena>. To get the Zoom link, email Katie Schaitberger at kschaitberger@nativitystpaul.org.
- **Divine Mercy Novena** – Good Friday, April 2 through Saturday, April 10 via Zoom, Weekdays 5:00 pm, Weekends 4:00 pm. Sponsored by *New Life*.
 - Zoom link <https://us02web.zoom.us/j/87023208633?pwd=YWhlSWxIRHVtTG41TGIEL3JHTUFhUT09>
 - Meeting ID: 870 2320 8633
 - Passcode: 037237
- **With Jesus to the Cross** – Nativity Lenten 7-week Small Group Scripture Study on Sunday Mass readings. See <https://nativitystpaul.org/lentensmallgroups>.
- **Cuppa Joe** – Monthly reflections on the “10 Wonders of Saint Joseph” in-person at archdiocesan parishes. First Tuesday of each month, **beginning Tuesday, March 2, 4:00 pm**. Videos will be available for later viewing. See <https://www.archspm.org/cuppajoe/>.

Information:

New Life is a group of individuals and families who desire to live the Nativity mission intentionally as a community of missionary disciples.

We meet in small groups online or in-person twice monthly and once as a large group, for prayer and study, shared life, and outreach.

If you would like to find out more about *New Life*, please contact Randall McClure at randallmcc715@gmail.com or at 651-260-9045.