

Twenty-First Sunday in Ordinary Time

AUGUST 22, 2021

Saturday	11:00 a.m. 5:00 p.m.	• Ordination of Adam Lalonde (by invitation only) • † Michelin and † Josette St. Fleur and their † deceased relatives by Maria-Anna Nsonwah
Sunday	9:00 a.m.	• † Valmore Carroll by Muriel Inglis
	11:00 a.m.	• People of the Parish
Tuesday	9:00 a.m.	• † Parish All Souls Intention
Wednesday	9:00 a.m.	• † Baby Jordynne Deborah Chiarelli by Julia Chiarelli and family
Thursday	9:00 a.m.	• † Joseph Gorman by Lucy Gorman
Friday	9:00 a.m.	• † Parish All Souls Intention
Reconciliation by appointment only		

PSALM

Taste and see that the Lord is good. - Psalm 34

READINGS

First Reading – Joshua 24.1 – 2a, 15 – 17, 18b

Second Reading – Ephesians 4.32 – 5.1 – 2, 21 – 32

Gospel – John 6.53, 60 – 69



Saint Maria Michaela Desmaisieres
August 27

GOSPEL REFLECTION

One of the greatest temptations of our culture and generation is to believe you can save yourself, that by being subject or beholden to no one, you will find freedom. This week's readings remind us that God longs for us to freely choose to be subjects of the One who truly sets us free. God receives our obedience and gives us true freedom. This challenging passage from Ephesians is about how we need, as human beings, to reverence God in relationships by bending toward each other in love. And in the gospel, we hear how the ways of Jesus sound absurd to us and the world more often than not: turn the other cheek, give away what others would steal from you, forgive 70 times 7, and eat God's very flesh and blood. Do whatever he tells you: the God of life longs to set us free. May we eat your flesh and drink your blood so that we can take on your will for us. — Excerpted from cccb.ca

MESSAGE FROM FATHER PAUL

Dear friends,

As many of you may know, I have been on an extended medical leave of absence. Earlier this year, I wrote of my need to take time for personal and spiritual renewal. Archbishop Damphousse gave me the opportunity for this. I have learned a great deal about myself.

Now I return rested and restored, and with a greater awareness of how I can best be a pastor to this faith community. The archbishop, confident in the work I have accomplished, has shown his trust in my ability to be your pastor by the renewed appointment I have received from him.

As I return to the parish, I will do my best to be patient, empathetic, and open in my communication and



pastoral leadership. To you who have experienced from me anger or hostility, I am truly sorry. I ask that if you are willing, please forgive me for my lack of patience, understanding, and empathy. With God's help, I will be gentler and more amicable in all aspects of parish life and ministry.

I extend my sincerest thanks to the Archbishop Damphousse, Archbishop Prendergast, Fathers Riopelle, Wenger, and Kerslake, the Office Staff, Volunteers, and each of you who faithfully supported the parish during my time away. - *Father Paul Shepherd*

Twenty-Second Sunday in Ordinary Time

AUGUST 29, 2021

Saturday	5:00 p.m.	• People of the Parish
Sunday	9:00 a.m.	• † Bernard Chan by Maria Chan and family
	11:00 a.m.	• † Roseline Wijesekera by Douglas Wijesekera • † Earl Burnett by Lorna and Connie Kelly • Birthday Blessings for Maria by Mom and Dad
Tuesday	9:00 a.m.	• † Parish All Souls Intention
Wednesday	9:00 a.m.	• Birthday Blessings for Daniel
Thursday	9:00 a.m.	• † Parish All Souls Intention
Friday	9:00 a.m.	• Blessings for John and Gerrie deKemp on the occasion of their 66 th Wedding Anniversary

SEPTEMBER 5, 2021

Saturday	5:00 p.m.	• † Roseline Wijesekera by Douglas, Anne and Sherine Wijesekera • † Deceased members of the Chan family by Maria Chan
Sunday	9:00 a.m.	• People of the Parish
	11:00 a.m.	• † Aurele and † Ray Langlois by Cheryl and Guy Langlois • † Tim Coogan by the family • † Earl Burnett by Kelvin and family

Reconciliation by appointment only

PSALM

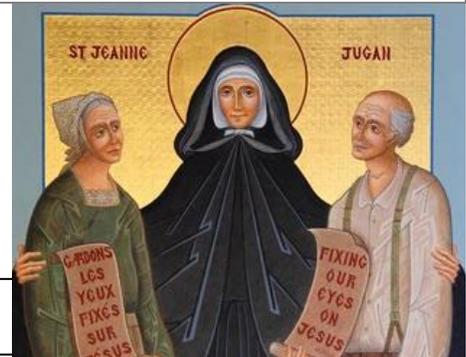
O Lord, who may abide in your tent? - Psalm 15

