

2021-2022 Schedule - Zoom
Opening Your Heart/Keeping In Balance
PM Session Meets 7:00-8:30PM
Bring your study guide and Bible each week

| Session | Date | Opening Your Heart | Keeping In Balance |
|---------|----------|---|--|
| 1 | 9/23/21 | Connect Coffee Talk: Four Steps to WWP | Connect Coffee: Getting a Grip Through Authenticity |
| 2 | 9/30/21 | Who is Jesus Christ? | Balance Through Authenticity |
| 3 | 10/7/21 | Why is Jesus Interested in My Friendship? | Balance Through Priorities |
| 4 | 10/14/21 | Why and How Should I Pray? | Balancing Expectations |
| 5 | 10/21/21 | Connect Coffee: God - First Place in All Things | Connect Coffee: Getting a Grip in Our Relationships |
| 6 | 10/28/21 | Who is the Holy Spirit? | Balance in Relationships |
| 7 | 11/4/21 | Why Should I Read the Bible? | Balance Through Worship |
| 8 | 11/11/21 | What is Grace; What Difference Does It Make? | Balance in Your Schedule |
| 9 | 12/2/21 | What are the Limits of Christ's Forgiveness? | Balance Through Rest |
| 10 | 12/9/21 | Connect Coffee: Your Heart - You are Captivating | Connect Coffee: Getting a Grip Through Rest |
| 11 | 1/6/22 | What Does the Sacrament of Penance Have to Do with My Friendship with Christ? | Balance Through Service |
| 12 | 1/13/22 | What Does the Eucharist Have to do with My Friendship with Christ? | Balance Through Contentment |
| 13 | 1/20/22 | How Can I Conquer My Fears? | Balance Through Simplicity |
| 14 | 1/27/22 | Connect Coffee: Marriage Transformed by Grace | Connect Coffee: Getting a Grip Through Simplicity |
| 15 | 2/3/22 | What is the Role of Suffering in My Life? | Balance Our Cravings |
| 16 | 2/10/22 | What Does Mary Have to do with My Relationship with Christ? | Balance Through Self-Discipline |
| 17 | 2/17/22 | Can God Really Change Me or Is That Just Wishful Thinking? | Balance Through Surrender |
| 18 | 2/24/22 | Connect Coffee: Reaching Your Child's Heart | Connect Coffee: Getting a Grip When It All Falls Apart |
| 19 | 3/3/22 | What Challenges Will I Face in My Efforts to Follow Jesus More Closely? | Balance Between Mediocrity and Perfectionism |
| 20 | 3/10/22 | What is the Relevance of the Church in My Life? | Balance In Our Thought Life |
| 21 | 3/17/22 | How Do I Read the Bible in a Meaningful Way? | Balance Through Engaging Culture |
| 22 | 3/24/22 | Connect Coffee: Set the World on Fire | Connect Coffee: Getting a Grip In Culture |