

First Sunday of Lent

FEBRUARY 21, 2021		
Saturday	2:30 p.m. 5:00 p.m.	<ul style="list-style-type: none"> • Confirmation Mass - People of the Parish • Birthday Blessings for Julia and Tracy by the family
Sunday	9:00 a.m.	<ul style="list-style-type: none"> • † Horst Seltenreich by Theresa Seltenreich and family • † Deceased Members of the Gordon Family by Anne and Alan Gordon • † Renato Mangacat by Salve and the children • † Michael Swan by St. Elizabeth Ann Seton School
	11:00 a.m.	<ul style="list-style-type: none"> • People of the Parish
Tuesday	9:00 a.m.	<ul style="list-style-type: none"> • † Michael Swan by Ralph Heyerhoff and family
Wednesday	9:00 a.m.	<ul style="list-style-type: none"> • † Monica Sauv� by Gerry and Margaret Chevalier
Thursday	9:00 p.m.	<ul style="list-style-type: none"> • † Frances Ann Facto by Mom and Dad, Jan and Aly
Friday	9:00 a.m.	<ul style="list-style-type: none"> • For the Clients, Volunteers and Staff of the Kawartha Lakes Pregnancy Centre by Anne and Alan Gordon
FEBRUARY 28, 2021		
Saturday	5:00 p.m.	<ul style="list-style-type: none"> • People of the Parish
Sunday	9:00 a.m.	<ul style="list-style-type: none"> • For the Children receiving First Holy Communion
	11:00 a.m.	<ul style="list-style-type: none"> • † Anne Clarke by Sally and Ray Cavan
	1:00 p.m.	<ul style="list-style-type: none"> • First Holy Communion Mass
	3:00 p.m.	<ul style="list-style-type: none"> • First Holy Communion Mass
Reconciliation by appointment only		

REPONSORIAL PSALM

Your paths, Lord, are love and faithfulness for those who keep your covenant. - Psalm 25

READINGS

First Reading – Genesis 9.8– 15

Second Reading – 1 Peter 3.18 – 22

Gospel – Mark 1.12 – 15



*St. Polycarp,
February 23*

REVISION TO THE END OF THE COLLECT AND OTHER PRAYERS

The Canadian Conference of Catholic Bishops (CCCB) has issued a decree (September 2020), following a request from the Congregation for Divine Worship and the Discipline of the Sacraments, to omit the word “one” from the ending of the Collect. This revision was to “safeguard both their Trinitarian form as well as their profession of the Son’s divinity” (vaticannews.va, 10 Feb. 2021). Removing the word “one” was to avoid doctrinal confusion. The CCCB approved a revision of the General Instruction of the Roman Missal with respect to the Trinitarian ending of the Collect. The revision now brings the English language ending into conformity with the Latin text.

From Ash Wednesday the endings to the Collect (and other prayers which included “one”) will be:

Prayer directed to the Father:

“Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.”

Prayer directed to the Father, but the Son is mentioned at the end:

“Who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.”

Prayer directed to the Son:

“Who lives and reigns with God the Father in the unity of the Holy Spirit, God, forever and ever.”

REFLECTION - RENEWING FAITH, HOPE AND LOVE: POPE FRANCIS' MESSAGE FOR LENT 2021

Pope Francis focuses on the three theological virtues in his Lenten message for 2021, inviting the faithful to “renew our faith, draw from the living waters of hope, and receive with open hearts the love of God.”

The Holy Father explains “accepting and living the truth revealed in Christ means, first of all, opening our hearts to God’s word.” Through fasting, “experienced as a form of self-denial,” we are able “to rediscover God’s gift and recognize that, created in His image and likeness, we find our fulfillment in Him.” Fasting, too, by helping us recognize our own poverty, helps us to love both God and neighbour. “Lent is a time for believing,” the Pope says, “for welcoming God into our lives and allowing Him to ‘make His dwelling’ in us.”

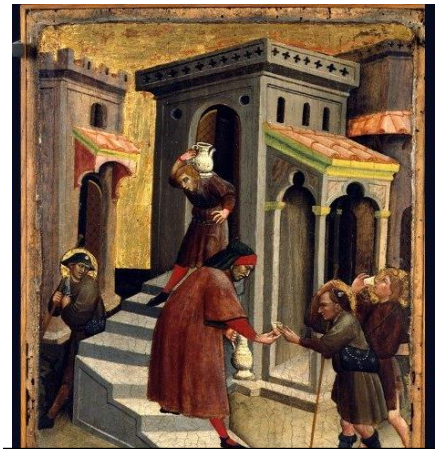
Pope Francis relates the virtue of hope to the ‘living water’ that Jesus promises the Samaritan woman at the well. This is not the physical water the woman is expecting, but rather the Holy Spirit who is given through the Paschal Mystery. Although hope may seem challenging in fragile and uncertain times, “Lent is precisely the season of hope, when we turn back to God.” Hope, he says, “is given to us as inspiration and interior light” through “recollection and silent prayer.” The experience of hope in Lent, he says, “means receiving the hope of Christ, who gave His life on the Cross and was raised by God on the third day.”

