

## 2<sup>nd</sup> Grade Prayers

### **1. Sign of the Cross:**

In the Name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.

### **2. Meal Prayers:**

#### Before the meal

Bless us, O Lord and these Thy gifts,  
which we are about to receive from Thy bounty,  
through Christ our Lord. Amen.

#### After the meal

We give Thee thanks for all Thy benefits,  
Almighty God, who lives and reigns forever.  
Amen. (And may the souls of the faithful  
departed, through the mercy of God, rest in peace.  
Amen.)

### **3. Spontaneous Prayer:**

Spontaneous Prayer rises unannounced from our hearts, Often without words, usually in response to something God has done, whether it's a beautiful sunset or a random act of kindness by a complete stranger. 'Whether the prayer is expressed in words or gestures it is the whole man who prays.' CCC 2562

### **4. Our Father (Lord's Prayer):**

Our Father who art in Heaven hallowed be Thy name. Thy kingdom come Thy will be done on earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. Amen.

### **5. Hail Mary:**

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### **6. Glory Be:**

Glory be to the Father and to the Son  
and to the Holy Spirit, as it was in the beginning,  
is now, and ever shall be, world without end.  
Amen.

### **7. Guardian Angel Prayer:**

Angel of God,  
my guardian dear,  
To whom God's love  
commits me here,  
Ever this day,  
be at my side,  
To light and guard,  
To rule and guide.  
Amen.

### **8. Morning Offering:**

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart; in union with the Holy Sacrifice of the Mass throughout the world, the reparation for sin, the reunion of all Christians, and in particular for the intentions of the Holy Father this month.  
Amen.

### **9. Act of Contrition:**

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.  
Amen.

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O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasion of sin. Amen.

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O my God, I am heartily sorry for having offended Thee, and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, do penance, and amend my life. Amen.

#### **10. How to Pray the Rosary:**

Make the sign of the Cross.

Holding the Crucifix, say the Apostles' Creed.

On the first bead, say an Our Father.

Say three Hail Marys on each of the next three beads.

Say the Glory Be.

Go to the main part of the rosary.

For each of the five Decades, announce the Mystery, then say the Our Father.

Next, while fingering each of the ten beads of the decade, say ten Hail Mary's while meditating on the Mystery.

Then say a Gory Be.

(After each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy.")

After saying the five decades, say the Hail, Holy Queen, followed by this dialogue and prayer:

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

O God, whose only-begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

#### **Mysteries of the Rosary**

##### *Joyful Mysteries*

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding of the Child Jesus after Three Days in the Temple

##### *Luminous Mysteries*

1. The Baptism at the Jordan
2. The Wedding Feast at Cana
3. The Proclamation of the Kingdom and the Call to Conversion
4. The Transfiguration
5. The Institution of the Eucharist

##### *Sorrowful Mysteries*

1. The Agony of Jesus in the garden
2. The Scourging of Jesus at the pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Jesus

##### *Glorious Mysteries*

1. The Resurrection of Jesus Christ
2. The Ascension of Jesus to Heaven
3. The Descent of the Holy Ghost
4. The Assumption of the Blessed Virgin Mary into Heaven
5. The Coronation of the Blessed Virgin Mary, Queen of Heaven and Earth

**11. Apostles' Creed:**

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven and is seated at the right  
hand of God the Father almighty;  
from there he will come to judge the living and  
the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.