



Keeping kids safe at HOME, at SCHOOL, at PLAY and ON the WAY!!

## September is National Child Passenger Safety Month: Buckle up the ones you love!!

While September is National Child Passenger Safety Month and we could provide lots of tips on how to keep your kids safe in the car, we have an important message for adults in this edition. It is well documented that if the adults in the car are buckled and role model that behavior, kids are more likely to be properly restrained as well. We could also add in here the laws in our state or neighboring states as it relates to seat belt use or the age at which kids need to be in a car or booster seat. Our hope is that parents and caregivers buckle up, not because the law tells them to, but because they want to set a good example for the kids in their lives. Besides role modeling the behavior and safety practices they want to see their kids adhere to, buckling up increases the survivability in a motor vehicle crash and let's be honest, our kids need parents to be safe and protected too.

**Adults: Role model the behavior you want your kids to follow. Buckle up; it saves lives!!**

There is lots to know about the laws in our states, the use of proper car seats and even what ones to buy for your kids. Maybe you wonder if your child is ready to transition from a car seat to a booster seat, or from a booster to a seat belt. Safe Kids is here to help and answer those questions for you. As a parent, do you have questions about the teen graduated drivers licensing laws and how they impact the number of people that can be in your teen's car with them? Do you wonder which hours of the day they are restricted from driving or other components of that law? Safe Kids Grand Forks is here to help with those questions too. You see, being a parent / caregiver / role model takes the right knowledge and resources and we want to be your partners and point of contact for questions you may have. Our goal at Safe Kids Grand Forks is to provide you with accurate information on how to best protect your family in motor vehicles.

**Safe Kids Grand Forks is here to help with your child passenger safety and motor vehicle safety questions. Reach out and ask. . . . No question is a dumb one!!**

If you are in need of getting a car or booster seat for your child and you cannot afford one, contact us at Safe Kids Grand Forks and we will work to connect you with resources that may be available. We want every infant, child, teen and adult to have a safe ride, every time!! Buckle up the ones you love. . . . That behavior prevents injuries and saves lives.



This message is shared by Safe Kids Grand Forks and our partners with Minnesota Toward Zero Deaths.



Altru Health System is proud to serve as the lead agency for Safe Kids Grand Forks. For more information on this and other childhood injury prevention topics, visit [safekidsgf.com](http://safekidsgf.com), call us at 701.780.1489 or email [safekids@altru.org](mailto:safekids@altru.org).