“Love is a leap of the heart,” says Pope Francis. “It brings us out of ourselves and creates bonds of sharing and communion.” The Holy Father emphasizes the need for “social love” in building up “a civilization of love.” “Love is a gift that gives meaning to our lives,” he says. Love helps us to see all men and women as our brothers and sisters. Charity is multiplied when given with love, as we see not only in the Scriptures, but in our own lives, too, when we give alms “with joy and simplicity.” “To experience Lent with love,” says Pope Francis, “means caring for those who suffer or feel abandoned because of the Covid-19 pandemic.” He invites us to “speak words of reassurance, and help others to realize that God loves them as sons and daughters.”

He goes on to say that the journey of conversion, through fasting, prayer, and almsgiving, “makes it possible for us to live lives of sincere faith, living hope, and effective charity.”

To read his entire message, please visit:

<https://press.vatican.va/content/salastampa/en/bollettino/pubblico/2021/02/12/210212a.html?>



Olivuccio di Ciccarello, “The Works of Mercy”
1404, tempera and gilding on poplar,
Vatican Museums.

THE DECEASED AND THOSE WHO MOURN THEM

Sheila BEERA, sister to parishioners Glenn Clarke, Janet Clarke, Angela Stever and Carmel Conlin, who died on February 9, 2021.

Kathleen MONAGHAN, sister of Fr. Gerard Monaghan, who died on February 14.



FAITH FORMATION



Join us this lent for the study ‘Forgiven, the Transforming Power of Confession’, which explores the grace and healing offered in Confession and how this Sacrament reveals the depth and bounty of God’s love. We will gather on Zoom for this 4-part FORMED study on Thursday evenings, starting **February 25 at 7:00 p.m.** Study guides will be provided. To register for this discussion series, contact Sandy Duff at apduffngb@gmail.com or call the parish office at 613-591-1135. FORMED subscribers are encouraged to follow along online if they cannot participate on Wednesday nights. Parishioners are welcome to join our parish subscription to FORMED by going to formed.org and signing up as parishioners.

HEART OF WORSHIP

Everyone is invited to spend time with Jesus in Adoration of the Blessed Sacrament, praise and worship music and a short spiritual reflection by Sr. John Paul Marie of the Trinity, from the Queenship of Mary Community, entitled "Lent: Back to Basics", on **Tuesday, February 23, at 7:00 p.m.** via livestream, at <https://www.youtube.com/channel/UCLBAAuHnbbnfinAFjPb3jmA>.

NIGHT OF WORSHIP AND MINISTRY

Join us for an evening of praise, teaching and healing, on **Friday, February 26, from 7:00 – 9:00 p.m.** The speaker will be Fr. Rob Arsenault, CC, and Pastor of Annunciation of the Lord Parish. At St. Mary's Parish Ottawa YouTube Channel. For more information, contact Natalia Lacar at 613-728-9811 x720, or night.worship.ministry@stmarysottawa.ca.



NEW VIDEO SERIES FOR LENT 2021

Journey through Lent offers an introduction to the Season and reflections on Gospel readings of each Sunday in Lent. It is the result of a joint project between the CCCB's Office for Evangelization and Catechesis, the National Liturgy Office and the *Office national de liturgie*. Access the video series on the CCCB website: [in English](#) and [in French](#). The link for the upcoming Sunday celebration will be released on Monday. For more information, contact Mrs. Margaret Shea-Lawrence, at m.shea-lawrence@cccb.ca.

STATIONS OF THE CROSS

Given these pandemic times, the Women's (Fall) Retreat Team in the Archdiocese of Kingston will be presenting a "Stations of the Cross Holy Hour" from **7:00 – 8:00 p.m. every Friday evening during Lent** this year. We are inviting you to join us for a time of prayerful and musical reflection and meditation on the Way of the Cross, both verbally and with images. This is a free event, and you will receive a list of Lenten online resources each week along with the Zoom invitation link email.

