

Nutrition Across the Curriculum

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Vegetable Soup Crackers Peaches	2 Sausage & Rice Cauliflower Tropical Fruit	3 Mac & Cheese Broccoli Applesauce	4 Chef Salad Grapes	5 Cheese Pizza Veggie Fruit	6
7	8 Chili Carrots Fruit Cup	9 Pasta Alfredo Salad Berries	10 Hot Dog French Fries Apple Slices	11 Turkey Sandwich Pasta Salad Juice	12 Pizza Sticks Veggie Fruit	13
14	15 Hamburger Baked Beans Banana	16 Mexican Rice Chips & Salsa Corn Pineapple	17 Paprikash Green Beans Fruit Cocktail	18 Baked Potato Salad Pear	19 Pepperoni Pizza Veggie Fruit	20
21	22 Cheesy Chicken & Rice Celery Applesauce	23 Garlic Parmesan Fusilli Brussel Sprouts Baked Pears	24 Chicken Nuggets Baked Beans Oranges	25 No School	26 No School	27
28	29 Potato Soup Mixed Veggies Apricots	30 PB & Jelly Uncrustable Fresh Veggies String Cheese Apple				

Everything tastes better when it's made with love!