

Third Sunday of Lent

MARCH 7, 2021

Saturday	5:00 p.m.	<ul style="list-style-type: none"> • † Jack Coogan by Diane Coogan • † Patricia Van Loan by Nigel Van Loan
Sunday	9:00 a.m.	• People of the Parish
	11:00 a.m.	<ul style="list-style-type: none"> • † Agnes and † Frances by Douglas Wijesekera • † Kathryn Gillis by Bill and Eileen Country
Tuesday	9:00 a.m.	• Unannounced Intention
Wednesday	9:00 a.m.	• † Parish All Souls Intention
Thursday	9:00 p.m.	• Unannounced Intention
Friday	9:00 a.m.	• † Parish All Souls Intention

MARCH 14, 2021

Saturday	5:00 p.m.	• † Deceased members of the McKenna and Moore families
Sunday	9:00 a.m.	<ul style="list-style-type: none"> • † Michael McDonnell and † Liam Connolly by the McRae family • † Cecelia McCollum by Terry and Joan McMahon
	11:00 a.m.	• People of the Parish

Reconciliation by appointment only

REPONSORIAL PSALM

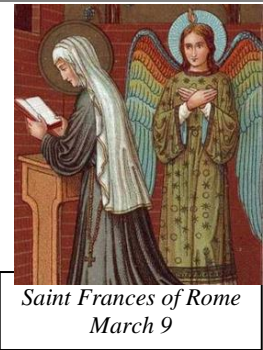
Lord, you have the words of eternal life. - Psalm 19

READINGS

First Reading – Exodus 20.1– 17

Second Reading – 1 Corinthians 1.18, 22 – 25

Gospel – John 2.13 – 25



*Saint Frances of Rome
March 9*

ST. PATRICK'S DAY

We will be livestreaming the 9:00 a.m. Mass on St. Patrick's Day, Wednesday, March 17

CONFESSION DURING LENT

In addition to making an appointment with Fr. Paul to receive the sacrament of Reconciliation, there will be an opportunity for private confession with Fr. Paul or Fr. Tom on **Sunday, March 21, from 3:00 until 5:00 p.m. in the church.**

POPE'S PRAYER INTENTION FOR MARCH

Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

NORMS FOR LENTEN OBSERVANCE IN THE OTTAWA-CORNWALL ARCHDIOCESE

- ❖ **Good Friday is a day of fast and abstinence.**
- ❖ Fasting binds all persons, 18 to 59 years, unless prevented by poor health. On days of fast, one full meal is allowed. Two other meals may be taken according to one's own needs. Eating between meals is not allowed, although fluids may be taken.
- ❖ Abstinence from meat binds all persons, 14 years and older, unless prevented by poor health. In the Archdiocese of Ottawa-Cornwall, the **consumption of meat is not allowed on Fridays during Lent.**
- ❖ Lent is a penitential season and religious practices such as daily Mass, Stations of the Cross, receiving the Sacrament of Reconciliation, works of charity and justice, and acts of self-denial are encouraged.

REFLECTION

What we have in the Ten Commandments is not an arbitrary set of rules imposed from outside that restrict us, or take away all that seems to delight, but an owner's manual for being a person. The ten Commandments tell me the truth of who I am. They don't simply tell me what I must do – or mustn't do – but in telling me that, they tell me who I am, and what is the world in which I live. They tell me the truth; that I, and the world in which I live, are where the holiness of God is made visible, where the Holy is to be found.

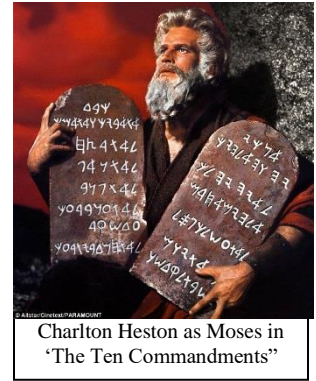
For millennia, people have looked for the Holy in special places. For the Jews, the Temple was the place of the Holy: "Praise God in his holy place!" sings the psalmist. So, the words of Jesus in today's gospel were not just shocking but unbelievable: destroy this temple? Not only has it continued being rebuilt for the past 46 years, but it is the Temple – it is where the Holy is to be found. Even in the time of the Temple, God's first people knew that all of life was holy, but the Temple was the Temple: this was where the Shekinah, the glory of the presence of God, was to be found. To speak of it being destroyed wasn't so much the equivalent of suggesting taking a bulldozer to St Peter's as of suggesting we should do away with the Mass.

