

#### MASS SCHEDULE

Saturday Vigil 5:00 PM  
Sunday Masses 9:30 AM

Weekday Mass: See weekly calendar

#### SACRAMENT OF RECONCILIATION:

Saturday 4:00 PM—4:30 PM

# Saint Bernadette Parish

#### PARISH OFFICE

861 SW 126th Street  
Seattle, WA 98146  
(206) 242-7370 (Office)  
(206) 812-3142 (Fax)

#### CHURCH ADDRESS

1028 SW 128TH Street  
Seattle, WA 98146

#### PASTORAL STAFF

##### Pastor:

Rev. John J. Ludvik  
Cell #202-276-6364

##### Pastoral Assistant for Faith Formation:

Angela Cropley

##### Administrative Assistant:

Shelly Coggeshell

##### Bookkeeper:

Teresa Mansanarez

##### Organist:

Roger Berger

#### PARISH SCHOOL

1028 SW 128th Street  
Seattle, WA 98146  
(206) 244-4934 (Office)  
(206) 244-4943 (Fax)  
[www.stbernadettesea.org](http://www.stbernadettesea.org)

##### Principal:

Eve Ruiz

##### Administrative Assistant:

Pamela Armstrong

##### Maintenance Engineer:

Michael Jensen

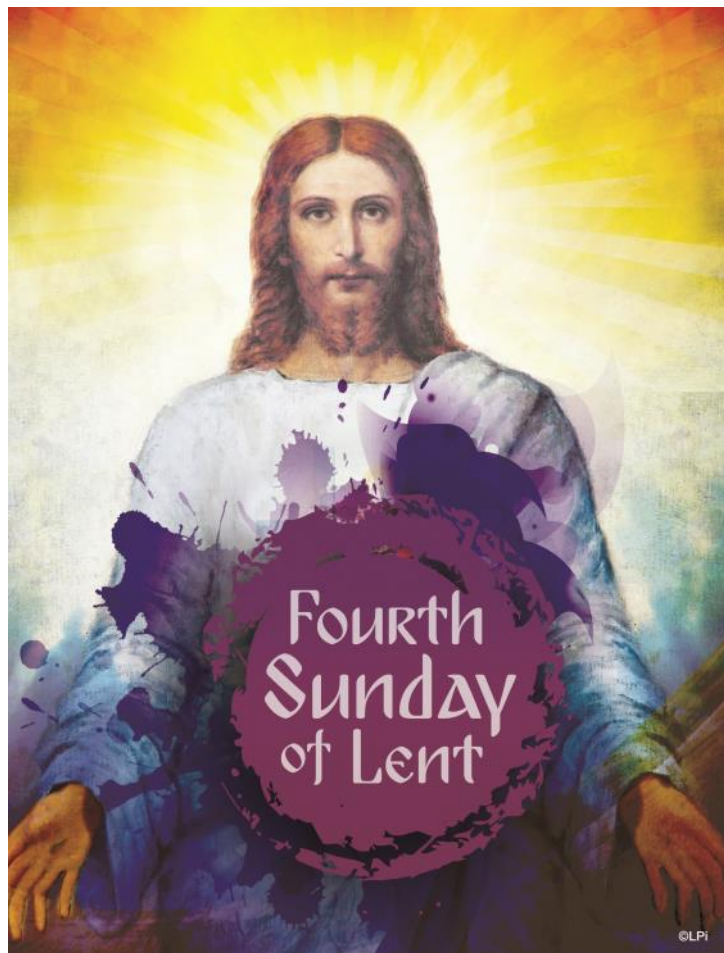
If you are interested in the sacraments of Baptism or Marriage, please contact the parish office.

[www.saintbernadette.net](http://www.saintbernadette.net)

#### MISSION STATEMENT

*'I am the vine; you are the branches.*

*Whoever remains in me and I in them will bear much fruit because without me you can do nothing' (Jn 15:5) St. Bernadette Parish challenges its members to commit themselves to daily activity seeking out the presence of Christ in themselves, in one another and in the wider community.*



#### WELCOME!

We welcome you to St. Bernadette Parish! Wherever you may be in your spiritual journey, we hope you will feel at home as part of our parish family. You are invited to contact the parish office if you would like to register, or if you have any questions.

March 14, 2021 Fourth Sunday of Lent

## PARISH CALENDAR

### **SUNDAY, MAR 14** *Fourth Sunday of Lent*

Mass 9:30 am—Please arrive early

### **MONDAY, MAR 15**

Mass 8:00 am

Confirmation Class—7:00 pm—Faith Formation Center  
Cub Scouts 6:00 pm—7:30 pm—Hall

### **TUESDAY, MAR 16**

No Mass

### **WEDNESDAY, MAR 17**

Mass 8:00 am

RCIA 6:30 pm—8:30 pm—Faith Formation Center

### **THURSDAY, MAR 18**

No Mass

### **FRIDAY, MAR 19** *Feast of St. Joseph*

Mass 8:00 am

Stations of the Cross 7:00 pm—Church

### **SATURDAY, MAR 20**

Mass 5:00 pm—Please arrive early

Reconciliation 4:00 pm—4:30 pm

First Reconciliation 10:00 am

### **SUNDAY, MAR 21** *Fifth Sunday of Lent*

Mass 9:30 am—Please arrive early

## Catholic Relief Services

This week we take up The Catholic Relief Services Collection to help **Jesus in disguise**. This collection helps six Catholic agencies to provide relief and support for struggling communities and to work for peace and reconciliation among our marginalized brothers and sisters here and around the world. Please prayerfully consider how you can support the collection. Learn more about the collection at [www.usccb.org/catholic-relief](http://www.usccb.org/catholic-relief).

