

Prayer within a Family is as important as
breathing for our body

This month our family used the following kind(s) of prayer:

- _____ Thanksgiving (for something good, happy, etc.)
- _____ Praise (Just to let God know how much we love him)
- _____ Petition (for a need we have or someone else has)
- _____ Contrition (for sins we committed against God or others)

Looking ahead to NEXT MONTHS lessons, one thing we are hoping to learn is: _____

Way to go everyone!

YOU DESERVE A
HIGH-FIVE



*You just made it through an entire month of helping each other learn & grow in God's unconditional love.
WHAT A BLESSING!*

St. Vincent de Paul Parish

Family Catechesis Reflection Worksheet

Our Family Name

Our Family Members

The theme of this month's lesson is: _____

A learning goal we have set as a family is: _____



One NEW thing that we learned about our Catholic faith this month is:

One thing that we were happy (or surprised, etc.) that we ALREADY knew about our Catholic faith this month is: _____

Because faith is meant to inspire a life of loving service to God and neighbor, one thing we agree to work on putting into practice (or to do better) as a family this month is: _____

Our favorite activity as a family for this month's lessons was:

because _____

The most sacred and special place we learn and grow as a Catholic Family is at Sunday Mass. Our favorite experience this month was (Date & Time) _____

The highlights of this particular Mass were: _____

It led to a helpful family discussion about: _____

It aided this month's lesson in this way: _____