READINGS

First Reading – Deuteronomy 4.1 – 2, 6 – 8

Second Reading – James 1.17 – 18, 21 – 22, 27

Gospel – Mark 7.1 – 8, 14 – 15, 21 – 23



Saint Jeanne Jugan,
August 30

GOSPEL REFLECTION

If we read today's Gospel carefully, we will see a pattern in Jesus' teaching method that will be repeated in the weeks ahead. Jesus' first teaching is directed to the Pharisees who questioned him. Jesus' words are then directed to the crowd, teaching that a person is defiled by his or her words and actions, not by the food that he or she eats. In verses omitted in today's reading, we learn that Jesus returned home with his disciples, who in turn questioned him about what he had taught. The words we read at the conclusion of today's Gospel are addressed to Jesus' disciples. Mark's narrative shows several audiences for Jesus' teaching: his antagonists, the crowds, and Jesus' disciples. As we see in this reading, the words to the Pharisees are often words of challenge. The teaching to the crowds is often a general, sometimes cryptic, message. With the disciples, who often misunderstand Jesus' words, further explanation is offered about his message and its meaning.

Jesus' words challenge us as well. In our desire to show that we are holy, we might also give too much credence to externals, following rules without thinking about the intention behind them. Jesus reminds us that we do not make ourselves holy by our actions. Rather, we become holy when we allow God's Spirit to transform us. Our actions should be an expression of the conversion of our heart to God and to God's ways. - Excerpted from *Sunday Connection*, loyolapress.com

CONGRATULATIONS!

On Saturday, August 21, Adam Lalonde, was ordained a priest and presided at his first Mass, on Sunday, August 22, at 11:00 a.m. in our church. We congratulate him and wish him well.

NIGHT OF WORSHIP AND MINISTRY



An evening of praise, teaching and healing. David Mulcair will speak on “*Let the Word Take Root*”. Taking place online, Friday, **August 27, 7:00 – 9:00 p.m.** at St. Mary's Parish Ottawa YouTube Channel (<https://www.youtube.com/channel/UCtV6m7ZoNkrK4HJOSU6jQFA>). Contact Natalia Lacar at 613-728-9811 x720 or night.worship.ministry@stmarysottawa.ca for information.

HEART OF WORSHIP

Come and spend time with Jesus in Adoration of the Blessed Sacrament. Sr. Philomena of the Queenship of Mary, will give a short spiritual entitled “Who is Mary?” This is an in-person event, but will also be live-streamed, on **Tuesday, August 31, at 7:00 p.m.** To register, call the parish office (613 836 1764) or visit <https://holyredeemerkanata.flocknote.com/signup/62247>.

To watch the livestream, please visit: <https://www.youtube.com/holyredeemerparishkanata>

YOUR HELP IS NEEDED

The parish is looking for more volunteers to help with the cleaning of the church after Masses, as well as funerals, weddings and baptisms. **Volunteers are essential if we are to continue to have in-person Masses.** If you think you can help, please call the office.

KNIGHTS OF COLUMBUS GOLF TOURNAMENT

St. Patrick's Knights of Columbus have joined with other parishes' councils to host the first Annual Golf Tournament and dinner on **Friday, September 17, 2021**, at Cedar Hill Golf and Country Club. Open to men and women. This event provides us with an opportunity to gather for some fun and fellowship and also raise money for local council charities. Cost: Golf and dinner \$80, dinner only \$35. For questions or to register, contact Gerry Hogan at ghogan60@hotmail.com or Dan Burnett at wjburnett55@gmail.com or 613-880-3572. Please register and send electronic payment to KOCD98GOLF@gmail.com. Registration deadline **September 10**.



LITURGICAL MUSIC RE-START

This fall Chorus Ecclesiae and the Canadian Symposium on Music in Liturgy are sponsoring a series of free-admission music sessions for cantors, members of parish choirs, and all who are interested in music for the liturgy. A great opportunity to get re-energized after COVID! For information, please email Lawrence Harris at ChoirClass@hotmail.com.

CATHOLIC EDUCATIONAL OPPORTUNITIES

- ❖ *Encounter School of Ministry - Ottawa Campus* is offering a 2-year program designed to equip and activate you in the lifestyle of Jesus. Classes meet weekly on **Tuesday evenings, September 21, 2021 - May 2022**. For inquiries and registration: <https://encounterschool.org/apply/>
- ❖ Our Lady Seat of Wisdom College offer an academically excellent liberal arts program, including a **three-year accredited bachelor's degree**. They also offer an **online** Catechetical Certificate! This 24-credit program offers students the opportunity to deepen their knowledge and love of Catholic theology. It is a 2-year, part-time program. Applications for both programs are still open for Fall 2021. Please see www.seatofwisdom.ca.

*“Jesus is waiting for you in the chapel.
Go and find him when your strength and patience are giving out, when you feel lonely and helpless.
Say to him: ‘You know well what is happening, my dear Jesus. I have only you. Come to my aid. . . .’
And then go your way. And don’t worry about knowing how you are going to manage.
It is enough to have told our good Lord. He has an excellent memory.”
Saint Jeanne Jugan*