## CRS Rice Bowl

### Trying New Foods In Timor-Leste



Timor-Leste has the highest rate of child malnutrition in Asia, and many children suffer from stunting, which makes a big impact on a child's growth and future. Home gardens and fishponds are helping families provide better nutrition for their children. What do you eat to stay healthy? What can you do to ensure children have enough food to thrive? Visit [crsricebowl.org](http://crsricebowl.org) to learn more.

## Mass Intentions

Mar 13	5:00 pm	Maria Huong Tran RIP & People of the Parish
Mar 14	9:30 am	Lee Dusio SI
Mar 17	8:00 am	Alfredo Orozco RIP
Mar 20	5:00 pm	Teresa Camarro RIP
Mar 21	9:30 am	People of the Parish

## Feast of St. Joseph



St. Bernadette will have a Mass on Friday, March 19th at 8:00 am for The Feast of St. Joseph. No registration is required, Mass will also be livestreamed.



## St. Vincent de Paul

Items of the Week: Canned Tuna

## FORMED

**PRESENCE**, a 3-part video series discussing the true presence of Christ in the Eucharist is available to watch through our parish FORMED subscription. All parishioners are encouraged to sign up for FORMED and watch this series in Lent. If you are interested in digging deeper, program journals are available for purchase (\$8) from the Parish Office. Carlos Palacian will lead a Zoom discussion group on Wednesdays at 7:00 pm.

Registering on FORMED is easier than ever!

1. Go to [FORMED.org/signup](http://FORMED.org/signup)
2. Enter your parish zip code or name to select your parish.
3. Enter your name and email
4. Once logged in, there is no need to log out. Your profile, favorites, and viewing history will be waiting for you whenever you log back onto the site.

Once you are registered, browse the many options to view. There is content for family members of all ages and interests. All of this information can also be found on the parish website: [www.saintbernadette.net](http://www.saintbernadette.net)

**Prayer Corner:** Walter Baich, Aaron Baker, Raimund Belgardt Sr., Dede Bowmar, Dan Denman, Jane Dunbar, Darlene Fordham, Rhonda Grubb, Tom Merrill, Matt McLaughlin, Mary E. Munoz, Vince Munoz, Betty Poussier, John W. Rasmussen, Leonard Rooney, Barbara Smith, Ann Sullivan, Fr. Jim Williams, Jim & Donna Woehl, Fr. Michael Wright, Residents of El Dorado & Burien Nursing and Rehabilitation Center.

## FAITH FORMATION

### FAITH FORMATION FOR ALL



Have you seen the latest At Home With Faith newsletter. A link to this monthly resource offers reflections and suggestions to keep faith in your home. A link is on the Faith Formation page of the parish website.

Please keep in your prayers the children preparing to celebrate the Sacrament of **First Reconciliation on March 20th**. Parents of candidates are asked to sign up for Formed and watch the video *Forgiven For Children-How to Make A Great Confession* with their child at home.



### **Ministry Schedule for Next Week**

**Church Cleaning Team:** Dunbar Team

**Saturday Vigil Mass 5:00**

**Sacristan:** Sione Pauu

**Eucharistic Minister:** Luz Medina

**Lector:** Paco Palacian

### **Volunteers**

**Welcome Table:** Yadira Medina

**Ushers:** Victor Medina & Don Icenogle

**Hall Monitor:** Angela Cropley

**Sunday 9:30 am**

**Sacristan:** Kathy Budde

**Eucharistic Minister:** Richard McCabe

**Lector:** Leonard Greccia

### **Volunteers**

**Welcome Table:** Debbie Brule

**Ushers:** Joe Budde & Courtney Peetz

**Hall Monitor:** Angela Cropley

## SCHOOL NEWS

As continue our Lenten journey we encourage our families to support our Lenten Food Drive. This is a way for our students and families to make sure those in our community have access to enough nutritious foods to meet their needs. Due to increased unemployment caused by the pandemic, food insecurity has risen to 15%, meaning 1 in 6 of Americans can't get the food they need to eat a healthy diet.



With that said, there are small things you can do to help bring healthy food to people who wouldn't have it otherwise. You can **volunteer at a food bank, deliver meals to those in need, donate to a program** that's working to make healthy school lunches available to students whose schools aren't open, or donate to the St. Bernadette Lenten Food Drive.

### **St. Vincent de Paul most needed items:**

Peanut Butter & Jelly, Saltine Crackers, Ramen Noodles, Pancake Mix, Rica-A-Roni, Instant Potatoes, Spaghetti Sauce, Spaghetti Noodles, Diced Tomatoes, Tuna, Canned Vegetables, Canned Fruit, Soup, Spam, Mac & Cheese, Boxed Jell-O, Boxed Pudding, Shampoo, Hand Soap, Toothbrushes & Toothpaste

Thank you so much to all in our community who have donated these much needed food items or money toward this cause – your generosity is greatly appreciated.

### **Guidelines for Lent**

Good Friday, April 2, is a day of fast and abstinence. Fridays of Lent are also days of abstinence.

Fasting is to be observed by those who are eighteen years of age and older, who have not yet celebrated their sixtieth birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Abstinence is observed by those who are fourteen years of age and older. On days of abstinence no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

### **PRAYER FOR SPIRITUAL COMMUNION**



My Jesus, I believe that you are present in the most holy Eucharist. I Love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen