

Passion or Palm Sunday

World Day of Youth

MARCH 28, 2021

Saturday	5:00 p.m.	• Fr. Paul – for a speedy recovery
Sunday	9:00 a.m.	• People of the Parish
	11:00 a.m.	• † Larry Walsh by Carmel and Wayne Baker • † Kathryn Gillis by Jean Kennedy • † Timoteo Largo, Sr. by Josephine Gonato • † Len Harris by Elise Levesque • † Mrs. Praiswan Lowsunwan by Suvakorn Vongpaisal
Tuesday	9:00 a.m.	• Birthday Blessings for Patrick Alan Graham by Alan and Anne Gordon
Wednesday	9:00 a.m.	• † Rosamond Clarke by Earl and Ann Burnett
Thursday	7:00 p.m.	• For Healing
Friday	3:00 p.m.	• Good Friday Service
	7:00 p.m.	• Stations of the Cross

APRIL 4, 2021

Saturday	8:00 p.m.	• † Baby Finn by the Kahn family
Sunday	9:00 a.m.	• † Jean and † Ed Lueders by Alan and Anne Gordon • For the Intentions of Fr. Paul
	11:00 a.m.	• People of the Parish

Reconciliation by appointment only

REPONSORIAL PSALM

My God, my God, why have you forsaken me? – Psalm 22

READINGS

First Reading – Isaiah 50.4 – 7

Second Reading – Philippians 2.6 – 11

Gospel – Mark 14.1 – 15.47

MASS TIMES FOR HOLY WEEK AND EASTER

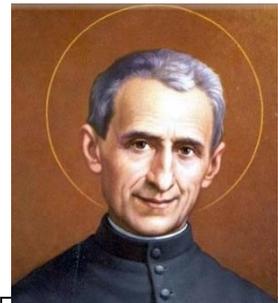
Holy Thursday (April 1) at: 7:00 p.m. (no morning Mass).

Good Friday (April 2) at 3:00 p.m. (no morning Mass) and **Stations of the Cross** at 7:00 p.m.

Easter Vigil (April 3) at 8:00 p.m.

Easter Sunday (April 4) at 9:00 a.m. and 11:00 a.m.

Registration, which has now opened, is required for all these Masses, either through the parish website or by calling the parish office. There will be assigned seating for most of these Masses. Registration will close on **Monday, March 29 at noon**.



*Saint Leonard Murialdo
March 30*

NORMS FOR LENTEN OBSERVANCE IN THE OTTAWA-CORNWALL ARCHDIOCESE

- ❖ **Good Friday is a day of fast and abstinence.**
- ❖ Fasting binds all persons, 18 to 59 years, unless prevented by poor health. On days of fast, one full meal is allowed. Two other meals may be taken according to one's own needs. Eating between meals is not allowed, although fluids may be taken.
- ❖ Abstinence from meat binds all persons, 14 years and older, unless prevented by poor health. In the Archdiocese of Ottawa-Cornwall, the **consumption of meat is not allowed on Fridays during Lent.**
- ❖ Lent is a penitential season and religious practices such as daily Mass, Stations of the Cross, receiving the Sacrament of Reconciliation, works of charity and justice, and acts of self-denial are encouraged.

REFLECTION

The blessed branches received and carried at the beginning of today's celebration are reminders that we are committed to following Christ, even unto death. Striving to be faithful to the Lord, we embrace the Gospel of Jesus Christ without giving up, even when we are discouraged, betrayed, mocked, or put to death, just as Christ was.

All that we celebrate throughout Holy Week is a clear reminder that God is with us now, working on our behalf and that the power of the resurrection of Christ has a daily and real effect in our lives. We are to be convinced that the working of the Holy Spirit in us and with us is an undying source of grace, now and always. This means that we are called to acclaim the Lord not merely with our lips or just on certain days of the year, such as Palm Sunday, but with our lives, each and every day. That means every follower

of Christ, is in need of evaluating their use of time, talents, words, thoughts and deeds. We not only evaluate, we also change what needs to be changed, in order to reflect and live out a Christian commitment here and now. This is no easy task, and we may fail regularly in our attempts, but we never give up trying. To be spiritually enriched in this Great and Holy Week this year, we pray for the grace of God to live our daily lives in the light of faith, hope and love, the theological virtues, seeing in Christ the Just One who was condemned, yet at the same time the origin of our strength and all life. May this Holy Week find us renewed in zeal for the things of God, for love of God and neighbour, eager to celebrate next Sunday the Passover of our Lord, and the central mystery of our Christian faith, the Resurrection of Christ.

