

Nutrition Across the Curriculum

February 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	1 Corn Chowder Crackers Celery Apple	2 Cheesy Rice Peas Peaches	3 Egg Salad Pita Carrots Banana	4 French Toast Sticks Eggs Hash Brown Pears	5 Pepperoni Pizza Fruit Veggie	6
7	8 Potato Soup Corn Oranges	9 Baked Potato Mini Salad Juice	10 Mexican Rice Chips w/Salsa Pineapple	11 Penne Pasta Cauliflower Fruit Cocktail	12 No School	13
14	15 No School	16 Garlic & Parmesan Chicken Green Beans Peaches	17 Fish Bites French Fries Applesauce	18 Chicken Noodle Soup Broccoli Pears	19 Cheese Pizza Fruit Veggie	20
21	22 Corndog Bites Jo Jo's Apricots	23 Meatball Sub Cucumbers Berries	24 Chili Corn Bread Apricot	25 Spinach Salad Grapes	26 Cheese Pizza Fruit Veggie	27
28						

Eat Healthy and Live Healthy