[CLICK HERE TO REGISTER](#)

THE CCCB OFFICE FOR EVANGELIZATION AND CATECHESIS

Beginning **Tuesday, March 2**, the CCCB will be offering a 4-part webinar series, "Nurturing Friendship, the *Directory for Catechesis* in Dialogue with the *Encyclical Letter Fratelli Tutti*", which will explore how the themes of these two documents call catechists to be people of hope who promote human dignity and communion with God by building bridges and proposing concrete ways to help form communities of missionary disciples. The series is designed for those who have responsibility for evangelization and catechesis. [Please click here to access the online registration form](#). The deadline to register is **Monday, February 22**. For more information, contact Mrs. Margaret Shea-Lawrence at m.shea-lawrence@cccb.ca.

HOLY SPIRIT HEALING CLINIC

The clinic offers healing prayer ministry to all people in need. Prayer sessions are currently taking place on Wednesday evenings, via Zoom. To book an appointment or to learn how to become a prayer leader, contact Janet Uyeda at receptionist.hshc@gmail.com or visit their website: holyspitihealingclinic.com

LENTEN WREATHS FROM THE KNIGHTS

The Knights of Columbus are selling a limited number of 6 inch "Crown of Thorns" assembled by "Christian Brands" in Israel. These have been gift boxed by the Knights, along with a Lenten Cross Bookmark and a Lapel Pin. All items have been blessed by Father Paul and the Crown of Thorns has been touched by a cross blessed by St John Paul II. Proceeds of the \$20 gift box will go to the Parish and other charitable organizations supported by the Knights. Contact Pierre Chartier at fitt@rogers.com to order yours!



FIRST HOLY COMMUNION AND CONFIRMATION



If you have a child who is currently in grade 2 or 6 (or older but who has not yet received these sacraments), and you wish them to receive their sacraments this coming year, please contact the parish office by **February 22**. There will be an online parent meeting on **Wednesday, February 24** to explain our program of sacramental preparation and dates for the reception of First Reconciliation, First Communion and Confirmation.

REOPENING OF CHURCHES

Our church is now open for a regular Mass schedule. We will continue to live stream the 11:00 a.m. Sunday Mass, but not the weekday Masses. Registration is required for weekend Masses. Because we are currently in 'Orange,' you will be asked a series of questions each time you attend Mass. This is an Ottawa Health requirement. Please be patient with this additional task. If anyone is interested in helping us with cleaning after Mass or with ushering, new volunteers are most welcome. Please contact Anita MacNeil directly at: aemac63@gmail.com.

REGISTERING FOR WEEKEND MASS

There are **two ways** to register for Sunday Mass. The first is through Eventbrite, accessible through the parish webpage (www.stpatricksfallowfield.com), the second, by phone (613-591-1135, ext. 4). Ushers, lectors, and members of the WorshipSafe Teams are pre-registered for the Mass at which they are serving, if their **family members wish to attend with them, they must register**. If you have registered for Mass but are unable to go, please cancel your registration, so someone else can go.

NEWS FROM THE PARISH OFFICE

- ❖ Donation receipts for 2020 are now available. If you are unable to receive yours via email, please contact the parish office.
- ❖ The office is open to the public from 9:30 until 12:30 p.m. Tuesday through Friday.
- ❖ Donation boxes are available for pick-up from the Monsignor Baxter Hall, during office hours.
- ❖ Please welcome **Mariamanda (Amanda) Espinoza**. Amanda is our new bookkeeper. She is in the office on Tuesdays and Thursdays. Please direct any financial questions to her at: finance@stpatricksfallowfield.com.



NORMS FOR LENTEN OBSERVANCE

The following are guidelines for the faithful in the Archdiocese of Ottawa:

- ❖ **Ash Wednesday and Good Friday are days of fast and abstinence.**
- ❖ Fasting binds all persons, 18 to 59 years, unless prevented by poor health. On days of fast, one full meal is allowed. Two other meals may be taken according to one's own needs. Eating between meals is not allowed, although fluids may be taken.
- ❖ Abstinence from meat binds all persons, 14 years and older, unless prevented by poor health. In the Archdiocese of Ottawa-Cornwall, the **consumption of meat is not allowed on Fridays during Lent**.
- ❖ Lent is a penitential season and religious practices such as daily Mass, Stations of the Cross, receiving the Sacrament of Reconciliation, works of charity and justice, and acts of self-denial are encouraged.

“Dear brothers and sisters, every moment of our lives is a time for believing, hoping and loving. The call to experience Lent as a journey of conversion, prayer and sharing of our goods, helps us – as communities and as individuals – to revive the faith that comes from the living Christ, the hope inspired by the breath of the Holy Spirit and the love flowing from the merciful heart of the Father.”
Pope Francis