We are called to die with Christ so that we might rise with him as well. May God illumine and guide our steps today and throughout our lives.

Excerpted from www.christdesert.org



*Christ's entry into Jerusalem, Peter Paul Rubens, 1632.
Museum of Art, Dijon*

THE DECEASED AND THOSE WHO MOURN THEM

Len HARRIS, brother of parishioner George Harris, who died on March 19, 2021.

Noreen O'CONNELL, mother of parishioner Mary Jane McAuley, who died on March 21, 2021.



FAITH FORMATION

Enjoy a FREE subscription to formed.org – an incredible online gateway to quality Catholic content. There are movies, video, and audio presentations, as well as content for children. Go to <https://formed.org> and *sign up as a parishioner*. Please contact Sandy Duff at apduffngb@gmail.com for more information or if you are having problems signing up.

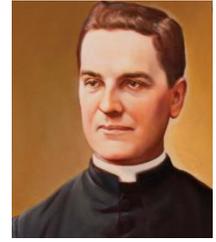
PUBLIC HEALTH GUIDELINES TO KEEP OUR CHURCH OPEN FOR MASS

The Worship Safe committee is responsible for all Public Health signage inside and outside of the church. Public Health requires directional markings on the floor to indicate one-way traffic flow within the building. Blue or green tape on the floor and entrance walkway mark 2 metre/6 feet social distancing. Ropes on pews indicate available seating. Hand sanitizers have been placed as indicated by Public Health and must remain. These markers must all remain as placed, unless directed.

As with all of our Covid-19 measures, the intent is to meet Ottawa Public Health directives. Compliance will ensure that we can continue to attend Mass in person. We are fortunate to have a team dedicated to ensuring that we are meeting all these requirements. Please support their efforts by wearing a mask, sanitizing your hands, and following the directions of ushers and the signage. We all need to work together, so that we all can safely attend Mass in person. *Thank you.*

KNIGHTS OF COLUMBUS FOUNDER'S DAY – MARCH 29

Blessed Father Michael J. McGivney, model parish priest and founder of the Knights of Columbus, was recognized as a 'saint' in his day by the people closest to him. In addition to meeting their spiritual needs, Fr. McGivney worked tirelessly to help his immigrant Irish parishioners in their daily lives with the prejudice and poverty that was prevalent in the 1880s in New Haven, Conn. In 1882, Father McGivney gathered a small group of Catholic laymen to discuss solutions and eventually formed a fraternal benefit society to provide insurance for the widows of its members while offering fellowship among Catholic men. That group became known as the Knights of Columbus. Father McGivney was named 'blessed' by Pope Francis on October 31, 2020.



The Knights of Columbus has grown to nearly 2 million members throughout the world and is still true to its founding principles of charity, unity and fraternity. Please consider joining us in our work for God and neighbour. As a member of our Council, you will strengthen your faith, help others and form friendships with fellow Knights that can last a lifetime. Membership is available to all Catholic men of the parish over age of 18 that are in good standing in the Catholic Church. For more information, please contact our Membership Director, Brother Dan Burnett at 4dsappliance@gmail.com or 613-880-3571. We welcome your interest and invite your participation.

MAPLE SYRUP FUND RAISER BY THE KNIGHTS OF COLUMBUS

Maple tree sap is starting to flow, and this provides the Knights with the opportunity to offer parishioners and council members this great Canadian staple. Please consider ordering maple syrup for your table or as gifts to family and friends. The maple syrup is offered in cans of 540 ml, eight (8) cans is one gallon. A gallon will sell for \$70, a half gallon or four cans for \$35 and one or more can for \$9/can. Volunteers will deliver gallons to your home if you so wish, lesser quantities will be picked up in the Church parking lot or other locations, at dates to be determined and according to Covid restrictions measures. Proceeds will go to charitable programs and the parish. The deadline to order is **April 7**. Please contact Pierre Boucher at bouchercol67@gmail.com for further information.



YOUR HELP IS NEEDED

As we enter the second spring of this pandemic, we are hoping that some more people will come forward to help with the many necessary tasks to keep the church open. We have been blessed with the generosity and flexibility of so many people: cleaners, ushers, greeters, musicians, lectors, organizers and co-operative and supportive parishioners. If anyone is interested in helping with any of these, please contact Anita MacNeil at aemac63@gmail.com.