But we need to remind ourselves, as the Jews needed to remind themselves, that it was not until the time of King David that the first temple was built: for most of the defining moments of the history of God's people, there was no one special place as such where God was to be found, and the Commandments spelt out that all of life was a place for the Holy to be found and celebrated. There was not one dimension which was the Holy and one which was the everyday: God's revelation was of God as Emmanuel – God in the midst of us.

Judaism is full of blessings – thanksgivings for each moment of the day - just as it is full of commandments for each moment of the day, because each moment of the day is holy, because in each and every moment of the day (including some moments that we really might not think of as linked with holiness) the Holiness of God is there to be met.

John's Gospel is put together after the destruction of the temple in the year 70 of our common era and was addressed to a community that had broken its links with Judaism. John in his Gospel was telling us not something that disagreed with or refuted what the rabbis were teaching about the Holy being present in the everyday, but something that went beyond it: "but Jesus was speaking of the sanctuary that was his body." For John, as for all the Gospel writers, the Gospel itself was that Jesus is the Holy One: Jesus is God's holiness in our midst, Jesus is God's presence in our midst.

Excerpted from. Fr. Brendan Callaghan, SJ @ www.holyname.info



Charlton Heston as Moses in 'The Ten Commandments'

THE DECEASED AND THOSE WHO MOURN THEM

Rosemond CLARKE, whose funeral was celebrated here on March 5.

Donald LACEY, brother of parishioner Richard Lacey, who died on March 4.



FAITH FORMATION



Join us this lent for the study 'Forgiven, the Transforming Power of Confession', which explores the grace and healing offered in Confession and how this Sacrament reveals the depth and bounty of God's love. We will meet on **Thursday, March 11 at 7:00 p.m.** for our third session, which is entitled *Embraced in Mercy: The Rite Explained*. It is not too late to join us. To register

for this discussion series, contact Sandy Duff at apduffngb@gmail.com or call the parish office at 613-591-1135. FORMED subscribers are encouraged to follow along online, if they cannot participate on Wednesday nights. Parishioners are welcome to join our parish subscription to FORMED by going to formed.org and signing up as a *parishioner*.

STATIONS OF THE CROSS



The Women's Retreat Team, of the Kingston Archdiocese, will be presenting a "Stations of the Cross Holy Hour" from **7:00 – 8:00 p.m. every Friday evening during Lent**. You are invited to join them for a time of prayerful and musical reflection and meditation on the Way of the Cross. This event is free. **CLICK HERE TO REGISTER**

SHARE LOVE – SHARE LENT

Join Development and Peace each week of Lent to explore different aspects of their mission, featuring partners from Nigeria, Caritas Bangladesh, Honduras, as well as Bishop Goudreault and Karri Munn-Venn of Citizens for Public Justice. Please visit their website for more information and to register for webinars: <https://www.dev.org/en/region-events/sharelent2021>. or contact Stefany Dupont at sdupont@dev.org. There will be a special collection for SHARE LENT on **March 21**.

“BY MY SIDE PROGRAM’ FOR SEPARATED AND DIVORCED CATHOLICS

A program of spiritual friendship and healing. The 6-week sessions begin on **Saturday, March 27**. Registrants will receive a private link to join prior to their first session. The women's sessions are **9:00 – 11:00 a.m.** The men's sessions are **12:00 – 2:00 p.m.** The program, led from a Catholic faith exploration perspective, is designed to help participants find reconciliation, peace and healing by taking positive steps in their daily spiritual life. Further information and registration at: www.bymyside.ca or on Facebook at: facebook.com/bymysideott or contact Mary Jane Manley at (613-294-1308). The cost is \$40.

SHORT FAMILY VIDEOS FROM THE ROSARY APOSTOLATE

Since we have not been able to visit our schools in person this year, our founder, Sr. Marilina Cinelli, has made available on YouTube the lessons we normally teach in the classes, for all families to enjoy and grow in their prayer life this year. A new lesson is posted each month on a new mystery of the Rosary. For more information, please contact Johanne Walsh, Ottawa region Rosary Apostolate team, at 613 255 5831.

