

Nutrition Across the Curriculum

May 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

| | | | | | | |
|-------|--|--|--|---|---|----|
| | | | | | | 1 |
| 2 | 3 Pasta w/Marinara Green Beans Applesauce | 4 Beanies & Weenies Peas Peaches | 5 Chicken Salad Pita Carrots Pears | 6 Chef Salad Apple | 7 Sausage Pizza Fruit Veggie | 8 |
| 9 | 10 Mac & Cheese Cauliflower Berries | 11 Grilled Ham & Cheese Mixed Veggies Fruit Cocktail | 12 Nachos Black Beans Tropical Fruit | 13 Chicken Sandwich Broccoli Salad Pear | 14 Cheese Pizza Fruit Veggie | 15 |
| 16 | 17 Cheesy Rice Green Beans Applesauce | 18 Chicken Nuggets French Fries Mandarin Oranges | 19 Pancakes Sausage Hash brown Juice | 20 Baked Potato Salad Banana | 21 Peperoni Pizza Fruit Veggie | 22 |
| 23/30 | 24/31 Loaded Pasta Salad Watermelon | 25 Corndog Celery Oranges | 26 Grilled Cheese Broccoli Plum | 27 Egg Salad Sandwich Spinach Salad Grapes | 28 Cheese Pizza Fruit Veggie | 29 |

Eat healthy your body will thank you!