RESOURCES FOR CHILDREN – HOLY WEEK ACTIVITIES

If you are looking for activities for your children, appropriate for Holy Week and Easter please visit: <https://thekidsbulletin.com/> or <https://www.catholicmom.com/sunday-mass-activities>

WAY OF THE CROSS ON GOOD FRIDAY

This year the traditional walk will be replaced with a virtual event, being held at **7:00 p.m. on April 2**. It will be led by Most. Rev. Marcel Damphousse, Archbishop of Ottawa. Please monitor the Cathedral website for connection details. For more information, please contact: clonottawa@gmail.com.

*"We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis."
Papal Prayer Intention for April*

YEAR OF ST. JOSEPH

The CCCB has prepared a webpage dedicated to the Year of St. Joseph, which has resources, including prayers and devotions, catechesis for adults and children, Church documents, a resource list and a Consecration to St. Joseph for use in dioceses, parishes, religious communities, families and schools. For more information, please see: [Celebrating the Year of Saint Joseph - Canadian Conference of Catholic Bishops \(ccb.ca\)](http://www.cccb.ca).



Joseph and the Child
By Gisele Bauche

RON ROLHEISER RETREAT

On **April 16-18**, the Galilee Centre is presenting a live **virtual** retreat led by author, lecturer and facilitator Fr. Ron Rolheiser, OMI. On Friday, Fr. Ron will speak on the topic of The Real Obstacle to Holiness - Our Pathologically Complex Nature and on Saturday he will lead a retreat entitled Spiritual Wisdom from the Deep Wells of Christian Mysticism - Principles for Living a Mystically-Driven Life. For more information and to register, please call 613 623 4242, ext. 21 or visit: <https://www.galileecentre.com/save-the-date-ron-rolheiser-retreat/>. The cost of the lecture is \$25; lecture and retreat is \$100.

ARE YOU A MOM LOOKING FOR A SMALL GROUP?

Are you looking for fellowship, and a place to discuss and share your faith? Tired of this pandemic and feeling isolated? Have you considered joining a "virtual" small group? Contact us by **March 31** at restoremomsministry@gmail.com or find us on Facebook www.facebook.com/restoremomsministry. Hosted by Restore.

EMPOWERING RELATIONSHIP SEMINAR

Learn how to overcome offences and communicate better. Gain tools that you can use on your own. By Zoom, **April 16, 6:30-10:00 pm & April 17, 8:30 am-5:00 pm**. Cost: \$99. Earlybird registration before April 9: \$79. Hosted by Lift Jesus Higher. Info: Edna DuBroy 613-523-1377.

EASTER AND SPRING BASKET SALE

The Catholic Women's League and Knights of Columbus at St. John the Apostle are offering their first online Easter and Spring Gift Basket Sale. The proceeds from sales will be used to help St. John the Apostle Church, and three charities: the Food Bank, Youville Centre and Chrysalis House. For information and to purchase a basket: <https://www.biddingowl.com/Auction/home.cfm?AuctionID=24323>. **Saturday, March 20, 9:00 am – Sunday, March 28, 9:00 pm**. For more information, contact: Marilyn Muldoon at marilynemuldoon@gmail.com or Jack Belletrutti at jackbelletrutti@sympatico.ca.



CURBSIDE TAKE OUT DINNERS

Our Lady of the Visitation is having curbside take out dinners between 3:00 and 6:00 pm for the following:
Sunday April 11, Ham and Scalloped Potatoes with all the fixings and homemade dessert.
Sunday May 2, Delicious Roast Chicken with all the fixings and homemade dessert.
Sunday June 13, Delicious Roast Beef with all the fixings and homemade dessert.
All meals will be prepared and ready for pick up at the OLV Banquet Hall at 5338 Bank St, Gloucester. All orders are purchased in advance by calling 613-822-2007 or online at events@olvottawa.ca. Meals are Adults \$22.50 | Children (up to 10 years of age) \$10.00. All COVID-19 safety protocols followed Proceeds go to Our Lady of the Visitation Restoration Fund.

"God loves me infinitely, tenderly, personally, mercifully, first – at this very moment. Because of this, I am to trust the goodness and awesomeness of God's plan for me always."

St. Leonard Murialdo
