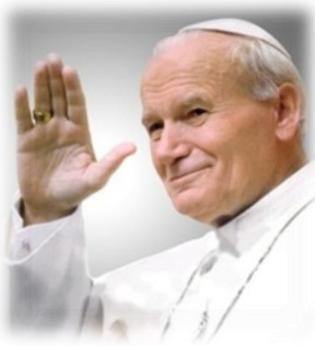


## Your Time with Jesus

*"The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in Heaven, and will help bring about everlasting peace on earth."* - [Saint Teresa of Kolkata](#)



*"Remaining in silence before the Blessed Sacrament, it is Christ totally and really present whom we discover, whom we adore and with whom we are in contact."* - [Pope Saint John Paul II](#)



Adoration is the first attitude of man acknowledging that he is a creature before his Creator. It exalts the greatness of the Lord who made us and the almighty power of the Savior who sets us free from evil. Adoration is homage of the spirit to the "King of Glory," respectful silence in the presence of the "ever greater" God. Adoration of the thrice-holy and sovereign God of love blends with humility and gives assurance to our supplications.—Catechism of the Catholic Church, no. 2628



### St. Michael the Archangel Catholic Church

411 Paula Road  
McKinney, TX 75069  
Phone: 972-542-4667  
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# Eucharistic Adoration

First Friday of Every Month

8:00am Mass

8:30am—6:00pm Adoration



Chapel at St. Michael the Archangel Catholic Church

McKinney, Texas

# Eucharistic Adoration on First Fridays

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St. Michael's is privileged to offer special hours of Eucharistic Adoration every First Friday of the month in our chapel beginning with Mass at 8:00am and concluding at 6:00pm. Everyone is invited to come spend time with Jesus.

We are currently seeking parishioners who will commit to be a Guardian or a Substitute Guardian for one hour during Adoration every month.

The purpose of this special hour is to spend time in prayer in the presence of the Blessed Sacrament. Venerable Fulton Sheen tells us that with each Holy Hour we do, in a way, we undo the first failed Holy Hour of the disciples when our Lord said to them: "Could you not keep watch one hour with me?" In our Holy Hours we keep vigil with the Lord.



## **What is a Guardian?**

The Church instructs us that there should always be a sufficient number of people present for Eucharistic Adoration before the Blessed Sacrament exposed. Every effort should be made to ensure that there be at least two people present. There must absolutely never be periods when the Blessed Sacrament is exposed and there is no one present for adoration. A Guardian is one who commits to the same hour each First Friday. If there is an occasion when a Guardian cannot make it, there is a list of Substitute Guardians who they can contact to take their place so that Jesus will never be left alone.

To sign up online go to [www.stmichaelmckinney.org/adoration](http://www.stmichaelmckinney.org/adoration).

St. Michael the Archangel Catholic Church

For more information, contact Evodio Vazquez:

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## **Biblical Reasons For Wanting To Spend One Hour With Jesus In The Blessed Sacrament**

When you look upon the Sacred Host, you look upon Jesus, the Son of God. *"Indeed, this is the will of my Father, that everyone who looks upon the Son and believes in him shall have eternal life. Him I will raise up on the last day."* (Jn 6:40)

For peace in our country! *"When my people humble themselves and seek my presence... I will revive their land."* (2Chr 7:14)

Jesus is infinitely deserving of our unceasing thanksgiving and adoration for all he has done for our salvation. *"Worthy is the Lamb that was slain to receive honor, glory and praise."* (Rev. 5:12)

Each moment you spend with Jesus in the Blessed Sacrament brings joy, pleasure, and delight to his Sacred Heart! *"My joy, my pleasure, my delight is to be with you."* (Prov 8:31)