

4th Grade Prayers

1. Sign of the Cross:

In the Name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

2. Meal Prayers:

Before the meal

Bless us, O Lord and these Thy gifts,
which we are about to receive from Thy bounty,
through Christ our Lord. Amen.

After the meal

We give Thee thanks for all Thy benefits,
Almighty God, who lives and reigns forever.
Amen. (And may the souls of the faithful
departed, through the mercy of God, rest in peace.
Amen.)

3. Spontaneous Prayer:

Spontaneous Prayer rises unannounced from our hearts, Often without words, usually in response to something God has done, whether it's a beautiful sunset or a random act of kindness by a complete stranger. 'Whether the prayer is expressed in words or gestures it is the whole man who prays.' CCC 2562

4. Our Father (Lord's Prayer):

Our Father who art in Heaven hallowed be Thy name. Thy kingdom come Thy will be done on earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. Amen.

5. Hail Mary:

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

6. Glory Be:

Glory be to the Father and to the Son
and to the Holy Spirit, as it was in the beginning,
is now, and ever shall be, world without end.
Amen.

7. Guardian Angel Prayer:

Angel of God,
my guardian dear,
To whom God's love
commits me here,
Ever this day,
be at my side,
To light and guard,
To rule and guide.
Amen.

8. Morning Offering:

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart; in union with the Holy Sacrifice of the Mass throughout the world, the reparation for sin, the reunion of all Christians, and in particular for the intentions of the Holy Father this month.
Amen.

9. Act of Contrition:

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.
Amen.

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasion of sin. Amen.

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, do penance, and amend my life. Amen.

10. How to Pray the Rosary:

Make the sign of the Cross.

Holding the Crucifix, say the Apostles' Creed.

On the first bead, say an Our Father.

Say three Hail Marys on each of the next three beads.

Say the Glory Be.

Go to the main part of the rosary.

For each of the five Decades, announce the Mystery, then say the Our Father.

Next, while fingering each of the ten beads of the decade, say ten Hail Marys while meditating on the Mystery.

Then say a Gory Be.

(After each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy.")

After saying the five decades, say the Hail, Holy Queen, followed by this dialogue and prayer:

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

O God, whose only-begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Mysteries of the Rosary

Joyful Mysteries

11. The Annunciation
12. The Visitation
13. The Nativity
14. The Presentation in the Temple
15. The Finding of the Child Jesus after Three Days in the Temple

Luminous Mysteries

11. The Baptism at the Jordan
12. The Wedding Feast at Cana
13. The Proclamation of the Kingdom and the Call to Conversion
14. The Transfiguration
15. The Institution of the Eucharist

Sorrowful Mysteries

11. The Agony of Jesus in the garden
12. The Scourging of Jesus at the pillar
13. The Crowning with Thorns
14. The Carrying of the Cross
15. The Crucifixion and Death of Jesus

Glorious Mysteries

11. The Resurrection of Jesus Christ
12. The Ascension of Jesus to Heaven
13. The Descent of the Holy Ghost
14. The Assumption of the Blessed Virgin Mary into Heaven
15. The Coronation of the Blessed Virgin Mary, Queen of Heaven and Earth

11. Apostles' Creed:

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven and is seated at the right
hand of God the Father almighty;
from there he will come to judge the living and
the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

12. Hail, Holy Queen:

Hail, holy Queen, Mother of Mercy!
Our life, our sweetness, and our hope!
To thee do we cry, poor banished
children of Eve, to thee do we send
up our sighs, mourning and weeping
in this valley, of tears.
Turn, then, most gracious advocate,
thine eyes of mercy toward us; and
after this our exile show unto us the
blessed fruit of thy womb Jesus;
O clement, O loving, O sweet virgin Mary.
Pray for us, O holy Mother of God
That we may be made worthy of the
promises of Christ.

13. Eternal Rest:

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May the souls of the faithful departed,
through the mercy of God, rest in peace. Amen.

14. Stations of the Cross:

The First Station: Jesus Is Condemned To Death
The Second Station: Jesus Carries His Cross
The Third Station: Jesus Falls the First Time
The Fourth Station: Jesus Meets
His Afflicted Mother
The Fifth Station: Simon Helps Jesus
Carry His Cross
The Sixth Station: Veronica Wipes the
Face of Jesus
The Seventh Station: Jesus Falls A Second Time
The Eighth Station: Jesus Speaks
to the Holy Women
The Ninth Station: Jesus Falls the Third Time
The Tenth Station: Jesus is Stripped
of His Garments
The Eleventh Station: Jesus is Nailed to the Cross
The Twelfth Station: Jesus Dies on the Cross
The Thirteenth Station: Jesus is Taken
Down From the Cross
The Fourteenth Station: Jesus is Laid
in the Sepulcher

15. Prayer to Saint Michael the Archangel:

St. Michael the Archangel, defend us in battle.
Be our protection against the wickedness and
snares of the Devil. May God rebuke him, we
humbly pray. And do thou, O Prince of the
heavenly hosts, by the power of God, thrust into
hell Satan, and all the evil spirits, who prowl
about the world seeking the ruin of souls. Amen.