YouTube Information:

Channel Name: The Rosary Apostolate, Inc. - Canada

Channel Link: <https://www.youtube.com/c/TheRosaryApostolateInc>

Direct link to videos:

Grades 1 to 3: The Agony of Jesus in the Garden - First Sorrowful Mystery - One Decade (14:51 mins): <https://youtu.be/ZeTNDHp-efs>

Grades 4 to 12: The Sorrowful Mysteries (31:53 mins): <https://youtu.be/x0TOBHBekqo>

FAITH RESOURCES FOR CHILDREN AND FAMILIES

- ❖ catholickidsbulletin.com (download through teacherspayteachers.com)
- ❖ thekidsbulletin.com, for slightly older children
- ❖ Catholicmom.com
- ❖ <https://teachingcatholickids.com/>
- ❖ catholicplayground.com
- ❖ 10kids.com. - This site has information and suggestions for family life, by Irene Freundorfer, a catholic mom living in Kingston, Ontario.
- ❖ Flandersfamily.info. - This is a Christian site with colouring pages and reflections and information.



KNIGHTS OF COLUMBUS LAUNCH DOCUMENTARY FILMS



Two new documentaries on the life of founder Blessed Michael McGivney are now available. The documentaries are available, free, on demand at: fathermcgivney.org/en/media/blessed-mcgivney.html.

EXPANSION OF MAID POSES DANGER TO THE DISABLED AND MENTALLY ILL

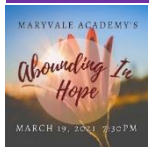
The Senate has amended Bill C-7. If these amendments pass the House of Commons, it will make it much easier for vulnerable Canadians to access assisted suicide and euthanasia putting them at increased risk. The amendments are: 1. Allowing people to write advance directives that require euthanasia to be administered if they are sick or disabled and lose the ability to make their own medical decisions. 2. Removing the restriction on euthanasia for people whose primary diagnosis is mental illness. This change will automatically take place 18 months after the Bill is passed. The Senate's amendments will soon be sent back to the House of Commons for approval. Please register your concern to your Member of Parliament by using the following link from the Coalition for Healthcare and Conscience: canadiansforconscience.ca

LEAPIN' LEPRECHAUN TAKE OUT DINNER

Roast pork dinner with potatoes, vegetables, and Chocolate Poke Cake dessert, available from Our Lady of the Visitation Parish, on **Sunday, March 14, from 3:00 – 6:00 p.m.** Prepaid orders, only, adults - \$22.50; children 10 & under -\$10. Tickets at events@olvottawa.ca or from Claudette at 613-822-2007.



MARYVALE ACADEMY GALA



Maryvale is gearing up for their biggest and most important fundraiser of the year, their 15th annual gala. This year's gala, entitled 'Abounding in Hope', will be virtual and will take place on **Friday, March 19 at 7:30 p.m.** Prizes will be drawn for registrants from the Ottawa region. Registration is FREE! or donate today at maryvalegala2021.ca

ST. VINCENT DE PAUL THRIFT STORES - CALL FOR RELIGIOUS ITEMS

If you have Catholic Bibles, religious statues, or rosaries to donate, the Ottawa SSVP Thrift Stores, in partnership with the Ottawa Catholic School Board, are gathering religious items and making sure they find a new home in local English Catholic Schools. Simply drop off your donations during the weekdays, 9:00 a.m. – 4:00 p.m. at 1273 Wellington St. W or 1620 Merivale Rd. For more information, please visit: <https://saintvincentdepaul.ca/contact-us>.

NEWS FROM THE PARISH OFFICE

- ❖ Tax receipts for 2020 church donations have been sent out by email. If you haven't received yours yet, please check your junk folder. If you are unable to receive yours via email, please call the parish office or email Kym at assistant@stpatricksfallowfield.com.
- ❖ The office is open to the public from 9:30 a.m. until 3:30 p.m., Tuesday through Friday.
- ❖ Donation boxes are available for pick-up from the Monsignor Baxter Hall, during office hours.
- ❖ Please welcome **Mariamanda (Amanda) Espinoza**, our new bookkeeper. She is in the office on Tuesdays and Thursdays. Please direct financial matters to her at: finance@stpatricksfallowfield.com.
- ❖ If anyone is interested in helping us with cleaning after Mass or in other ways, new volunteers are most welcome. Please contact Anita MacNeil directly at: aemac63@gmail.com.



"Hope everything from the mercy of God; it is as boundless as His power."
Saint Frances of Rome
