

Help us provide Holiday dinner groceries to those in Need

Niceville Catholic Outreach has recently re-opened our Food Pantry at Holy Name of Jesus Parish at 1200 Valparaiso Blvd, Niceville; it is located in the new Ministry Center building. We need help in stocking up on food for the upcoming Holidays. Please help us in this effort, and bring some of the following items on our **Grocery List**. We use these donations to fill the grocery bags we give to our clients, especially for the Holiday dinner groceries at Thanksgiving and Christmas. Please be sure the food has not passed the “best by” date listed. We help needy individuals and families who reside the Niceville-Valparaiso area. Financial donations are always welcome.

THANK YOU!!

14.5-15 ounce cans of:

- Green Beans
- Kernel Corn (not creamed)
- Peas
- Beans (black, navy, kidney)
- Potatoes
- Tomato Sauce
- Diced Tomato
- Beefaroni
- Pumpkin Pie mix
- Evaporated milk
- Cranberry sauce

Flour (2 lb bags)

Sugar (2 lb bags)

Vegetable oil (16 oz bottles)

Bagged rice 1-2 pounds

Boxes of Cereal

Oatmeal 18-24 ounce or individual packets in boxes

Crackers

Cookies

10.5 ounce cans of:

- Cream of Mushroom soup
- Soups of all kinds

14-20 ounce cans of:

20 ounce cans of:

- Hearty Soups (all types)

Canned Fruit (all types)

24 ounce cans of:

- Spaghetti Sauce
- Pork and Beans

Cake / Brownie mix

8-12 ounce (wt) bagged or boxed instant potatoes (mashed, scalloped)

Mac and Cheese (7.25 oz, small boxes; 12 pack or 24 pack case)

6-8 ounce cans of:

- Tomato paste
- Mushrooms

Bagged or Boxed Noodles (spaghetti, elbow, swirlies, etc)

Small boxes of jello (orange, cherry, strawberry)

5-12 ounce cans or tins of:

- Tuna fish (5-6 oz; small cans)
- Meats (Spam etc)
- Hash food (chopped meat, potatoes)
- Beef stew
- Canned Chicken

Toilet paper, Paper towels

Dishwashing / Laundry detergent

Diapers large sizes (4 and up) & Baby supplies

Personal items/ toothbrush, toothpaste, deodorant, bars of soap, shampoo